

Counselling Placement Opportunities

This document provides a list some of the third-sector organisations across Swansea, West Wales, Bridgend, Cardiff, and Newport that may offer counselling placements for students.

Swansea

Platform

Description: A mental health charity offering holistic and social justice-based counselling services across Wales

Phone: 01656 647722

Email: info@platform.org

Website: Platform

Swansea Mind

Description: Provides mental health support and counselling services to the Swansea community.

Phone: 01792 642999

Email: info@swanseamind.org.uk

Website: www.swanseamind.org.uk

The African Community Centre Swansea

Description: Offers support and counselling services to individuals from African and other ethnic minority backgrounds.

Phone: 01792 470298

Email: info@africancommunitycentre.org.uk

Website: www.africancommunitycentre.org.uk

Swansea University Wellbeing Services

Description: Provides counselling services to students and staff, with potential placement opportunities.

Phone: 01792 295592

Email: wellbeing@swansea.ac.uk or K.E.Wilson@Swansea.ac.uk

Swansea Wellbeing Centre

Description: A community hub offering counselling, workshops, and holistic therapies.

Phone: 01792 824590

Email: info@swanseawellbeingcentre.co.uk

Website: www.wellbeingswansea.co.uk

Family and Therapy

Email – rachel@familyandtherapy.co.uk

Stori

Email: Verity.Hayes@storicymru.org.uk

Website: [Home | Stori](#) – www.storicymru.org.uk

Cruse Bereavement Support

Description: Provides support and counselling to individuals who have experienced bereavement.

Phone: 0808 808 1677

Email: helpline@cruse.org.uk

Website: www.cruse.org.uk

West Wales

The Windfall Centre

Description: Provides play therapy across West Wales

Phone: 01792 466231

Email: info@windfallcentre.co.uk

Website: www.windfallcentre.co.uk

Llanelli Mind

Description: Offers mental health support and counselling services in Llanelli.

Phone: 01554 752751

Email: info@llanellimind.org.uk

Pembrokeshire Counselling Service

Description: Offers confidential counselling to Pembrokeshire residents.

Phone: 01437 768708

Email: pembscounselling@btconnect.com

2Wish

Description: Supports individuals affected by the sudden and unexpected death of a young person.

Phone: 01443 853125

Bridgend

Tŷ Elis Counselling

Description: Provides affordable counselling services to individuals in Bridgend and surrounding areas.

Phone: 01656 786486

Email: info@tyelis.org.uk

Cardiff

Cardiff Mind

Description: Provides mental health support and counselling services in Cardiff.

Phone: 029 2040 2040

Email: admin@cardiffmind.org

Website: Cardiff Mind

Place2Be

Description: Offers school-based counselling placements in Cardiff schools.

Phone: 020 7923 5500

Email: enquiries@place2be.org.uk

Website: Place2Be

Platform

Description: A mental health charity offering holistic and social justice-based counselling services.

Phone: 01656 647722

Email: info@platform.org

Website: Plattform

Newport

Newport Mind

Description: Provides mental health and counselling services, with volunteer placement opportunities.

Phone: 01633 258741

Email: enquiries@newportmind.org

Website: Newport Mind