

BSc (Hons) Psychology - Module Preparation Reading 2020/2021

Level Five:

Module Code/Name	Semester	Key Texts
ECPS5002 – Research Methods II	1	• Brace, N., Kemp, R., & Snelgar, R. (2012). <i>SPSS for psychologists</i> (5th ed.). Hants: Palgrave Macmillan. ○ <i>E-book access online</i> • Coolican, H. (2014). <i>Research methods and statistics in psychology</i> (5th ed.). London: Hodder & Stoughton. ○ <i>E-book access online</i>
ECPS5003 - The Brain, Biology and Cognition	1	• Pinel, J. P. J (2014). <i>Biopsychology</i> (8th Ed.) Boston, Mass: Pearson ○ <i>E-book access online</i> • Eysenck, M. W., & Keane, M. T. (2015). <i>Cognitive psychology: A student's handbook</i> (7th ed.). Hove: Psychology Press ○ <i>E-book access online</i>
ECPS5004 - Individual Differences Across the Lifespan	1	• Maltby, J, Day, L., & Macaskill, A. (2013). <i>Personality, individual differences and intelligence (3rd ed.)</i>. Harlow, England: Pearson. ○ <i>E-book access online</i> • Chamorro-Premuzic, T. (2015). <i>Personality and individual differences (3rd ed.)</i>. Chichester: BPS Wiley
ECPS5005 - Social Psychology: Global perspectives	2	• Baumeister, R. F., & Bushman, B. J. (2017). <i>Social psychology and human nature</i>. Boston, MA: Cengage. ○ <i>E-book access online</i>
ECPS5006 - Research in Action	2	• TBC
ECPS5007 - Psychology for Work	2	• Chamorro-Premuzic, T., & Furnham A. (2009). <i>The psychology of personnel selection</i>. Cambridge, UK; New York: Cambridge University Press. ○ <i>E-book access online</i> • Arnold, J. (2010). <i>Work psychology: Understanding human behaviour in the workplace</i> (5th ed.). Harlow: Financial Times Prentice Hall. ○ <i>E-book access online</i>

Level Six:

Module code/name	Semester	Key Texts
ECPS6001 - Psychology Empirical Project	1 & 2	• APA (2019). <i>Publication manual of the American Psychological Association</i>. (7th ed.). American Psychological Association • Brace, N., Kemp, R., & Snelgar, R. (2016). <i>SPSS for psychologists</i> (6th ed.). Hants: Palgrave Macmillan. ◦ E-book access online • Coolican, H. (2014). <i>Research methods and statistics in psychology</i> (6th ed.). London: Hodder & Stoughton. ◦ E-book access online • Forshaw, M. (2013). <i>Your undergraduate psychology project: A student guide</i> (2nd ed.). Chichester: BPS Blackwell. • Smith, J. (2015). <i>Qualitative psychology: A practical guide to research methods</i> (3rd ed.). London: SAGE. • Walliman, N. (2014). <i>Your undergraduate dissertation: The essential guide for success</i> (2nd ed.). London: SAGE.
ECPS6002 - Clinical Psychology Treatment and Approaches	1	• Bennett, P. (2011). <i>Abnormal and clinical psychology: An introductory textbook</i> (3rd ed.). Maidenhead, England: McGraw Hill. ◦ E-book access online
ECPS6003 - The Psychology of Prejudice and Discrimination	1	• Kite, M. E., & Whitley, B. E. (2016). <i>Psychology of prejudice and discrimination</i>. Abingdon: Routledge. ◦ E-book access online
ECPS6007 - CBT and the new Cognitive Therapies	1	• McLeod, J. (2009). <i>Introduction to Counselling</i>. (4th ed.). Maidenhead: McGraw Hill/Open University Press ◦ E-book access online ◦ Chapter 8 Cognitive Behavioural Therapy approaches. • Jones-Smith, E. (2016). <i>Theories of counselling and psychotherapy</i> (2nd ed.). London: Sage. ◦ Digitalised Chapter provided beginning of Semester. • Journal: Cognitive Behaviour Therapy (Online access). The main resources for this module will be journal articles and online resources. Start researching the following Third Wave CBT Approaches and Authors through engaging with the internet, YouTube and online library resources. Third Wave CBT Approaches and authors • Dialectical Behaviour Therapy (DBT) - Dr Marsha Lineham • Acceptance Commitment Therapy (ACT) - Dr Steven Hayes

		• Mindfulness-Based Stress Reduction (MBSR) - Kabat-Zinn • Mindfulness-Based Cognitive Therapy (MBCT) - Segal, Williams, & Teasdale (2002)
ECPS6004 - Mental Health in Children and Young People	2	• Vostanis, P., & Williams, R. (2008). <i>Mental health interventions and services for vulnerable children and young people</i>. London: Philadelphia: Jessica Kingsley Publishers. ○ E-book access online • Blakemore, S.-J. (2019). Adolescence and mental health. <i>The Lancet</i>, 393(10185), pp. 2030–2031. Online access to journal • Blakemore, S.-J. (2018). Avoiding Social Risk in Adolescence. <i>Current Directions in Psychological Science</i>. <i>Current Directions in Psychological Science</i>, 27 (2) pp. 116–122. Online access to journal • Lerner, R.M., & Steinberg, L.D. (2004). <i>Handbook of adolescent psychology</i>. (2nd ed.). Hoboken, N.J.: John Wiley & Sons • Adverse Childhood Experiences (ACE Study) file:///C:/Users/edu-rg/AppData/Local/Microsoft/Windows/INetCache/Content.Outlook/XADVU53T/ACE%20Report%20FINAL%20(E)_Welsh%20Adult%20Population.pdf • Adverse Childhood Experiences and their association with Mental Well-being in the Welsh adult population file:///C:/Users/edu-rg/AppData/Local/Microsoft/Windows/INetCache/Content.Outlook/XADVU53T/ACE%20%20Mental%20Well-being%20Report%20E.pdf
ECPS6005 - Cognition in Action	2	• Esgate, A., Groome, D., & Baker. K. (2005). <i>An introduction to applied cognitive psychology</i>. Hove: Psychology Press ○ E-book access online • Groome, D., & Eysenck, M. (2016). <i>An introduction to applied cognitive psychology</i>. Hove: Psychology Press • Durso, F. T. (Ed.). (2006). <i>Handbook of applied cognition</i>. Chichester; NY: Wiley.
ECPS6006 - Health Psychology	2	• Conner, M., & Norman, P. (2005). <i>Predicting health behaviour</i> (2nd ed.). Maidenhead: Open University Press. • Conner, M., & Norman, P. (2005). <i>Predicting health behaviour research and practice with social cognition models</i> (2nd ed.). Maidenhead: Open University Press. ○ E-book access online • Pinel, J. P. J (2014). <i>Biopsychology</i> (8th Ed.) Boston, Mass: Pearson ○ E-book access online • Morrison, V., & Bennett, P. (2012). <i>An introduction to health psychology</i> (3rd ed.). Harlow: Prentice Hall. ○ E-book access online