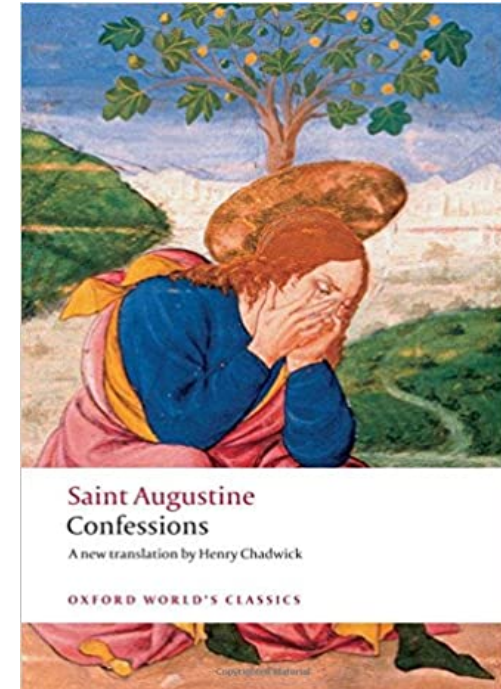


Confessing with St Augustine: The Sabbath Rest

Notes for Book XIII of Confessions

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Augustine's Confessions

Book XIII: Overview

Made of 38 chapters

- Ch. 1-2: Affirmation of God's unchanging nature and his importance of Augustine.
- Ch. 3-11: Trinitarian (again!) reading of the creation narrative
- Ch. 12-14: Humanity's long and difficult journey back to God
- Ch. 15-25: Creation narrative as metaphor for this journey
- Ch. 26-32 God will (and can) provide sustenance (and gifts) for this journey
- Ch. 33-38 Summary of and conclusion to The Confessions



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Augustine's Confessions

Book XIII: Key Themes

- Symmetry with Book I
- Whole book could be a prayer
- God is good so his creation is likewise good
- Ultimate (Sabbath) is only found in God
- Some things pull away from this rest (e.g. sexual desire)
- But some things pull towards this rest (e.g. the Holy Spirit)



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