

Posterior

Maitland Abbreviations

PPIVM	Passive Physiological Intervertebral Movement
PAIVAM	Passive Accessory Intervertebral Movement
ULTT	Upper Limb (Neural) Tension Test
LLTT	Lower Limb (Neural) Tension Test
PACVP	Posterior to Anterior Central Vertebral Pressure
PAUVP	Posterior to Anterior Unilateral Vertebral Pressure
TVP	Transverse Vertebral Pressure
	Posterior to Anterior Movement (of Peripheral joints)
	Posterior to Anterior Movement (of Spine)
	Anterior to Posterior Movement (of Peripheral Joints)
	Transverse Movement to the Left or Medial
	Transverse Movement to the Right or Lateral
 CAUD	Longitudinal Caudad
 CEPH	Longitudinal Cephalad
Distr	Distraction
	Medial Rotation
	Lateral Rotation
	Right Unilateral Posterior to Anterior on Transverse Process
	Left Unilateral Posterior to Anterior on Transverse Process
	Right Unilateral Posterior to Anterior on Costovertebral (Costovertebral) Joint
	Left Unilateral Posterior to Anterior on Costovertebral (Costovertebral) Joint
	Right Unilateral Posterior to Anterior on Rib Angle
	Left Unilateral Posterior to Anterior on Rib Angle

Left or Medial

Right or Lateral

Anterior

(Hold this edge to your stomach)