

NAME: MADIHA YOUSUF

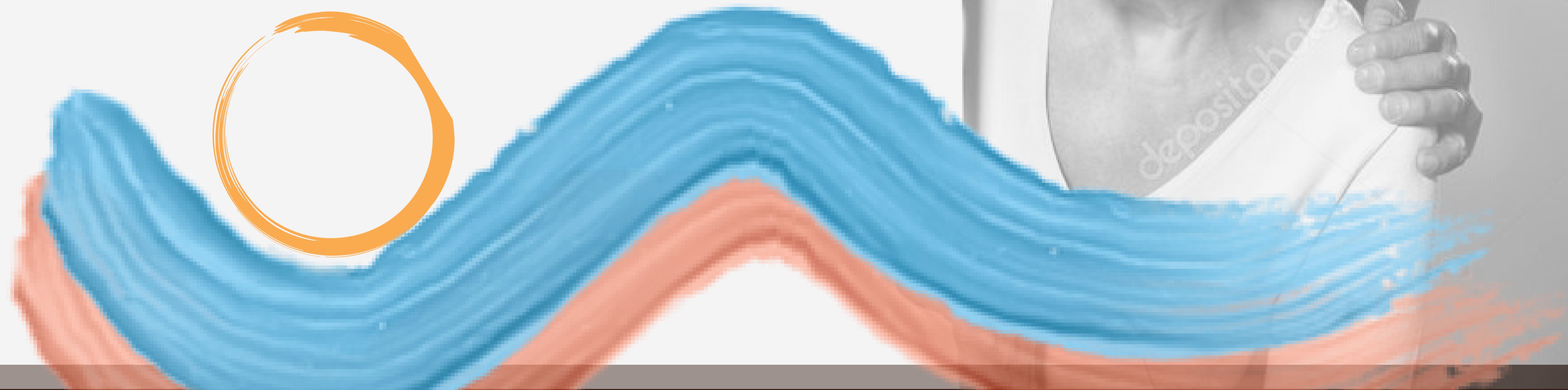
STUDENT NO: 1911360

MODULE: LIVING WITH CARE: THE OLDER PERSON

MODULE CODE: BMHP6009_BIRM

LECTURER: JOANNE DAVIES

ASSIGNMENT TITLE: INDIVIDUAL POSTER



What Can Help?

- Charities (Alzheimer's Association, Age)
- GP
- NHS (25)
- Older People's Mental Health team (24)
- Independent mental capacity advocate (20)
- Lasting power of attorney (LPA) (21)
- Family and loved one's support
- Become Personal Carer
- Personal Centered Care (23)
- Dementia-friendly buildings
- Technology

(32)



Signs and Symptoms of Dementia

- Memory
- Attention
- Communication
- Reasoning
- Judgment
- problem-solving
- changes in vision (3)

(31)



How To Prevent Dementia

- Stop smoking (10)
- Stay at a healthy weight
- Get plenty of exercises (13)
- Eat healthy food. (9)
- Cinnamon (7)
- Managing health problems (diabetes, high blood pressure) (8)
- Staying mentally alert
- Stay involved socially
- Aspirin Medication (12)

(33)



STRUGGLING TO REMEMBER? HAVE YOU HEARD ABOUT

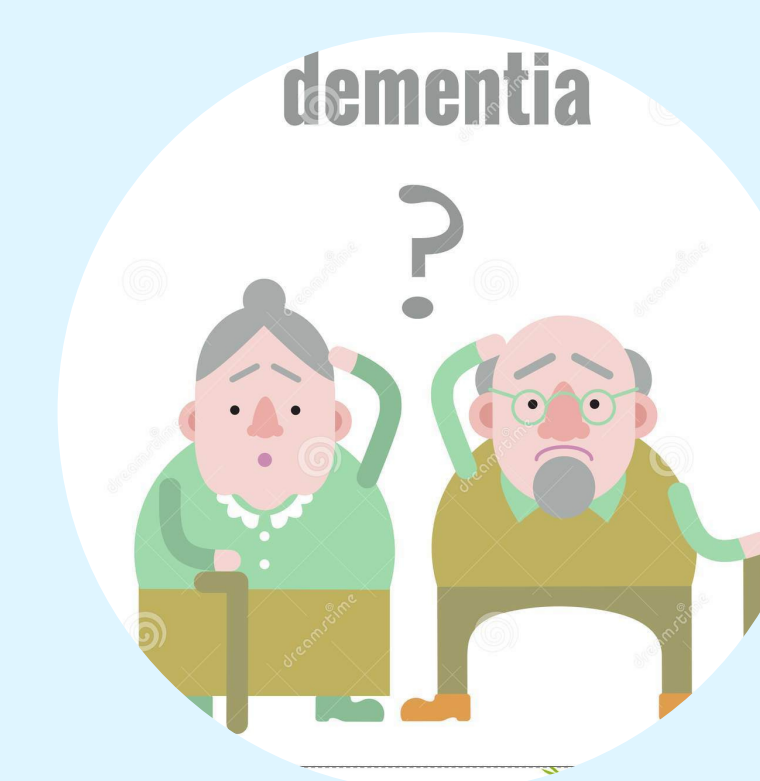
DEMENTIA

ONE IN 14 PEOPLE OVER THE AGE OF 65 HAVE
DEMENTIA (1)

Causes

- Age
- Family History
- Race/ Ethnicity
- Poor Heart Health
- Traumatic brain injury (4)

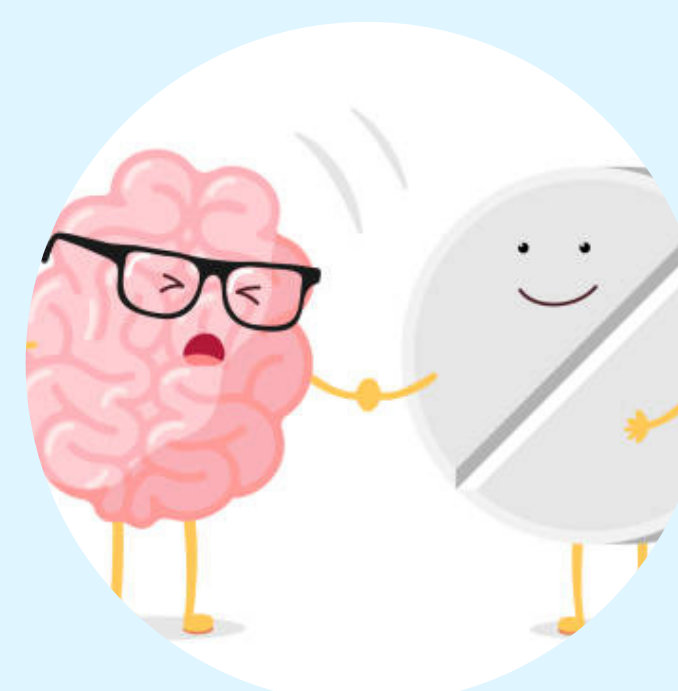
(29)



Diagnose and treatment

- Health Care Team (6)
- Physical exams (6)
- No Cure
- Medication
- Therapies (34) (25)

(30)



(28)



Types of Dementia

- Alzheimer's disease
- Vascular dementia
- Lewy body dementia
- Fronto-temporal dementia
- Mixed dementia
- Reversible causes (2)

For Dementia Help and support Please Call 0333 150 3456

PLEASE VISIT FOR MORE INFORMATION AT WWW.ALZHEIMERS.ORG.UK

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