

BENEFITS

- PUPIL HEALTH
- PUPIL BEHAVIOUR
- PUPIL MOTIVATION
- ABILITY TO LEARN + ACHIEVE
- HEALTHY MEALS IN SCHOOL LED TO A 15% REDUCTION IN ABSENCES DUE TO SICKNESS.

CHANGE 4 LIFE
→ SUGARSMART

LESSONS

- FEUIT TASTING
- ORIGINATE FROM
- FEUIT / FOOD FROM NEARBY WORLD
- FAIR TRADE FOOD.



THE NATIONAL HEALTHY SCHOOLS PROGRAMME IS A JOINT DEPARTMENT OF HEALTH + DEPARTMENT FOR CHILDREN, SCHOOLS + FAMILIES TO IMPROVE HEALTH, RAISE PUPIL ACHIEVEMENT + SOCIAL INCLUSION.

CHILDREN IN PRIMARY SCHOOLS ARE 3X MORE LIKELY TO CONCENTRATE IN THE CLASSROOM AFTER IMPROVEMENTS TO FOOD.