

PESS approach to Teaching Dance - Key Stage 2

Lesson 2

Outcomes Lesson 2

- Practise to improve fluency and flow of actions
- Create and perform a dance in pairs that demonstrates unison and a variety of dance actions
- Increase the amount of time over which they can sustain activity

Recap

Warm up by playing musical statues. Encourage pupils to freeze in shapes that communicate the happy, excited, fun mood that they considered in last lesson. Recap 'Going to the party' phrase trying to include the ideas you identified from last time about effective communication.

Explore

Teach a partner your 'Going to the party' phrase and then they teach you theirs. Explore joining both phrases together and decide which order is best. Discuss which actions you both like taking ideas from both dances, which pathways, directions, etc. Explore trying to perform the longer phrase in unison. See Unison Resource Card Explore different spatial relationships: can you be side by side, one in front of the other, etc and still perform in unison? See Spatial Relationship Resource Cards. Practice linking the actions together so that they flow smoothly.

Track 3 - PESS Approach to Teaching Dance- KS2 Audio CD.

Create

Create a paired 'Going to the party' phrase in unison that includes a variety of dance actions and includes changes in directions, pathways, etc.

Intervene

Highlight actions that flow together well. Discuss what is meant by fluency and flow. Fluency within a movement, flow between movements. What makes these things effective? Highlight pupils who use unison effectively. Discuss what they need to do to perform for longer. What happens to their performance? And their bodies?

Perform

Perform to another pair. The watching pair to complete an evaluation sheet. See evaluation sheet 1

Evaluation

Teacher quizzes pupils on their responses to the evaluation sheet to develop pupils' knowledge, understanding and appreciation.