



Student Newsletter

UWTSD LONDON – TRANSFORMING EDUCATION, TRANSFORMING LIVES

New Student Newsletter Tile on Moodle!

We are happy to announce a new way to stay updated with all the latest news and resources! We have created a "Student Newsletter" tile on Moodle under the "London Student Hall" section. This tile will make it easier for you to access the newsletter and keep track of important updates.



In the previous edition, you will find essential information and resources to help you settle in, including:

- Student Travel Cards: How to apply and save on your commute.
- Learning Support Drop-In Hours: How to get help with your coursework.
- Weekend Digital Skills Online Support: Opportunities to enhance your digital skills.
- Additional Resources: Campus opening hours, smoking policy, and more.

Make sure to check the "Student Newsletter" tile on Moodle regularly for the latest updates and information.

Visit the Well-being Station!

We are pleased to announce the launch of our Well-being Station, available every two weeks on Wednesdays from 12:15 PM to 1:45 PM. You can find us on the main floor, across from reception, under the stairs.

Upcoming Dates:

- 19th March, 2025
- 2nd April, 2025

This is a great opportunity for students to meet some of our team members and ask any questions related to well-being. We are also here to help if you need assistance with filling out a Support Request form.

Please note that this is not a crisis stop. If you are in immediate need of support, we kindly ask you to continue filling out the Support Request form by clicking [here](#).

We look forward to seeing you there and supporting your well-being journey!

Get EXAM READY!

Stress can seriously hinder performance when it comes to acing exams. It triggers hormones that affect focus, memory, and decision-making, leading to self-doubt and reduced confidence. Managing your stress isn't just about well-being—it's a key strategy for optimizing cognitive abilities and performing at your best during exams.

Over the coming week keep an eye out on our social media channels @UWTSDlib (Facebook, Instagram & Bluesky) for our studying techniques, tips and tricks! We'll share advice on managing stress and anxiety, studying techniques and support you can access. We'll also share a range of resources available to you in the library that can help you prepare and study for your upcoming exams.

Get exam ready by looking at our Exam Preparation Guide – [Exam Preparation Guide A](#)

Also if you have any study techniques, tips & tricks you want to share with us that we can pass onto students just scan the QR code below



Digital Skills Support

If you are not already acquainted, our Digital Skills Advisor for the London Campus is Michael Rodgers. He is available Monday to Friday for both in-person and online support. You can find him in the Library Office on Mondays, Tuesdays, Wednesdays, and Fridays. To book an appointment with Michael, you may visit the Library Office, email LondonDigitalSkills@uwtsd.ac.uk, or visit the London Digital Skills site.



Additionally, weekend support is available with an online Digital Skills Advisor on the following dates: 8th, 16th, 22nd, 30th March; and 5th, 13th, 26th April. To receive assistance on these weekend dates, you may email digitalskills@uwtsd.ac.uk for support on the day, or email in advance to book an online appointment. You may also speak with a Librarian on campus, who can contact the online weekend Digital Skills Advisor on your behalf.

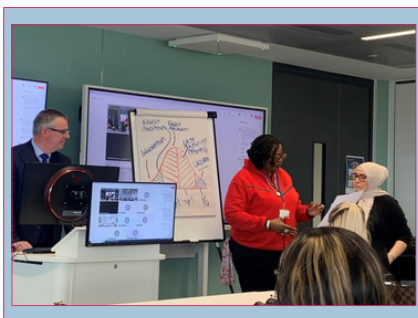


High-Performance Leadership workshop by the IHSCM for Health students

On Thursday 27th February 2025, a workshop on High Performance Leadership was provided by the Institute of Health and Social Care Management (IHSCM) in collaboration with Guys and St Thomas Hospital to UWTSD students from all the Health programmes, during their classes and online simultaneously.

Students had the opportunity to learn leadership excellence and workforce dynamics. Some of the topics included:

- The mechanics of change & how to positively embrace – PBP (prize, belief, pressure),
- How to develop a high-performance plan – the temple of planning, and tiny Noticeable Things and the 3 Rings model.



A student providing feedback to a group of Health and social care students about their presentation



John Wills posing with CertHE Health & Social Care and MSc Public Health and Social Care in Practice students



John Wills (CEO of IHSCM) posing with the CertHE AND BSc Health and Social Care students



John Wills giving a speech about Leadership excellence to MSc Public Health and Social Care in Practice

Approximately 180 students attended this workshop, and positive feedback has been received from the students who attended. All students will also receive a certificate of attendance to this workshop from the provider, the IHSCM.

We are looking forward to organising more workshops for our students, to enhance their knowledge and skills in practice, related to health and social care and leadership skills.

Patronella Ganza
Programme Manager CertHE
Health & Social Care

Note: This initiative was part of the UWTSD's Students' Experience Enhancement Fund (SEEF).

Academic Support for CertHE Business Students

We are pleased to offer dedicated academic support sessions for CertHE Business students to help you excel in your studies. The sessions started in Week 4 and will run until Week 11. Join us on the following dates to enhance your academic skills:

- Term 1 Students:
 - Date: every Thursday
 - Time: 11:00am to 12:00pm
 - Link: Join [here](#)

- Term 2 Students:
 - Date: every Wednesday
 - Time: 10:00am to 11:00am
 - Link: Join [here](#)

- Term 3 Students:
 - Date: every Friday
 - Time: 10:00am to 11:00am
 - Link: Join [here](#)



Don't miss this opportunity to improve your academic performance and gain valuable skills. We look forward to seeing you there!

Main Doors Now Operational

We are pleased to confirm that the main doors are now operational after an extended period. We appreciate your patience during this time.

- When entering: Please tap your card and wait for the doors to open automatically. Do not use your hands.
- When leaving: Please touch the exit pad and wait for the door to open.

To prevent any malfunctions, kindly refrain from opening or closing the doors manually.

Thank you for your cooperation.



Are you looking to become Microsoft office certified?

The university is providing an exceptional opportunity for final-year students to become Microsoft Office Specialists in the most widely used Office programmes. Now that you are near the end of your studies why not bolster your resume with this fantastic chance to gain some Microsoft qualifications through a short course, supported by the Digital Skills team.

This is a self-paced, self-directed programme, and you will have convenient access to the training materials, practice tools, and exams - all for free. This programme will be split into three blocks of four weeks, with exam slots at the end of each block. The idea is for you to concentrate on one office programme per block.

If you would like to find out more, please sign up to one of our introductory webinars listed below. There will be a webinar at the start of each block and exams at the end. During the session, you will get an opportunity to fill in the registration form to get started.

Learning block	Webinar
Monday 19th May to Friday 13th June	<u>Thursday 15th May 2025 at 2pm</u>
Monday 23rd June to Friday 18th July	<u>Wednesday 18th June 2025 at 2pm</u>

If you are unsure whether you want to take advantage of this offer or have any questions, please contact us at digitalskills@uwtsd.ac.uk.



Stay connected with us!

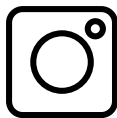
We've always been active on social media, sharing the latest events, news, student stories, academic support, job opportunities, and much more!

It's the perfect place to get the most up-to-date information and stay connected with our community. Don't miss out on any updates!

Follow us on social media by clicking on your preferred platform below:



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[Instagram](#)

CHECK OUT OUR SOCIAL MEDIA



[LinkedIn](#)



formerly [Twitter](#)

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