



Nursing E-Portfolio

Kizzy Webb

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Introduction

My name is Kizzy Webb and I am a student at the University of Wales Trinity Saint David. I am near to completing the Certificate in Higher Education Course in Nursing Studies and Health. I have gained a place on the Adult Nursing Degree through Swansea University to study at the Carmarthen campus.

During this course I was successful in gaining a position with Hywel Dda University Health board as a Health Care Assistant. I am currently employed on the bank allowing me to work in any department within the hospital. From this position I have gained vital experience from most departments within Withybush General Hospital. I have thoroughly enjoyed working on the Chemo Day Unit and they have offered me a full time position when I qualify.

I have been very lucky in my current position on the Chemo Day Unit as they have put me through various training opportunities. I am now able to collect blood products from blood bank and have recently completed my phlebotomy training.

Enhanced Certificate		 Disclosure & Barring Service
Page 1 of 2		
DBS Fee Charged	Certificate Number	001626696670
	Date of Issue:	16 AUGUST 2018
Applicant Personal Details	Employment Details	
Surname: WEBB	Position applied for: CHILD AND ADULT WORKFORCE HEALTHCARE SUPPORT WORKER	
Forename(s): KIZZY ANN MARIE	Name of Employer: HYWEL DDA UNIVERSITY HEALTH BOARD	
Other Names: AYLING, KIZZY ANN MARIE AYLING, KIZZY ANN MARIE	Countersignatory Details	
Date of Birth: 06 FEBRUARY 1991	Registered Person/Body: TRAC SYSTEMS LIMITED	
Place of Birth: HAVERFORDWEST PEMBROKESHIRE	Countersignatory: MOLLY NIKLAS	
Gender: FEMALE		
Police Records of Convictions, Cautions, Reprimands and Warnings		
NONE RECORDED		
Information from the list held under Section 142 of the Education Act 2002		
NONE RECORDED		
DBS Children's Barred List information		
NONE RECORDED		
DBS Adults' Barred List information		
NONE RECORDED		
Other relevant information disclosed at the Chief Police Officer(s) discretion		
NONE RECORDED		
Enhanced Certificate		
This document is an Enhanced Criminal Record Certificate within the meaning of sections 113B and 116 of the Police Act 1997.		
THIS CERTIFICATE IS NOT EVIDENCE OF IDENTITY		
 Disclosure and Barring Service, PO Box 165, Liverpool, L69 3JD Helpline: 03000 200 190		Continued on page 2 © Crown Copyright



TYSTYSGRIF GYFFREDINOL ADDYSG UWCHRADD
GENERAL CERTIFICATE OF SECONDARY EDUCATION

Arholiad Haf 2007 Summer Examination

Hyn sydd i dystio bod
This is to certify that

KIZZY AYLING

YSGOL Y PRESELI

wedi cyrraedd y safon(au) a nodir yn y testun(au) a ganlyn:
obtained the result(s) shown in the following ten subject(s)

100/0911/5 ARLWYO	CATERING	B(b)
100/0918/8 ECON. Y CARTREF (DATB. PLENTYN)	HOME ECON (CHILD DEVELOPMENT)	B(b)
100/1164/X CERDDORIAETH	MUSIC	B(b)
100/2002/0 SAESNEG	ENGLISH	C(c)
100/2309/4 CYMRAEG: IAITH GYNTAF	WELSH: FIRST LANGUAGE	C(c)
100/2003/2 LLENYDDIAETH SAESNEG	ENGLISH LITERATURE	D(d)
100/1126/2 MATHEMATEG	MATHEMATICS	D(d)
100/0947/4 ASTUDIAETHAU BUSNES	BUSINESS STUDIES	E(e)
100/2866/3 LLENYDDIAETH CYMRAEG	WELSH LITERATURE	E(e)

 TGAU(CWRS BYR)/GCSE(SHORT COURSE)

100/0906/1 TECH.GWYBODAETH A CHYFATHREBU INFORMATION & COMMUNICATION TEC C(c)

AD Hampton

CADEIRYDD, CBAC
 CHAIRMAN, WJEC

M. Phillips

CADEIRYDD, Pwyllgor Arholiadau
 CHAIRMAN, Examinations Committee

Prif Weithredwr

PRIF WEITHREDWR, CBAC
 CHIEF EXECUTIVE, WJEC



05002

060291



Uywodaeth Cynulliad Cymru
 Welsh Assembly Government



Rewarding Learning



Qualifications and
 Curriculum Authority

68231



07008679



General Certificate of Secondary Education

This is to certify that in the examination held in June 2007

KIZZY AYLING date of birth **6 FEBRUARY 1991**

achieved the following result at

YSGOL Y PRESELI

FULL COURSE (One (1) Subject)

SCIENCE (100/1136/5)

GRADE E(e)

* * * * *

CENTRE No./CANDIDATE No. 68231/5002


Mike Cresswell

Director General
on behalf of Assessment and Qualifications Alliance



240907132145

E0255219



Qualifications and
Curriculum Authority



Llywodraeth Cynulliad Cymru
Welsh Assembly Government



THIS IS TO CERTIFY THAT

KIZZY AYLING

HAS BEEN AWARDED

The Key Skills listed below :

OCR Level 2 Key Skill in Communication

100/0325/3

OCR Level 2 Key Skill in Working with Others

100/4005/5

19 January 2007

Centre Number: 68231

Certificate Number A5429908/060291

GREG WATSON
CHIEF EXECUTIVE, OCR

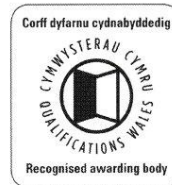
Look for the OCR watermark, which proves this is a genuine OCR certificate.

Oxford Cambridge and RSA Examinations

A969 0607



Regulated by

Ofqual
*****

This is to certify that

Kizzy Ayling

Has successfully achieved the following

**BCS Level 1 Award in IT User Skills
(ECDL Essentials) (ITQ) (QCF)**Paul Fletcher
Chief Executive

23-February-2016

BCS ID BCS109178029

The following unit/s and credit/s have been awarded :

Unit TitleIT Security for Users
IT User Fundamentals
Using E-mail
Using the Internet**Accreditation No**R/502/4256
J/502/4206
J/502/4299
T/502/4296**Level**1
1
1
1**Credits**1
3
2
3

National Accreditation Number:

500/6226/8

1869/510

01985/M/STAT/0613

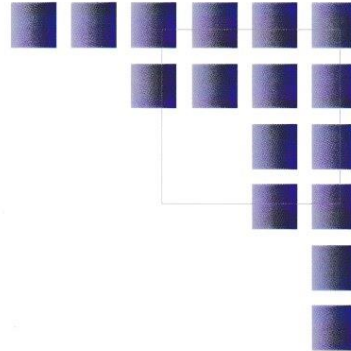
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COLEG Sir Benfro
Pembrokeshire COLLEGE



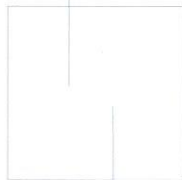
HYN SYDD I DYSTIO BOD
THIS IS TO CERTIFY THAT

Kizzy Ayling

WEDI ENNILL TYSTYSGRIF Y COLEG
HAS BEEN AWARDED A COLLEGE CERTIFICATE

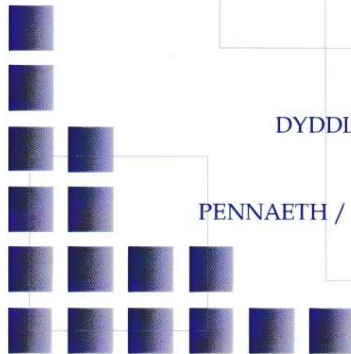
Key Skills Welsh Meet and Greet
Sgiliau Allweddol Cyfarch yn Gymraeg

dod â dysgu'n fyw
bringing learning to life!



DYDDIAD / DATE *Hydref/ October 2007*

PENNAETH / PRINCIPAL



Basic Signing Course

*The Speech and Language Therapy Department
Withybush General Hospital
Certifies that*

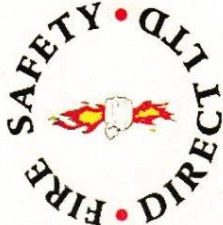
.....Kizzy Ayling.....

Completed the Basic signing course.

Including Hand Shapes, Stage 1A to 1D of Signalong core vocabulary, Name signs.

Date: 11th March, 2010

Signed: S. Seal

 **TRAINING CERTIFICATE**

This is to certify that
Kizzy Ayling
has attended a course in
Fire Awareness Training

On: 31 October 2011
Training Officer: Paul Lattka

Signature  **Date: 31/10/11**

Fire Safety Direct Ltd, Llys Kearns, Jersey Marine, SA1 8QL
Tel: 01792 464040 – Fax: 01792 464046
Email: info@firesafetydirect.co.uk

Pecyn Hyfforddi Cenedlaethol y Cyfnod Sylfaen

Foundation Phase National Training Pack

Hyn sydd i dystio bod This is to certify that

Kizzy Ayling

wedi cwblhau/ has completed:

Modiwl 1/ Module 1 – Cyflwyniad i'r Cyfnod Sylfaen /
An introduction to the Foundation Phase

Modiwl 2 / Module 2 – Datblygiad Plant /
Child Development

Modiwl 3 / Module 3 – Arsylwi, Cofnodi ac Adrodd /
Observing, Recording and Reporting

Modiwl 4 / Module 4 – Dysgu drwy Brofiad ar waith /
Experiential Learning in practice

Heather Cale
Foundation Phase
Training + Support
Officer



Jo Edwards
Foundation Phase
Advisory
Teacher





Hyn sydd i dystio bod / This is to certify that

Kizzy Ann Marie Ayling

wedi cyflawni / has been awarded

3 Credyd ar Lefel Dau / Credits at Level Two

ar raglen o'r enw / on a programme entitled

Student Induction

a ddarparwyd gan / provided by

Pembrokeshire College

Unedau a gyflawnwyd / Units achieved

Module Name: Personal Development

Teitl yr Uned Unit Title	Côd Unit Code	Credyd(au) Credit(s)	Lefel Level
Student Induction	HB1/2/CY/007	3	Dau / Two



Janet Barlow

Janet Barlow
Prif Weithredwr / Chief Executive Officer
Rhwydwaith Coleg Agored Cymru
Open College Network Wales

Karan Green

Karan Green
Prif Weithredwr / Chief Executive
Rhwydwaith Coleg Agored Cenedlaethol
National Open College Network

Rhif Cofrestru/Registration No: 8461564
Dyddiad Dylarnu/Award Date: 19/05/2008
Rhif Tystysgrif/Certificate No: 3238894





Key Skills Certificate

KIZZY ANN MARIE AYLING

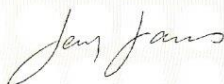
has completed the following units at

PEMBROKESHIRE COLLEGE

UNIT CODE	UNIT ACHIEVED	LEVEL
10002832	APPLICATION OF NUMBER	2
1000290X	INFORMATION AND COMMUNICATION TECHNOLOGY	3

JULY 2009

68239 : KSQ00 : ZC70658 : 000779122 : 06:02:91 : ISSUED 12-JUL-2009



Jerry Jarvis
Managing Director
edexcel

Ofqual



Key Skills Certificate

KIZZY ANN MARIE AYLING

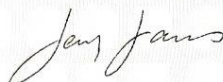
has completed the following units at

PEMBROKESHIRE COLLEGE

UNIT CODE	UNIT ACHIEVED	LEVEL
10002832	APPLICATION OF NUMBER	2
10002868	COMMUNICATION	3
1000290X	INFORMATION AND COMMUNICATION TECHNOLOGY	3
10038504	WORKING WITH OTHERS	2
10038450	PROBLEM SOLVING	2

JULY 2009

68239 : KSQ00 : ZC70658 : 000789631 : 06:02:91 : ISSUED 19-JUL-2009

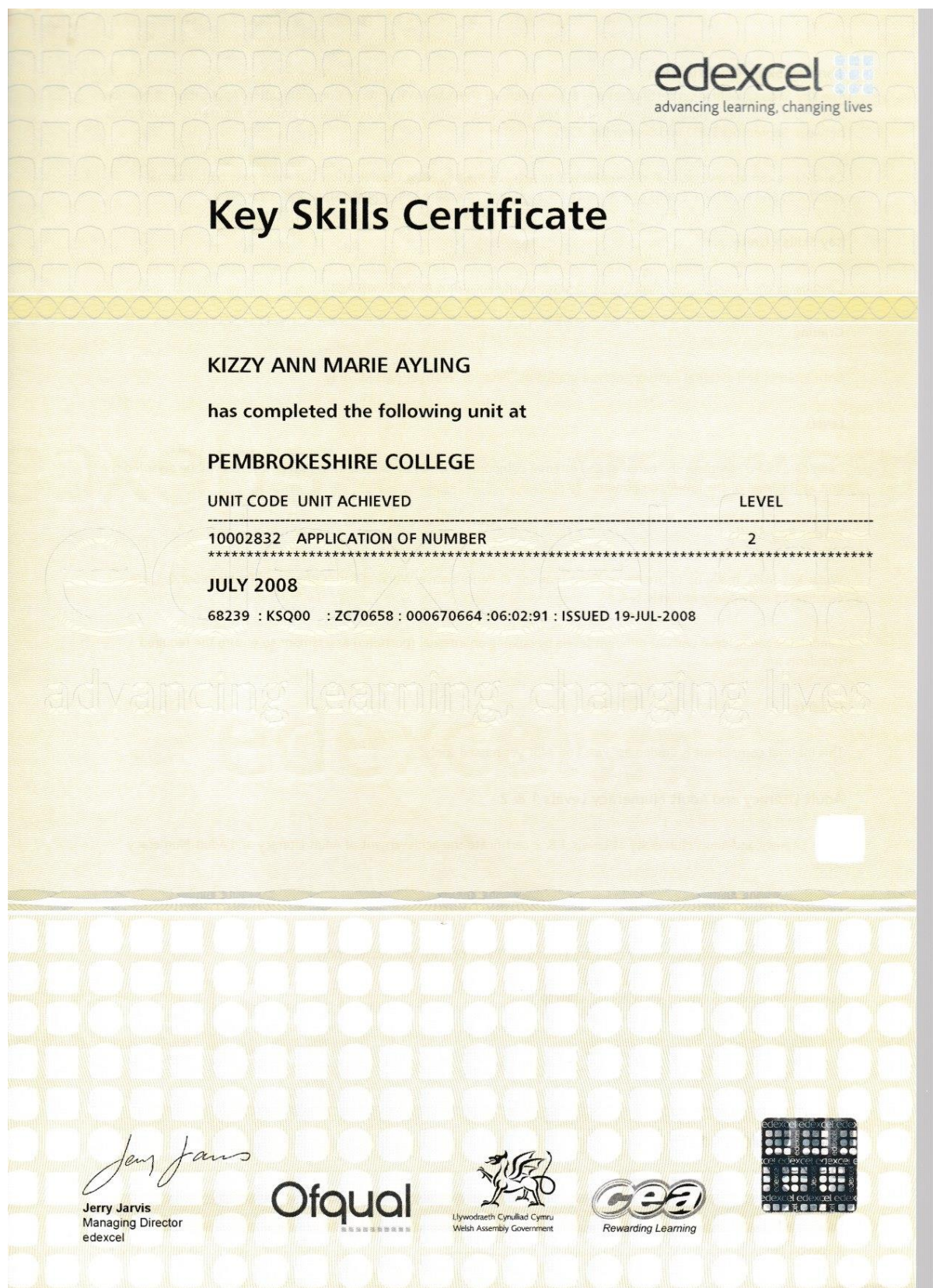

Jerry Jarvis
Managing Director
edexcel

Ofqual


Llywodraeth Cynulliad Cymru
Welsh Assembly Government


CEA
Rewarding Learning





Key Skills Certificate

KIZZY ANN MARIE AYLING

has completed the following unit at

PEMBROKESHIRE COLLEGE

UNIT CODE UNIT ACHIEVED

LEVEL

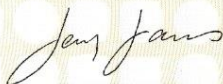
10002832 APPLICATION OF NUMBER

2

JULY 2008

68239 : KSQ00 : ZC70658 : 000670664 : 06:02:91 : ISSUED 19-JUL-2008

advancing learning, changing lives



Jerry Jarvis
Managing Director
edexcel



Ofqual



Llywodraeth Cynulliad Cymru
Welsh Assembly Government



CEA
Rewarding Learning



Pembrokeshire Youth Support
Services

Certificate Of Attendance
Restorative Practice Introduction Training

This is to certify that

Kizzy Ayling

has completed the above training on

3rd September 2014

Signed



Ian Portman
Business Development Manager



Pembrokeshire Youth Support Services,
North Wing (First Floor), County Hall, Haverfordwest, SA61 1TP
Tel: 01437 776038



This is to certify that

Kizzy Ayling

has attained

Pembrokeshire Safeguarding Children Board

Level 1 - Refresher

Child Protection Training

on

25/11/2014

Matthew Brown
Service Manager, Safeguarding

Jake Morgan
Chair of
Pembrokeshire Safeguarding
Children Board



This is to certify that
Hyn sydd i dystio bod

KIZZY AYLING

has attended training in
wedi mynychu hyfforddiant mewn

**Cross Infection Procedures
and Dental Health Education**
*Triniaethau Trawsheintio ac
Addysg Iechyd Deintyddol*

Signed
Llofnodwyd

Tara Gower

Dental Health Educator | *Addysgwr Iechyd Deintyddol*
Designed to Smile | *Cynllun Gwên*



D2S42(E/W)

 **Regulated by**  

 **ECDL**

This is to certify that

Kizzy Ayling

Has successfully achieved the following

**BCS Level 2 Certificate in IT User Skills
(ECDL Extra) (ITQ) (QCF)**


Paul Fletcher
Chief Executive

12-July-2016
BCS ID BCS109178029

The following unit/s and credit/s have been awarded :

Unit Title	Accreditation No	Level	Credits
Improving Productivity Using IT	J/502/4156	2	4
Presentation Software	M/502/4622	2	4
Spreadsheet Software	F/502/4625	2	4
Word Processing Software	R/502/4628	2	4

National Accreditation Number: 500/6242/6

1953/752

01985/M/STAT/0613

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Council for Awards in Children's Care and Education

CACHE Level 3 Diploma in Child Care and Education

This is to certify that

KIZZY AYLING

Candidate PIN 07/470733

in the theory component has achieved a pass at

Grade EE

and

in the professional practice has achieved a pass at

Grade E

Certificate Number 10669168

Qualification Accreditation Number 100/0649/7

06 August 2009

Rich Dorrance

Dr Richard Dorrance
Chief Executive



Qualifications and
Curriculum Authority



Llywodraeth Cynulliad Cymru
Welsh Assembly Government



Rewarding Learning

The regulatory authorities' logo(s) on this certificate indicate that the qualification is accredited only for England, Wales and Northern Ireland
This certificate is only valid if embossed

HOLLY HOUSE**SHORT BREAKS**

Portfield
Haverfordwest
Pembrokeshire
SA61 1BS

Phone: (01437) 769 858
Fax: (01437) 779 173

Unit Manager: Gill Monk

To whom it may concern,

I have known Kizzy for 2 years through Holly House she attended for a week to do her work placement during this time she was always punctual, keen, enthusiastic, willing to join in and she always asked questions if unsure of anything learning new skills. Kizzy also did voluntary experience where she attended a camping trip and again was willing to go that extra mile

Sincerely. (Siddhan James)
(Senior support worker, Holly House)

Holly House Short Breaks Unit

Off Portfield School

Haverfordwest

Pembrokeshire

SA61 1BS

Tel: 01437 769858

Unit Manager: Gill Monk

To whom it may concern,

I confirm that Kizzy Ayling attended a one week work experience programme at Holly House during May 2006.

Kizzy was always very punctual and reliable and always came into the unit with a good attitude and willingness to learn.

Kizzy interacted with the Children and Young people exceptionally well and had a good understanding of their needs and levels of understanding always asking questions if she wasn't sure.

During the short space of time Kizzy was with us, she was very much a valued member of the team and will be a great asset to where ever her career takes her.

If you have any further queries please contact me at Holly House.

Yours faithfully



Nathan Gover (senior support worker)

9 Williamson Street
Orange Gardens
Pembroke
Pembrokeshire
SA71 4ER

Home: 01646 680356
Work : 01646 680745
Mob: 07976 522728
Email: annie.lewis@friday-ad.co.uk

To whom it may concern,

I have known Kizzy Ayling for many years, and am pleased to be asked to provide a reference for her.

Kizzy has looked after my 5 year old son Ben on regular occasions since he was 2 years old during the daytimes, at bedtime and late at night. She has always proven to be a very capable and responsible babysitter.

Kizzy is bright and articulate and enjoys interaction with children. Ben has always felt confident and secure in her care, and seems to enjoy spending time with her. She has an extremely caring nature, and understands the importance of providing a safe yet stimulating environment for children. She is reliable and mature and has always given me the utmost confidence when she has been caring for my child.

I am sure Kizzy will have a very successful future in childcare and wish her the very best in her studies and career choice.

Please feel free to contact me at any time.

Yours faithfully,



Annie Lewis



Dear Kizzy,

Thank you for all your hard work and commitment during your work placement with Golden Manor, it was much appreciated. The children enjoyed being meeting you and will certainly miss you, as will all those you worked alongside.

We would like to wish you every success in the future.

Best Wishes

R. Morgan

Ruth Morgan

Golden Manor Nursery, Golden Lane, Pembroke, Pembrokeshire, Wales, SA71 4PF
Tel: 01646 686829

www.goldenmanornursery.co.uk



APPENDIX PL1G

POST-PLACEMENT REVIEW AND FEEDBACK

Dear Participant

Many thanks for your involvement in the work placement. I hope that the experience was a valuable and rewarding one, whether you were a Placement Provider, Student or Placement Tutor. The University of Wales Trinity Saint David reviews the provision annually for enhancement purposes and so we would be pleased to hear your feedback on any aspect of the placement.

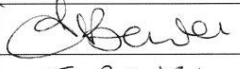
If you wish to participate, please use this form to record your views. I'd be grateful if you would return the form either in person, by postal mail or email to the contact details below.

Yours sincerely

Tania Davies
Placement Coordinator
Ysgol Chwaraeon, Iechyd ac Addysg Awyr Agored / School of Sport, Health and Outdoor Education
Prifysgol Cymru Y Drindod Dewi Sant / University of Wales Trinity Saint David
Stryd Fawr / High Street
Abertawe / Swansea SA1 1NE
Ffôn / Tel: 01792 481196 (Swansea)
Estyniad / Extension: 4196
Ffôn / Tel: 01267 225117 (Carmarthen)
ebost/email: tania.davies@uwtsd.ac.uk

Name of provider's organisation:	Hywel Iddu university Healthboard.
Name of student:	Kizzy Webb.
What were the positive aspects?	
Kizzy has, I hope had a really positive experience with us on Pwodi. She has a good work ethic and excellent communication skills. She is keen to learn and has picked up the working routine quickly. Her attitude to her work, her compassion and kindness is a real credit to her. I have no hesitation in giving her a glowing report - she will make a fabulous nurse.	
Were there any problems?	
no problems.	

APPENDIX PL1G

Do you have any recommendations for enhancement for the future?			
Possibly greater communication with the course lead to enable us as a clinical team to have a greater understanding of expectations/requirements from the placement.			
Signed:			
Name in block capitals:		J. BOWEN	
Position (please tick one):	☒ Placement Provider	Date:	12/4/19
	☐ Student		
	☐ Placement Tutor		

Thank you for completing this questionnaire. Please return it as soon as possible to the Placement Coordinator.



APPENDIX PL1E

PLACEMENT RISK ASSESSMENT

Placement Provider	Student (or student group if risk factors the same)	Start Date	End Date
Company: Hywel Dda. Location: WGH.	Kizzy Webb.	October 2018.	—
General Control Measures	Yes / No	Actions Necessary?	Action Completed
Has the student received sufficient briefing?	Yes / No		
Has the student submitted a signed PL1C Student Placement Agreement?	Yes / No		
Has the placement provider returned a signed PL1A Placement Provider Agreement and PV1B Health and Safety Questionnaire?	Yes / No		
Has this provider been used before and been reviewed?	Yes / No		
If yes, do any concerns remain unresolved?	Yes / No		
Risk Profiling & Further Actions Required	Risk Profile High, Med, Low	Actions Necessary?	Action Completed
Individual Student Factors - Skills, abilities, pre-existing medical conditions, disability, etc.	LOW		
Work Factors - Risks associated with student's expected work activities.	LOW		
Location and/or Region - Crime, civil disorder, remote working, etc.	LOW		
Insurance limitations - Provider has adequate insurance in place to cover student on placement.	LOW		
General / Environmental Health Factors - Very hot or cold working conditions, inoculations required, etc.	LOW		
Travel & Transportation - Commuting to/from work & driving for work purposes.	LOW		
Safeguarding - Work with children or vulnerable adults.	LOW		
Conclusion	Yes / No	Action Necessary?	Action Completed
Is a site safety visit required before placement is approved?	Yes / No		
Are risks acceptable / tolerable such that the placement can be approved?	Yes / No		

PLACEMENT APPROVAL

I approve this placement.

Signed:			
Name in block capitals:	TANIA DAVIES		
Position:	PROGRAMME DIRECTOR	Date:	

August 2015

1



APPENDIX PL1F

STUDENT PLACEMENT INDUCTION CHECKLIST

Student Name:	Kizzy Webb
Name of Placement Provider organisation:	Chemo Day Unit - PHODU. WGH.
Placement Site Address:	WGH - Haverfordwes, Pembrokeshire.

As a minimum, the topics listed below should be included within the induction that you provide for the student on placement, preferably on their first day. Please check off the subjects as they are covered.

Health & Safety Issues	No	Yes	Date
1. Introduction to key staff members and their roles explained		✓	2018
2. Location of welfare facilities (e.g. toilets, kitchen, rest room, showers, etc.)		✓	
3. Emergency procedures		✓	
4. Copy of safety policy received or location known		✓	
5. Location of first aid facilities and contact for first aiders		✓	
6. Fire procedures and location of fire-fighting equipment		✓	
7. Accident/incident reporting and location of accident book		✓	
8. Use/control measures for hazardous substances in the workplace (e.g. COSHH) – if applicable		✓	
9. Display Screen Equipment Regulations and associated procedures – if applicable		✓	
10. Manual handling procedures – if applicable		✓	
11. Protective clothing/equipment arrangements – if applicable		✓	
12. Instruction on equipment you will be using (list equipment)		✓	
13. Specific training for tasks to be undertaken		✓	
14. Specific information relating to risk assessments covering tasks to be undertaken		✓	
15. Location of health and safety information and advice		✓	
16. Specific disability related induction issues		✓	
17. Other issues covered/to be covered please state:		✓	
			↓

PLACEMENT PROVIDER CONFIRMATION

I confirm that the student has been provided with the induction specified above:

Signed:			
Print Name:	J. Bowen		
Position:	S. Sister	Date:	12/4/19

APPENDIX PL1C

Would you please confirm that you accept the above responsibilities by signing below?

I'd be grateful if you would return the completed version of this PL1C form to the Placement Coordinator using the contact details specified on page 2.

If you have any questions or problems, please don't hesitate to get in touch.

Yours sincerely



Tania Davies

Placement Coordinator

STUDENT PLACEMENT AGREEMENT

I confirm that I accept the responsibilities as detailed above.

Signed:	K. Webb.
Name in block capitals:	KIZZY WEBB.
Programme of study:	Cert HE Nursing Studies and Health.
Date:	2018.

APPENDIX PL1C

PLACEMENT PROVIDER CONTACT INFORMATION

Name of organisation:	UWTSD
Placement Site Address:	SBC, HIGH STREET SA1 1NE
Workplace Supervisor (or provider contact) Name:	TANIA DAVIES
Workplace Supervisor (or contact) Position:	PROGRAMME DIRECTOR
Telephone:	01792 481196
E-mail:	Tania.davies@uwtsd.ac.uk

PLACEMENT DETAILS

Start Date:	OCT 2018.	End date:	
Duration of Placement:	Continued.	Normal Working Hours:	Varies.
Outline of Placement Activity/Duties:	Health care support worker.		
Outline of Placement learning/assessment focus:			
Please tick to confirm that you have current DBS approval (if applicable)		YES ☒	NO ☐
			N/A ☐

UNIVERSITY PLACEMENT COORDINATOR CONTACT INFORMATION

Name of Placement Coordinator:	TANIA DAVIES
Telephone:	01792 481196
E-mail:	Tania.davies@uwtsd.ac.uk



APPENDIX PL1C

STUDENT PLACEMENT AGREEMENT

STUDENT CONTACT INFORMATION

Student Name:	Kizzy Webb.	Student number:	1804063.
Mobile Telephone:	07815 938679.		
University e-mail:			
Personal e-mail:			
Emergency contact and relationship:	James Webb Husband.	Tel:	07890 820972.

CONFIDENTIAL STUDENT HEALTH INFORMATION:

	YES	NO
1. Do you currently have or have you previously had any form of asthma; diabetes; epilepsy; heart disease; nervous or mental illness; rheumatic fever; stroke; tuberculosis?		✓
2. Do you currently have or have you previously had any other form of serious illness or operation that may affect your or others health and safety whilst on placement?		✓
3. Are you currently receiving medical treatment and/or medication?		✓
4. Are you visually impaired/blind?		✓
5. Are you hard of hearing/deaf?		✓
6. Disability - 'a physical or mental impairment, which has a substantial and long-term adverse effect on a person's ability to carry out normal day-to-day duties'.		✓
Do you consider yourself to have a disability as defined in the Single Equality Act 2010?		
If the answer to any of the questions above is "yes", please give further details as to the nature of your circumstances. Please include dates.		
Name, address and contact details of your doctor (for emergency use): Argyle Medical Group.		

To protect your health and safety it is imperative that you notify us of any disability or condition that may impact upon health and safety during work placement. If you fail to disclose this it may place you at a disadvantage and impact upon your own health and safety.

APPENDIX PL1B

PLACEMENT PROVIDER HEALTH AND SAFETY QUESTIONNAIRE

		Yes	No
1.	Does your organisation have a written health and safety policy? If no, please give reason:	✓	
2.	Do you have a policy regarding health and safety training for people working in your undertaking, including use of vehicles and equipment, and will you provide all necessary health and safety training for our placement student(s)? If no, please give reason:	✓	
3.	Is the organisation registered with:		
	a) The Health and Safety Executive?	✓	
	b) The Local Authority Environmental Health Department?	✓	
	c) The relevant authority in your country (if outside the UK)?	✓	
	d) The relevant National Governing Body Registration number:		
	Last assessment date:	11	
4.	Insurance (UK Placements)		
	a) Is Employer Liability Insurance held?	✓	
	b) Is Public Liability Insurance held?	✓	
	c) Will your insurance cover any liability incurred by a student as a result of attendance at your course/training sessions?	✓	
5.	Insurance (EU/International Placements, i.e. non-UK)		
	a) Will your insurance cover liability for injuries or sickness suffered by placement students attributable to their duties with your organisation?	✓	
	b) Will your insurance cover liability incurred by the student for injuries to other parties (including their co-workers) or property damage arising from their duties with your organisation?	✓	
	c) Will your insurance cover any liability incurred by a student as a result of attendance at your course/training sessions?	✓	
6.	Risk Assessment		
	a) Have you carried out risk assessment of your work practices to identify possible risks, to employees and to others within your undertaking?	✓	
	b) Are there effective control measures in place for the risks?	✓	
	c) Are risk assessments kept under regular review?	✓	
	d) Are the results of risk assessment implemented?	✓	
	e) Will the student be undertaking any higher risk activities? (If Yes, please provide copies of your health & safety policy and insurance certificates when returning this form)	✓	
6.	Accidents and Incidents		
	a) Is there a formal procedure for reporting and recording accidents and incidents (in accordance with RIDDOR in the UK or other country legislation if an international placement)?	✓	
	b) Have you procedures to be followed in the event of serious and imminent danger to people undertaking courses/training?	✓	
	c) Will you report to the University all recorded accidents involving our students?	✓	

APPENDIX PL1B

d)	Will you report to the University any sickness involving our students which may be attributable to the work?	✓	
7	Contact Personnel		
	Who is your nominated contact for compliance with these requirements of health and safety legislation?		
	Name: Janet Bower		
	Position: Senior Sister. - PHODU.		

CONFIRMATION

I confirm that the preceding information is correct to the best of my knowledge. I confirm also that the student will receive:

- Induction briefing on their first day of attendance.
- Appropriate training and supervision in relation to their placement.

Signed:			
Name in block capitals:	J. BOWER		
Position:	S. Sister	Date:	12/6/19

Thank you for completing this questionnaire. Please return it as soon as possible to the Placement Coordinator (contact details on page one)



Prifysgol Cymru
Y Drindod Dewi Sant
University of Wales
Trinity Saint David

APPENDIX PL1B

PLACEMENT PROVIDER HEALTH AND SAFETY QUESTIONNAIRE

Name of provider's organisation:	Pembrokeshire Haematology and Oncology Day Unit.		
Placement Site Address:	Withybush General Hospital.		
Workplace Supervisor Name (or other provider contact):	J. BOWER or Faye Felice.		
Workplace Supervisor (or contact) Position:	S. Sister.		
Telephone:	ext 3585.		
E-mail:	janet.bower@wales.nhs.uk.		
Name of student(s):	Kizzy Webb.		
Duration of Placement:	on going. 1 year +	Start Date:	Oct 18.

Dear Placement Provider

Re: Health and Safety for Work Placements

The University of Wales Trinity Saint David has a duty of care to ensure, so far as is reasonably practicable, the health and safety of our students whilst on placement. We ask for your assistance in meeting this obligation by completing this questionnaire and supplying (if requested), a copy of your health and safety policy and insurance certificates.

I'd be grateful if you would return the documents either by postal mail or email to the contact details below.

If you have any questions or problems, please don't hesitate to get in touch.

Yours sincerely

Tania Davies
Placement Coordinator
Ysgol Chwaraeon, Iechyd ac Addysg Awyr Agored / School of Sport, Health and Outdoor Education
Prifysgol Cymru Y Drindod Dewi Sant / University of Wales Trinity Saint David
Stryd Fawr / High Street
Abertawe / Swansea SA1 1NE
Ffôn / Tel: 01792 481196 (Swansea) **Estyniad/ Extension:** 4196
Ffôn / Tel: 01267 225117 (Carmarthen)
ebost/email: tania.davies@uwtsd.ac.uk

August 2015

1

APPENDIX PL1F

STUDENT CONFIRMATION

I confirm that I have been provided with an appropriate induction as specified above:

Signed:	K. Webb.		
Print Name:	Kizzy Webb.		
Position:	Student.	Date:	12/4/19.

Thank you! Please return the completed checklist to the Placement Organiser within one week of the student starting placement.

Tania Davies
 Cyfarwyddwraig y Portffolio Iechyd / Health Portfolio Director
 Ysgol Chwaraeon, Iechyd ac Addysg Awyr Agored / School of Sport, Health and Outdoor Education
 Cyfadran Busnes a Rheolaeth / Faculty of Business and Management
 Prifysgol Cymru Y Drindod Dewi Sant / University of Wales Trinity Saint David
 Stryd Fawr / High Street
 Abertawe / Swansea
 SA1 1NE

Ffôn / Tel: 01792 481196 (Swansea)
 Estyniad/ Extension: 4196
 Ffôn / Tel: 01267 225117 (Carmarthen)
 ebost/email: tania.davies@uwtsd.ac.uk

For office use only

PLACEMENT COORDINATOR RECEIPT

Signed:			
Print Name:			
Position:		Date of receipt:	
Action required?			



Prifysgol Cymru
Y Drindod Dewi Sant
University of Wales
Trinity Saint David

APPENDIX PL1A

PLACEMENT PROVIDER AGREEMENT

PLACEMENT PROVIDER CONTACT INFORMATION

Name of organisation:	Pembrokeshire Haematology and Oncology Day Unit.
Placement Site Address:	WGH.
Workplace Supervisor Name (or other provider contact):	Janet Bower.
Workplace Supervisor (or contact) Position:	Senior Sister.
Telephone:	01437 773585.
E-mail:	janet.bower@wales.nhs.uk

UNIVERSITY PLACEMENT COORDINATOR CONTACT INFORMATION

Name of Placement Coordinator:	TANIA DAVIES
Address:	UWTSD, SBC, HIGH STREET SA1 1NE
Telephone:	01792 481196
E-mail:	Tania.davies@uwtسد.ac.uk

STUDENT AND PLACEMENT DETAILS

Name of student(s):	Kizzy Webb.		
Start Date:	Oct 18.	End date:	Ongoing.
Duration of Placement:	Ongoing 2 year	Normal Working Hours:	Varies.
Outline of Placement Activity/Duties:	HCSW.		

August 2015

APPENDIX PL1A

Would you please confirm that you accept the above responsibilities by signing below?

Also attached is the PL1B Placement Provider Health and Safety Questionnaire. Please could you arrange to complete the questionnaire with regard to your health and safety and insurance arrangements?

I'd be grateful if you would return the completed versions of this PL1A form and PL1B questionnaire either by postal mail or email to the contact details specified on page 1.

If you have any questions or problems, please don't hesitate to get in touch.

Yours sincerely



Tania Davies

Placement Coordinator

PLACEMENT PROVIDER AGREEMENT

I confirm that I accept the responsibilities as detailed above.

Signed:	
Name in block capitals:	J. BOWER
Position:	S. Sister
Date:	12/4/19

August 2015

Professional reference/record of work for Kizzy Webb

We have been fortunate to have Kizzy work with us over the last 6 months in the capacity of a Health Care Assistant.

From her first day on the unit, we were all struck and impressed by Kizzys approach to her work. She is kind hearted, warm and shows great compassion. The Chemotherapy Unit is a specialist area to work, and Kizzy has approached this work with great sensitivity. She is clearly an excellent communicator, and I have observed her on many occasions engaging with patients to put them at ease and reassure them whilst here for their treatments.

Specifically, Kizzy has engaged in numerous clinical tasks whilst here including:

- Patient moving and handling
- Supporting work around the unit such as toileting patients, fetching chemotherapy or blood products from the lab
- Blood pressure monitoring
- Assisting with the application of the cold cap machine to minimise hair loss
- Providing patients with refreshments as needed
- Assisting the nursing team in the delivery of care.

I have no hesitation in trusting Kizzy with confidential patient records or delegating tasks to her. She is hard working and conscientious and we have been delighted to have her work alongside us on the unit. She has become a valued member of the team who is greatly liked by all the patients.

Should any further information be required please do not hesitate to contact me at the Pembrokeshire Haematology and Oncology Day Unit. Worthybush Hospital.

01437 773585.

janet.bower@wales.nhs.uk

Course Name	Score	Completion
000 NHS Wales - Violence and Aggression B	Passed	Completed
000 NHS Wales - Treat Me Fairly (Equality) - Level 1	Passed	Completed
000 NHS Wales - Dementia Awareness	Completed	Completed
000 NHS Wales - Information Governance - Level 1	Passed	Completed
000 NHS Wales - Safeguarding Children - Level 2	Passed	Completed
000 NHS Wales - Violence and Aggression A	Passed	Completed
000 NHS Wales - Infection Prevention and Control - Level 2	Passed	Completed
000 NHS Wales - Safeguarding Adults - Level 2	Passed	Completed
000 NHS Wales - Health & Safety - Level 1	Passed	Completed
000 NHS Wales - Violence against women, domestic abuse and violence	Completed	Completed
000 NHS Wales - Display Screen Equipment (DSE)	Incomplete	Confirmed

RHIF Y GWEITHWR/ EMPLOYEE NUMBER		ENWR GWEITHWR/EMPLOYEE NAME		LLEOLIAD/LOCATION																																																																	
27596414		MRS. KIZZY WEBB		Withybush General Hospital																																																																	
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WTD Pay				24.25																																																																	
<table border="1"> <tr> <th colspan="4">Balansau'r Fhwyddyn Hyd Yma (Y Gyflogaeth Hon) Year To Date Balances (This Employment Only)</th> <th colspan="3">Crynodeb This Period Summary</th> </tr> <tr> <td>TÂLGROS GROSS PAY</td> <td>1205.85</td> <td>TÂL TRETHADWY TAXABLE PAY</td> <td>1138.32</td> <td>TÂL PENSIWN PENSIONABLE PAY</td> <td>225.16</td> <td>TÂL TRETHADWY TAXABLE PAY</td> <td>212.55</td> </tr> <tr> <td>LLYTHREN YG/ NI LETTER</td> <td>A</td> <td>TRETH A DALWYD TAX PAID</td> <td>7.20</td> <td>CYFNOD TRETH TAX PERIOD</td> <td>10</td> <td>TÂL DI-DRETH NON-TAXABLE PAY</td> <td>0.00</td> </tr> <tr> <td>TÂL YG NI PAY</td> <td>980.69</td> <td>TÂL YG ARALL OTHER NI PAY</td> <td>225.16</td> <td>TÂL TRETHADWY PREVIOUS TAXABLE PAY</td> <td>0.00</td> <td>AMLDER FREQUENCY</td> <td>Monthly</td> </tr> <tr> <td>CYFR. YG NI CONTS</td> <td>33.44</td> <td>CYFR YG ERAILL OTHER NI CONTS</td> <td></td> <td>TRETH A DALWYD PREVIOUS TAX PAID</td> <td>0.00</td> <td>DIWEDD Y CYFNOD PERIOD END</td> <td>31 JAN 2019</td> </tr> <tr> <td>TÂL PENSYNIADWY PENSIONABLE PAY</td> <td>1205.85</td> <td>CYFR. PENSIWN PENSION CONTS</td> <td>67.53</td> <td>DYDDIAD TÂLU PAY DATE</td> <td>18 JAN 2019</td> <td>CYFANSWM Y TÂL/TOTAL PAYMENTS</td> <td>225.16</td> </tr> <tr> <td>RHIF CYF. SD SD NUMBER</td> <td>10461416</td> <td>RHIF Y GWEITHWR EMPLOYEE NO.</td> <td>27596414</td> <td>DYDDIAD TÂLU PAY DATE</td> <td>18 JAN 2019</td> <td>CYFANSWM DIDIADAU TOTAL DEDUCTIONS</td> <td>12.61</td> </tr> <tr> <td colspan="4"></td> <td></td> <td>BACS</td> <td>TÂL NET NET PAY</td> <td>212.55</td> </tr> </table>							Balansau'r Fhwyddyn Hyd Yma (Y Gyflogaeth Hon) Year To Date Balances (This Employment Only)				Crynodeb This Period Summary			TÂLGROS GROSS PAY	1205.85	TÂL TRETHADWY TAXABLE PAY	1138.32	TÂL PENSIWN PENSIONABLE PAY	225.16	TÂL TRETHADWY TAXABLE PAY	212.55	LLYTHREN YG/ NI LETTER	A	TRETH A DALWYD TAX PAID	7.20	CYFNOD TRETH TAX PERIOD	10	TÂL DI-DRETH NON-TAXABLE PAY	0.00	TÂL YG NI PAY	980.69	TÂL YG ARALL OTHER NI PAY	225.16	TÂL TRETHADWY PREVIOUS TAXABLE PAY	0.00	AMLDER FREQUENCY	Monthly	CYFR. YG NI CONTS	33.44	CYFR YG ERAILL OTHER NI CONTS		TRETH A DALWYD PREVIOUS TAX PAID	0.00	DIWEDD Y CYFNOD PERIOD END	31 JAN 2019	TÂL PENSYNIADWY PENSIONABLE PAY	1205.85	CYFR. PENSIWN PENSION CONTS	67.53	DYDDIAD TÂLU PAY DATE	18 JAN 2019	CYFANSWM Y TÂL/TOTAL PAYMENTS	225.16	RHIF CYF. SD SD NUMBER	10461416	RHIF Y GWEITHWR EMPLOYEE NO.	27596414	DYDDIAD TÂLU PAY DATE	18 JAN 2019	CYFANSWM DIDIADAU TOTAL DEDUCTIONS	12.61						BACS	TÂL NET NET PAY	212.55
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MESSAGES FROM EMPLOYER

RHIF Y GWEITHIWR/ EMPLOYEE NUMBER		ENWR GWEITHIWR/EMPLOYEE NAME			LLEOLIAD/LOCATION		
27596414		MRS. KIZZY WEBB			Withybush General Hospital		
ADRAN/DEPARTMENT		TEITL Y SWYDD/JOB TITLE			DISGRIFIAD GRADDFA GYFLOG/PAYSCALE DESCRIPTION		
H DUHB BANK 0233		Health Care Support Worker			Review Body Band 2		
		CYFLOG/SAL/WAGE		DYDDIAD YCHWANGIAD/INC. DATE	ORIAU CONTRACT/CONTRACT HOURS		
		17460.00			0		
		CYFLOG RHAN-AMSER/PT SAL/WAGE		0.00			
		ENWR SWYDDFA DRETH/TAX OFFICE NAME		CYFEIRNOD Y SWYDDFA DRETH/ TAX OFFICE REF.	COD TRETH/TAX CODE		
		West Wales Area		615/WA36394	1066N NONCUM		
					RHIF Y GINI NUMBER		
					JS992244A		
LWFANSAU TAL (= SWM DYNADWY) PAY AND ALLOWANCES (= MINUS AMOUNT)							
DISGRIFIAD DESCRIPTION	GWEITHIWDY/ ENILLWYD WKD/EARNED	TALWYD/ DYLEDUS PAID/DUE	CYFRADD RATE	SWM AMOUNT	DISGRIFIAD DESCRIPTION	SWM AMOUNT	BALANS A DROSGLWYDDIR/ BALANCE C/F
Add Basic Pay	60.00	60.00	8.9293	535.78	Ni A	14.83	
WTD Pay				64.67	NHS Pension 5.6%	33.62	
Balansau'r Ffwyddyn Hyd Yma (Y Gyflogaeth Hon) Year To Date Balances (This Employment Only)							
TALGROS GROSS PAY		1806.28	TAL TRETHADWY TAXABLE PAY		1705.13	TAL PENSWM PENSIONABLE PAY	
LLYTHREN YG/ NI LETTER		A	TRETH A DALWYD TAX PAID		7.20	CYFNOOD TRETH TAX PERIOD	
TAL YG NI PAY		1806.28	TAL TRETHADWY PREVIOUS TAXABLE PAY		0.00	AMLDER FREQUENCY	
CYFR. YG NI CONTS		48.27	TRETH A DALWYD PREVIOUS TAX PAID		0.00	DIWEDD Y CYFNOD PERIOD END	
TAL PENSWMADWY PENSIONABLE PAY		1806.28	CYFR. PENSWM PENSION CONTS		101.15	DYDDIAD TALU PAY DATE	
RHIF CYF. SD SD NUMBER		10461416	RHIF Y GWEITHIWR EMPLOYEE NO.		27596414	DYDDIAD TALU PAY DATE	
						18 JAN 2019	
						TAL NET NET PAY	
						551.98	

MESSAGES FROM EMPLOYER

RHIF Y GWEITHIWR/ EMPLOYEE NUMBER		ENWR GWEITHIWR/EMPLOYEE NAME		LLEOLIAD/LOCATION		
27596414		MRS. KIZZY WEBB		Withybush General Hospital		
ADRAN/DEPARTMENT		TEITL Y SWYDD/JOB TITLE		DISGRIFIAD GRADDFA GYFLOG/PAYSCALE DESCRIPTION		
HDUHB BANK 0233		Health Care Support Worker		Review Body Band 2		
		CYFLOG/SAL/WAGE	DYDDIAD YCHWANEIAD/INC. DATE	ORIAU CONTRACT/CONTRACT HOURS	CYFLOG RHAN-AMSER/PT SAL/WAGE	
		17652.00		0	0.00	
		ENWR SWYDDFA DRETH/TAX OFFICE NAME	CYFEIRNOD Y SWYDDFA DRETH/ TAX OFFICE REF.	COD TRETH/TAX CODE	RHIF Y/GNI NUMBER	
		West Wales Area	615/WA36394	C1125N CUMUL	JS992244A	
LWFANSAU TÂL (= SWM DYNIAWY)		PAY AND ALLOWANCES (= MINUS AMOUNT)			GOSTYNGIADAU (R YN DANGOS AD-DALIADY)DEDUCTIONS (R INDICATES REFUND)	
DISGRIFIAD DESCRIPTION	GWEITHIWWY/ ENLLIWWY WKD/EARNED	TÂL WYD/ DYLEDUS PAID/DUE	CYFRADD RATE	SWM AMOUNT	DISGRIFIAD DESCRIPTION	SWM AMOUNT
Add Basic Pay	60.00	60.00	9.0275	541.65	NHS Pension 5.6%	33.99
WTD Pay				65.38		
Balansau'r Ffwrdd Yn Yma (Y Gyflogaeth Hon)		Year To Date Balances (This Employment Only)			Crynodeb This Period Summary	
TÂL GROS GROSS PAY	607.03	TÂL TRETHADWY TAXABLE PAY	573.04	TÂL PENSIWN PENSIONABLE PAY	607.03	TÂL TRETHADWY TAXABLE PAY
LYTHRENI G/ NI LETTER		TRETH A DALIADWY TAX PAID	0.00	CYFNOD TRETH TAX PERIOD	1	TÂL D-DRETH NON-TAXABLE PAY
TÂL YG NI PAY	607.03	TÂL YG ARALL OTHER NI PAY		AMLDER FREQUENCY	Monthly	CYFANSWM Y TÂL/TOTAL PAYMENTS
CYFR. YG NI CONTS	0.00	TRETH A DALIADWY PREVIOUS TAX PAID	0.00	DIWEDD Y CYFNOD PERIOD END	30 APR 2019	CYFANSWM DIDYNIADAU TOTAL DEDUCTIONS
TÂL PENSIYNADWY PENSIONABLE PAY	607.03	CYFR. PENSIWN PENSION CONTS	33.99	DYDDIAD TALLU PAY DATE	18 APR 2019	TÂL NET NET PAY
RHIF CYF. SD SD NUMBER	10461416	RHIF Y GWEITHIWR EMPLOYEE NO.	27596414	DULL TALLU PAY METHOD	BACS	573.04

MESSAGES FROM EMPLOYER

MESSAGES FROM EMPLOYER

RHIF Y GWEITHWR/ EMPLOYEE NUMBER		ENWR GWEITHWR/EMPLOYEE NAME		LLEOLIAD/LOCATION		
27596414		MRS. KIZZY WEBB		Withybush General Hospital		
ADRAN/DEPARTMENT		TEITL Y SWYDDJOB TITLE		DISGRIFIAD GRADDFA GYFLOG/PAYSCALE DESCRIPTION		
HDUHB BANK 0233		Health Care Support Worker		Review Body Band 2		
	CYFLOG/SAL/WAGE		DYDDIAD YCHWANEGIAD/INC. DATE		CYFLOG RHAN-AMSER/PT SAL/WAGE	
	17460.00				0	
	ENWR SWYDDFA DRETH/TAX OFFICE NAME		CYFEIRNOD Y SWYDDFA DRETH/ TAX OFFICE REF.		COD TRETH/TAX CODE	
West Wales Area		615/WA36394		1066N NONCUM	RHIF YG/NI NUMBER JS992244A	
LWFANSAU TÂL (- = SWM DYNADWY)		PAY AND ALLOWANCES (- = MINUS AMOUNT)			GOSTYNGIADAU (R YN DANGOS AD-DALIAD)/DEDUCTIONS (R INDICATES REFUND)	
DISGRIFIAD DESCRIPTION	GWEITHWYD/ ENILLWYD WKD/EARNED	TALWYD/ DYLEDUS PAID/DUE	CYFRADD RATE	SWM AMOUNT	DISGRIFIAD DESCRIPTION	SWM AMOUNT
Add Basic Pay	60.00	60.00	8.9293	535.78	NHS Pension 5.6%	33.62
WTD Pay				64.67		
Balansau'r Ffwyddyn Hyd Yma (Y Gytlogaeth Hon) Year To Date Balances (This Employment Only)						
TALGROS GROSS PAY				2406.71	TAL TRETHADWY TAXABLE PAY	
LLYTHREN YG/ NI LETTER				A	TAL TRETHADWY TAXABLE PAY	
TAL YG NI PAY				2406.71	TAL YG ARALL OTHER NI PAY	
CYFR. YG NI CONTS				48.27	CYFR. YG ERILL OTHER NI CONTS	
TAL PENSNIADWY PENSIONABLE PAY				2406.71	CYFR. PENSIN PENSION CONTS	
RHIF CYF. SD SD NUMBER				10461416	RHIF Y GWEITHWR EMPLOYEE NO.	
				27596414	DULL TALU PAY METHOD	
					BACS	
					TAL NET NET PAY	
					566.81	

MESSAGES FROM EMPLOYER

Personal Statement

I am interested in applying for a place on the Adult Nursing at Carmarthen through Swansea University. Nursing is a very challenging and demanding career; however I feel the rewards would be great and that I am ready to embark on this career. I am eager to pursue a career in which I am able to help and care for people, becoming a nurse would allow me to fulfil this ambition. Nursing is a career for dedicated, reliable, trusting people who are able to develop relationships with patients quickly. I have these skills and I genuinely want to make a difference to adults, to assist them and their families through difficult times when they are at their most vulnerable.

The role of nursing is changing, as nurses are far more involved in the welfare of patients and family centred care, this is placing more responsibility on nurses. I am confident of embracing this challenge and to take advantage of these changes and opportunities and use them to further my career.

Caring and helping people is one of my core values and I regularly donate blood and I am on the bone marrow register, I believe this shows the level of dedication and commitment to upholding those values. I have substantial experience of working with children in various childcare settings, in both educational and social care settings, including a respite for children with disabilities. The respite comprises of children with complex social, educational, vulnerable and medical needs. My experience includes one to one care as well as nurture groups and I am still enthralled and challenged by how children develop, learn and interact. I also chose to study for a Certificate in Higher Education in Nursing Studies and Health whilst working and raising our daughter because I am passionate about making a difference in people's lives. My course focuses on counselling and communication skills, an introduction to physiology of the body, managing organisations, a health portfolio, an introduction to health research and we manage our personal and academic development. I would particularly love to work with adults within the sexual health department and work with the community and health board to encourage patients to attend the clinics at what could be a nerve-racking time.

I have recently been offered a post as a Health Care Support worker on the Bank, I will use this experience and any new skills learned for the benefit of not only the patient but also the patient's family, and I can offer a caring attitude, patience, and a great understanding of their complex needs both medically and socially.

I have been involved in fund raising for the eve appeal and various other charities. I took part in a beauty pageant and won the title for the most raised charity funds. I organised a charity fashion show and a raffle for over 50 people, managing a small team of volunteers and taking ideas from the team in order to provide a professional and successful fund raising event. I believe this shows initiative, organizational skills, working well under pressure and within strict guidelines. The evening was huge success and we raised a substantial amount. I also completed an abseil down Pembroke Castle to raise funds for the Additional Learning Needs (ALN) department at the school where I previously worked. I was the first employee to be trained as an Emotional Literacy Support Assistant and I requested that the money that I had raised was to be spent on creating a relaxing but stimulating environment for the children and new resources and equipment for them to use. These activities helped me become an effective team player which I believe will be useful in the nursing environment as it will be necessary to use this strength to communicate successfully with other

health professionals to determine what level of care is best for a patient. Finally I am a naturally cheerful, capable, adaptable person with good teamwork and interpersonal skills developed in my previous employment and I would enjoy the challenge of working in a hospital setting. I can bring examples of empathy working well and including the whole family, as I strongly believe in family centred care.

Reflection

I was working on the Chemo Day Unit as a Health Care Support Worker. The staff are aware that I will be studying a nursing degree next year and they are always encouraging me to watch different procedures so that I am able to get a wealth of experience under my belt before I start my training. A patient was due to come in to have a drain inserted. I stayed with the patient before during and after the procedure. The patient was anxious as anyone going through this procedure would be. The patient was a nurse before retiring and was aware of what was about to happen. I reassured the patient as much as I could and the patient began to tell me that her care is now palliative. This is the first time a patient had told me this and that the patient had only discovered this information the day before. The patient began to cry and said that after the procedure it will be time to go home and tell their grandchildren. As the patient was telling me this I had a lump in my throat. All I could think of was my daughter and my family and how hard it must be to even think about telling loved ones that you do not have long left to live. I had to remain strong for her but deep down I was crying inside. The procedure took roughly four hours and I kept checking on her along with caring for the other patients in the unit. It was time for the patient to leave and we said our goodbyes. The patient could not thank me enough for caring for them and wished me luck in life. I will always remember this patient and will think about them when I come unstuck and during tough times whilst studying for the degree.

SMART Action plan

Specific

I will be a qualified nurse. I will pass the Certificate in Higher Education in Nursing Studies and Health course and complete the three year degree. I will be qualified by 2022.

Measureable

I have completed the Certificate in Higher Education in Nursing Studies and Health course and waiting for my grade. When I receive a pass from this course then I can start the degree which will last three years.

Achievable

I have gained successful grades for the Certificate in Higher Education in Nursing Studies and Health course therefore I feel ready to study at degree level.

Realistic

I will carry out research on the new referencing system used for the nursing degree in order to prepare myself and become familiar with it. When I start the degree I will try my best with maximum effort to achieve high grades.

Time

The degree will take three years to complete but I will allow six extra months in case I fall pregnant or any unexpected events occur.