

Reflection

Part 1

When working multi agency and with children, it is vital to learn on how to reflect on our practice. According to Fallin (2024), reflecting on experience is vital for our future development and accomplishments.

Using the idea John Dewey's reflective model supported me in all my practice for my own reflection. The Open University (2022) claims that Dewey believes reflection allows professionals to be taught about their actions. This is crucial for practice as it also teaches professionals how to behave with theory, experience and be meaningful.

During this group assignment, I felt I was very organised with organising the word document and everyone agreeing to do a colour scheme to be able to see who is who's work. By organising the word document, it gave me and everyone in the group a good structure to read and work off. Throughout this module, I learnt about the Safeguarding for Wales app from my lectures. This app later became very useful for me and research on my role. The app supported me more specifically on relevant legislations, acts and schemes for my role as the health visitor. It also helped me to talk about my duties towards children and opened other websites etc to support me in my research. Being organised in my future practice according to Success At School (2025) will help me and others with time management and support priorities needed within the setting. The Safeguarding for Wales app will be crucial for my future practice as it has and will support me with updated and needed information regarding supporting and safeguarding children and adults within my settings.

However, I felt i wasn't very communicative with group regarding what information I'm researching and what I'm including in my section. Doing this could've helped us as a group to work on our story/scenario a little better to be able to get our story better rather than panicking last minute. I also believe I could've used more confidence when I felt I needed to speak up. For example, if I had an idea, suggestion or a problem with the group assignment, I could've been more confident to raise these to further develop our assignment. Also, having the confidence to ask any

questions I would've had about the assignment. With more practice and experience in group assignments, group meetings, my communication skills and confidence will be able to further develop professionally for my future practice. Having good communication skills according to Sinha (2022) supports professionals with building a positive relationship with students, parents and work partners. It creates a positive, easy learning environment for students' success.

434 words

Part 2

The Five R's.

Glossop, (2022) claims that the five R's in safeguarding children include Recognise, Respond, Report, Record and Refer. Glossop, (2022) says that professionals in this sector will follow this structure to keep children safe from harm.

Learning and understanding the structure of the five R's according to Glossop, (2022) helps professionals understand and spot the symptoms of abuse. It also supports them to learn who they can go to and trust with any concerns. Knowing these five R's can also help with understanding and learning the needed action to take if a child is at risk.

Prospero Learning, (2023) states that knowing the five R's, it guarantees protection and safety to those vulnerable. The five R's provides a clear structure and framework for responding to concerns and safeguarding issues. By remembering the five R's, professionals can help towards the protection of vulnerable children and adults in need.

146 words

References For Reflection

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