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(BMHP5015_BIRM) – Changemakers: Building your PB for SE
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E-portfolio Evidence of Learning

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Introduction

This is an introduction to an electronic portfolio that includes a pitch, a curriculum vitae and a personal statement. The pitch addresses the issue of abuse of medical staff in health care settings. The curriculum vitae was written for a professional health and social care career aspiration and finally, the personal statement was written for a postgraduate degree application.

Pitch

Abuse of Staff In Health Care Settings

Overview

The aim of the pitch is to bring the subject of the abuse of medical staff in healthcare settings to the public. Emergency and psychiatric settings are frequently regarded as high-risk places since there is a 60% to 90% chance that a nurse may encounter violence there (Lau, Magarey, and McCutcheon, 2004).

Lau, Magarey, and McCutcheon, (2004) affirmed using the employee self-reporting when completing written surveys, defined violence to include verbal and physical assault as well as threatening behaviour. Even when no physical harm is done, violent behaviour toward medical staff has been found to frequently have long-term psychological repercussions on its victims, including post-traumatic stress disorder (Caldwell, 1992; Wykes and Whittington, 1991). According to Caldwell, (1992) if one in ten workers in a certain industry were predicted to experience a psychological disease due to their work, there would likely be significant pressure on the sector to address the problem. Therefore, the suggestion is to make a formal request for the right to discuss this problem on “The Julia Hartley-Brewer Breakfast Talk Show”. The Julia Hartley-Brewer Breakfast Show hosts the famous weekday breakfast morning talk show on talkRADIO (desmog, (2022)). A discussion surrounding the circumstance and the prevention will be addressed. The subsequent request is that the four episodes be presented, with a 20-minute time period between March 12th to 15th of December 2022 dedicated to the subject.

Abuse of Staff in Health Care Settings

12th - 15th of December 2022

**Presented by : Muhammad Jamal Hamza II,
(2007464)**

EPISODE ONE

Introduction to the subject

EPISODE TWO

**Defining the Effects &
Consequences of Abuse**

**Monday 12th of December - Episode 1
15:00 – 15:20 _Allocated Time : 20 Mins._**

In this first episode an introduction and explanation surrounding abuse will be presented. According to NHS Foundation Trust, (2022) any act that infringes on someone's civil or human rights is considered abuse and it can come in different shapes and involve a variety of elements. For example, physical, sexual, emotional or psychological, financial, discriminatory, institutional, domestic are various form of abuse.

Abuse of medical staff is hardly addressed. There is a "rising flood of abuse" against NHS employees across the UK, including assaults by patients (Campbell, D., 2021).

**Tuesday 13th of December - Episode 2
15:00 – 15:20 _Allocated Time : 20 Mins._**

In this episode, the discussion on the underlying causes of abuse is continued by the invited panel. The panel will examined and scrutinized various forms of abuse and its victims. The how, why, when, where analysis will be explored. The common types of abuse will also will be investigated.

Common serious types abuse in Health Care Settings are :-

- => Verbal
- => Physical (Vento, Cainelli, and Vallone, 2020).
- => Sexual (NHS, England, 2022)

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EPISODE THREE

Detailing Abuse & its types

EPISODE FOUR

**Prevention & Support for the
injured staff**

**Wednesday 15th of December - Episode 3
15:00 – 15:15 _Allocated Time : 20 Mins._**

In this episode, the panel will welcome and hear from the victims who were members of the medical staff. The panel will also look into the details of each case that is presented. The rights of any victims who might not want their identities revealed would also be taken into consideration. The policies and laws regarding employees rights and safety at work will also be implemented.

According to HSE, (2022), every employee has a right to work in settings that effectively manage risks to their health and safety.all workers are entitled to work in environments where risks to their health and safety are properly controlled.

**Thursday 15th of December - Episode 4
15:00 – 15:15 _Allocated Time : 20 Mins._**

The next stage of the episode would be to prevent another repetition of the case after the panel has ended and pointed out any weaknesses in its conclusions. According to health and safety law, employers are primarily responsible for the employees' health and safety, when it comes to problems of health and safety, employers are required to communicate with their staff members or their representatives (HSE, 2022).

The victims would receive support on all fronts, including psychological, therapeutic, and financial support.

Abuse of Staff in Health Care Settings

12th - 15th of December 2022

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MAIN CHARACTERS

Mr. Richardson Crowley, Mrs Sheilla Abraham and Unidentified Victim

A psychologist named Mr. Richardson Crowley will be on one of the invited panels. For his work in psychology, Mr. Crowley is well-known. He makes an effort to comprehend and justify his own thoughts, feelings, and behaviours. As a skilled psychologist, he develops hypotheses about the thoughts and emotions that shape a person's behaviour using methods like observation, evaluation, and experimentation. When it comes to obtaining data and assessing behaviour through carefully monitored laboratory tests, psychoanalysis, or psychotherapy, Mr. Crowley excels in his profession. The abuse cases is not new to him. Mrs. Sheilla Abraham is a psychotherapist and psychotherapeutic counsellor who is prepared to provide victims with professional help for life events like the loss of a job or issues like depression, anxiety, addiction, or trauma. She is renowned for doing an excellent job.



Mrs. Sheilla Abraham, Psychotherapists



Mr. Richardson Crowley, Psychologist

**SPEAK ONLY WHEN YOU FEEL
THAT YOUR WORDS ARE BETTER
THAN YOUR SILENCE.**



Aseem, Y., (2010).

>>>>(_????? _)<<<<
(Unidentified Victim)

Curriculum Vitae

M. JAMAL HAMZA II

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OBJECTIVES

My profession is taking care of, assisting, and supporting those with limited mobility in matters of health and social work. This covers everyone from elderly individuals to children with learning difficulties. Additionally, I assist clients with cognitive behavioural issues, anxiety, phobias, and panic attacks. I am conscious of, comprehend, and committed to all facets of treatment. I have a lot of experience in many different environments. I have knowledge of computers and programming abilities.

WORK EXPERIENCE

30/2021 to Up to date

Health Care Assistant : Carer / Mental Health Support Worker - Birmingham and Solihull Mental Health NHS Foundation Trust – Birmingham

Responsibilities:

- Always keep patient information private
- Supporting PICU and acute ward patients who are at risk for developing mental health problems
- Compliment the skilled nurses and offer support
- Keeping an eye on patients, making routine health checks, and fostering a secure and supportive atmosphere
- observe patients safely, sometimes alone or in collaboration with other workers
- Provide for the physical and emotional requirements of service consumers in a sensitive and caring way
- Using a variety of techniques to help patients move about

4/2020 to Up to date

Nursing Assistant : Associate Nursing - **CareAid Associates** – Warwick

Responsibilities:

- Performing clinical procedures such as ECGs and venepuncture
- Assisting those with unexpected news and life-changing illnesses, as well as their families and caregivers
- Observing and documenting clinical data such as blood pressure, temperature, respiration, and pulse
- Sharing and discussing the condition, behaviour, activities, of a patient with registered nurses
- Provide for the physical and emotional requirements of service consumers in a sensitive and caring way
- Ensuring that people's safety, dignity, and privacy are upheld at all times
- Follow the safety regulations
- As a last resort, use de-escalation and CPI Safety Intervention (MAPPA) approaches to assist individuals who may act violently or aggressively toward others or themselves.

02/2020 to Up to date

Health Care Assistant : Carer – **Desire19 Health Care Solutions Ltd** – Coventry

Responsibilities:

- To help service users with their daily tasks. Children and adolescents between the ages of 12 and 18 who have anxiety disorders, attention deficit hyperactivity disorder (ADHD), autism spectrum disorders, bipolar disorder, borderline personality disorder, depression, eating disorders, obsessive compulsive disorder (OCD), post-traumatic stress disorder (PTSD), schizophrenia, and psychosis make up this group of service users.
- Providing patients with everyday care and assistance and also stepping in during times of crisis
- Patients should be closely watched over and supervised at all times to ensure their safety inside the institution, and staff should be alert for any changes in their behaviour
- To assist patients use a de-escalation technique to control their emotions
- One must thoroughly evaluate patients' risks and make sure patients don't damage others

or themselves with sharp or dangerous objects

- Maintain the cleanliness and security of the workspace

EDUCATION

Name of Institution	Course	Year
University of Wales Trinity Saint David	(BSC) Health & Social Care	2018 – 2021
Birmingham City College	(BTEC) Associate Nursing	2016 – 2018
Hogeschool PXL Hasselt	Diploma PXL-Healthcare	2012 – 2013
Province College, Hasselt Belgium	Dutch Language	2010 – 2012

FURTHER DETAILS

Security, Current, clean DBS check Availability, Available immediately and willing to work flexibly as the role demands. I am able to work within unpredictable circumstances and support others at the same time.

ADDITIONAL SKILLS

Health Care, Comprehensive understanding of residential dementia and nursing care. The provision of confidentiality, dignity and privacy to service users at all times. The full awareness and respectful of a service user as well as their religious and cultural beliefs. Maintaining hygienic environment is part of my professional skill.

INTERESTS

Reading and learning, sports, current affairs, volunteering jobs like assisting Registered Nurses (RN) in Nursing Homes, Club membership

REFERENCES

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Personal Statement

I would want to give my personal statement for your institution's postgraduate nursing programme. I was drawn to your MSc in Advanced Nursing because, as a licensed nurse with years of professional experience, I believe it will not only allow me to improve my own clinical practice but also help me develop the skills needed to increase patient care more broadly.

In 2021, I received my Bachelor of Science in Adult Nursing, and soon after, I was hired by Birmingham Community Center Trust as a Practice Nurse. I became really interested in the long-term management of chronic diseases and really enjoyed providing care in a community context.

The optional diabetes prevention and care module in this course particularly caught my attention. Having seen how diabetes affects so many patients and their families, I am especially interested in learning how it can be better managed, both at the level of individual practice and in terms of larger health policy frameworks. It goes without saying that the increasing number of diabetic patients necessitates the necessity of healthcare specialists. As a primary healthcare provider, it is well understood that having the knowledge, tools, and resources to assist individuals in managing their diabetes is a significant advantage. This is the level of confidence I have in the healthcare system as a profession over the years.

My desire to take on the challenges provided by Covid-19, in my opinion, has shown that I am qualified to train for a more senior position in my area. I have been eager to use my expertise at the forefront of our fight against the virus for the past two years. In early 2021, I would administer immunizations to a large number of people at the newly built Nightingale Hospital at London's ExCel centre, where I was one of the first medical professionals in my trust to work. The next summer, I made the decision to join my community's Rapid Response and

Treatment Team, where I assisted in developing treatment plans to keep patients out of the hospital and reacted to urgent referrals for dangerously ill residents of nursing homes.

Since then, I have worked in primary, secondary, and social care settings, showcasing my adaptability. I have a thorough awareness of the interactions between the many NHS branches, which I think will be helpful when I study nursing at the master's level. During the time I worked as a healthcare assistant for the National Health Service - Birmingham and Solihull and Black Country mental health Foundation NHS Trust, I was able to get a wide variety of experiences. I was in charge of managing and helping female patients with their mental diseases in the female wards at Larimar, Hallam Street, Eden PICU, Mary Secole: wards 1 and 2, and Zinnia Centre. These disorders included stress, abuse (sexual and domestic), neglect, anxiety, depression, and drug problems. Male and female patients are housed in separate wards with psychiatric intensive care units (PICU). The picu are wards that offer comprehensive therapy, assessment, and inpatient mental health care to people who are going through the most severely disturbed stage of a serious mental condition. I also discovered the some fundamental therapeutic levels of engagement and observations.

I've become even more determined to succeed in a profession that exemplifies the best aspects of human resiliency and compassion after working as a registered nurse throughout the coronavirus pandemic. But it has also made it very evident to me how much the healthcare industry needs structural transformation. I was particularly interested in this course's opportunity to hone my management and leadership abilities because of this. I think this will give me the tools I need to implement good change and enhance patient care at the organizational and regional levels.

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