Day in the life of
Angela Gould



Age: 49

Job: Accountant

Hobbies: Participating in town choir

Children: Two girls

Status: Married

Location: Litchfield

Overall: Happy

Pets: Two horses

7:30 Wake Up
Gets ready to start the day and goes to feed the horses

8:15 School Drive
Drives for 15 minutes to the school and back to drop off her daughters, enjoying the radio and the sights of the surroundings.

9:00 Breakfast
Makes and eats breakfast with her husband and her kids.

10:00 Work
Gets ready for work, picking up coffees on her way for her collegues.

12:00 Lunch
She drives back home for her lunch break, enjoying a meal with her husband.

1:00 Social Visit
After lunch she drives back to work, swinging by her husbands brewery where she runs into a few of her friends and catch up for a couple minutes.

2:45 Council Meetings
During this time she replies to emails regarding her council board, as well as some short meetings, making sure all is in order.

3:45 School Drive
She drives to the school again to pick up her daughters, getting back home around 4:15.

4:30 Horse Riding
After dropping her daughters off, Angela walks to the local horse riding school she owns, greeting the workers and students.

5:15 Food Shop
Goes for a quick food shopping to keep the fridge and cubboards stocked up making sure to get a healthy range of food.

6:00 Church Choir
Angela drives her family to the local church where she participates on the choir singing.

7:00 Makes Dinner
Makes dinner for the whole family and has it ready for 8:00.

8:30 Movie Night
when they all finish eating, they put away the dishes and go watch TV or play a board game

10:00 bed time
she gets ready for bed and goes to sleep around 8:30 to be well rested for her next day.

Emotions Throughout The Day:



Throughout the day Angela's emotions vary depending on the task shes doing, she normally wakes up energised ready for the day even though she doesnt like waking up so early. Her mood usually drops when shes driving, as she doesnt like it, and during work hours due to the hightened stress she undergoes, however her mood spikes back up during walks and when spending time with her family, pets and friends.
Even though by the end of the day she is thouroughly exhausted, she is an overall happy person and loves her life.

Overview:

Shes a very energetic person who enjoys time alone surrounded by nature, as well as listening to music and spending time with her family and horses. Although she lives a busy lifestyle she loves meeting new people and making time for her friends. Though she gets frustrated easily due to the overload of work she does, she always finds time to relax and let her creativness flow.