

- Module Title: ***Professional Career Development within H&SC***
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- Assignment No: ***ASSIGNMENT 1***
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Acknowledge use of AI

For me, I used AI only for ideas and language support but I wrote the assignment myself.

The AI source that I have used was Google Scholar.

Introduction

- Good morning ,everyone my name is Tigist Mamo my student number is 2512511.
- I am going to present about working as a team.
- In this presentation I will explain the main points and share some interesting information.
- I hope you enjoy my presentation, thank you.

What is Working in Teams?

What it means?

- Working in teams means a group of people working together to achieve a shared goal.
- Each person has a role and contributes to the same outcome.
- It is about cooperation, communication, and support.

What it involves in everyday practice?

- Talking and sharing information clearly with others.
- Helping colleagues when needed.
- Listening to different opinions and respecting them.
- Working together to solve problems and make decisions.

How have I developed this skill?

- Through group assignments at university.
- By working with others in class activities and discussions.
- In everyday life by cooperating with family or community tasks.
- Learning to listen, share ideas, and compromise.

Why is Working in Teams Essential in Health and Social Care?

Why this skill is essential?

- Health and social care workers support vulnerable people with complex needs.
- No single worker can meet all needs alone.
- Teamwork ensures information is shared and care is coordinated.

How it supports safe and effective care?

- Reduces mistakes through clear communication (e.g., handovers between staff).
- Ensures everyone knows the care plan.
- Helps staff respond quickly in emergencies.
- Improves decision-making through shared knowledge.

How it improves quality outcomes for service users?

- Care becomes more organised and consistent.
- Service users receive the right support at the right time.
- Better recovery and wellbeing outcomes.
- Service users feel safer and more supported.

Why is Working in Teams Essential in Health and Social Care?

Benefits of teamwork

- **Service users / patients:**
 - Receive safer, more joined-up care.
 - Feel listened to and respected.
 - Experience fewer delays or errors in treatment.
- **Staff and colleagues:**
 - Reduced stress through shared workload.
 - Better communication and support.
 - Improved job satisfaction.
- **Organisation:**
 - Higher quality of care standards.
 - Fewer complaints and errors.
 - More efficient use of time and resources.

Why is Working in Teams Essential in Health and Social Care?

- **What can go wrong if teamwork is not effective?**
 - Miscommunication between staff.
 - Medication or treatment errors.
 - Delays in care.
 - Poor patient safety and negative outcomes.
 - Conflict between staff members.
- **Real work example**
 - In a hospital ward, if a nurse does not properly share patient updates during handover, the next staff member may miss important information. This can lead to incorrect treatment or delayed care, affecting patient safety.

Tuckman's Team Development Model

- **What is this model?**

- Tuckman's model explains how teams develop and grow over time.
- It shows the stages teams go through to become effective.
- It is widely used in health and social care to understand team behaviour.

- **Key stages of the model**

- **Forming** – team members meet and learn roles.
- **Storming** – disagreements or conflicts may happen.
- **Norming** – team begins to cooperate and agree on ways of working.
- **Performing** – team works effectively towards shared goals.
- **Adjourning** – team finishes tasks and disbands.

Tuckman's Team Development Model

- **How this model helps in practice?**
 - Helps staff understand that conflict in teams is normal.
 - Encourages better communication and cooperation.
 - Supports managers to guide teams through difficulties.
 - Improves teamwork, leading to safer and better patient care.

Practical Example of Working in Teams

- **Where would you use this skill?**
 - **Job role:** Healthcare Assistant (HCA)
 - **Setting:** Hospital ward (e.g. medical or surgical ward)
- **What might the situation be?**
 - A patient has just been admitted after surgery
 - They need pain management, monitoring, and basic care
 - Multiple staff are involved (nurse, doctor, HCA, physiotherapist)
- **How would you use the skill (working in teams)?**
 - Share clear information with nurses about the patient's condition
 - Follow instructions from senior staff accurately
 - Support other staff by helping with patient care tasks (washing, feeding, observation)
 - Communicate any changes in the patient's condition immediately

Practical Example of Working in Teams

- **How does the skill guide your actions?**
 - Encourages clear communication and teamwork during handovers.
 - Helps ensure everyone knows their responsibilities.
 - Promotes cooperation and respect among staff.
 - Ensures care is delivered safely and consistently.

Impact on care

- **Patient/service user experience:**
 - Feels safe, supported, and well cared for.
 - Receives timely attention and treatment .
 - Experiences less confusion due to coordinated care.
- **Safety, quality of care, and outcomes:**
 - Reduces risk of errors (e.g. missed observations or medication delays).
 - Improves recovery through coordinated care.
 - Ensures high-quality, continuous care from all staff members.

Importance of Working in Teams for My Employability and Career

- **Why this skill is important for employability?**
 - Teamwork is a key requirement in most health and social care job roles.
 - Employers expect staff to communicate and work well with others.
 - It shows you can be reliable, cooperative, and professional.
 - Helps during interviews and workplace assessments.
- **Why it is important for my future role in health and social care?**
 - Health and social care is always delivered by a team.
 - Supports safe, effective, and person-centred care.
 - Helps manage responsibilities in busy environments like hospitals or care homes.
 - Improves ability to work with different professionals (nurses, doctors, social workers).
- **Reflection on my own skill?**
 - **Strength:** I can work with others, share ideas, and listen to different opinions.
 - I feel comfortable contributing in group work and supporting others.
 - I understand the importance of cooperation in achieving goals.

Conclusion

Teamwork is essential in health and social care.

It improves safety, communication, and care quality.

Models like Tuckman help understand team behaviour Strong teamwork leads to better outcomes.

References List

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