

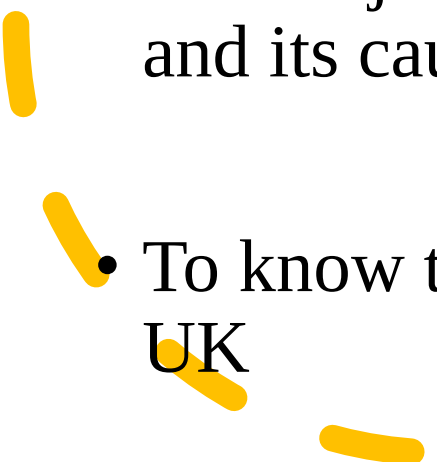
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 - **In-View:**
 - Module -
Introduction to
Research
(BMHP5005)

Assessment 2:
Viva Voce

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INTRODUCTION, AIM AND OBJECTIVE

- schizophrenia is mental health disease that affects mostly young people.
 - The aim is to explore the care for people with schizophrenia in the UK
 - The objective is: To understand what Schizophrenia is, its symptoms and its causes
 - To know the treatment available for people with schizophrenia in the UK
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Methods for Collection of Data and Analysis

Secondary research method was used to search for data that others have gathered(Indeed, 2022).

The systemic qualitative method was used to Analyse the selected evidence to achieve the aim and objectives.

The systemic search involves typing in the Title in a search database like Google.

The purpose of this research is to explore the 'care for people with schizophrenia' in the UK.



Literature Review[The Articles included using the inclusive and exclusion criteria].

- Articles from 2015-2023(exception of governmental and clinical guidelines on schizophrenia not less than year 2014)
 - The articles must have been written in the UK.
 - Journals on schizophrenia Care writing in the UK.
 - Governmental and health institutional articles by 'Gov.UK, NHS, Royal College of Psychiatrists, and NICE.
 - statistical report on the number of people living with schizophrenia, and the economic cost of mental illness in the UK
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RESULTS -Key Findings and THEMES

- Schizophrenia is a mental disorder that reduces life expectancy by nearly two decades(Safaria, 2022).
- Schizophrenia, also known as a psychosis spectrum disorder, due to its trace to a psychotic disorder(Guloksuz and van Os, 2018).
- Psychotic drugs is one of the best treatments for people with schizophrenia in the UK.,
- Self-care and management skills help to understand the symptoms and treatment (NHS,2019).
- Stigmatization and discrimination as a hindrance to treatment

Strengths and Limitations

- The research methods, policies, and plans in place for people with schizophrenia in the UK.
- No existing systemic qualitative research on the care for people with schizophrenia in the UK
- There are limited articles and journals on schizophrenia by UK
- Access to knowledge about the care for people with schizophrenia is limited to NHS, Public Health England, and GOV.UK.

DISCUSSION:

Discuss the themes that you have found and describe why your findings are important for health and social care.

- Those with Schizophrenia should be encouraged to practice self-help to understand and avoid those things that can trigger the disease.
- The public should stop discriminating against and stigmatising those with diseases by accepting them.
- Try to be friendly with them and give words of advice, this enables them to believe they are part of the society or the community they live.

Recommendation / Conclusion.

- Further research involving primary research, a quantitative and qualitative review is highly required.
- For better care, funding should be allotted for robust research on the care available for people with mental health problems.
- Governmental and institutional interventions should appropriately target the age group mostly affected by mental health illness.
- More policies and programs should be developed to mitigate the stigmatisation and discrimination people with mental health disorders face in the UK to reduce the number of suicides committed by people with schizophrenia.

References

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