

Assessment Component 1

Case study - REPORT

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INTRODUCTION

The report that will focus your attention. Will be located not far from London, place called Portsmouth.

Troubled families: Portsmouth



Ministry of Housing,

Communities and Local Governments published on the 1 of May 2014 a case study of single mum with three children.

The case study is focused on how mum with mental health can affect and reflect dramatically to all members of the family.

The reason of this family to get to this situation of needing help from different institution and protective Acts. (will be provided later in this report).

Is that the mum where having mental health difficulties. Which helped the mum to struggle of paying the rents. Of the property that she and her 3 children are living. During the condition that the mum where having she did not have any motivation of having job and earn some money for her children.

The children have been taken from her. After this to all mental conditions that the mum had, anxiety of been separated from her children.

CASE STUDY

Now all will introduce you to the story of the Portsmouth Mum and her 3 children.

Mum with mental health, condition which lead her of being without job poor conditions of living not working cooker or hob. The children did not visit the school as the mum where having anxiety of being a way from her children the youngest where not attending the nursery.

The oldest daughter where looking after the 2 younger than her.

According, to Social Services. On first position is child protection plan.

“A parent or other adult family member or an older child may request family support services from social services at times of stress or for help regarding a particular child or family problem.” (Family Lifes, 2022)

In many cases when a person can be detained, also known as sectioned, under the Mental Health Act (1983). Under this act people can be treated without their conformation.

EVIDENCE

“The Mental Health Act (1983) is the main piece of legislation that covers the assessment, treatment and rights of people with a mental health disorder.” (NHS, 2022)

People under Mental Health Act need immediate treatment as this people are at risk of harm to themselves or others. (NHS,2022)

“October 2017 Sir Simon Wessely did independent review of Mental Health Act (1983). Actions have been recommended reduce detentions under the Act. The Department of Health and Social Care asked the review to be able to give recommendations for improvement:

- rising rates of detention under the act
- the disproportionate number of people from black and minority ethnicities detained under the act
- stakeholder concerns that some processes relating to the act are out of step with a modern mental health system.” (Garratt,Laing,. 2022, pp 10-12)

Later when the children have had stop going to school during the mum exsaenty of not having her children around.

And here it comes. The Ministry of Housing, Communities & Local Government send officer to support the mum first to understand what is happening at the place they are all living.

(Ministry of Housing, Communities & Local Government, 2014)

Responsibilities

Driving up housing supply.

Increasing home ownership.

Devolving powers and budgets to boost local growth in England.

Supporting strong communities with excellent public services.(GOV.UK, 2022)

Standing the front of the cace that I choose to work with. The biggest risk for this mother and her 3 children is that the condition of the mum can effect their growing process.

According to Cressida Manning and Alain Gregoire.

Children can be permanently effected if the parents are suffering from mental disorders. This children may also have anxiety/ depression.

However, based in all research that the scientist have made is taht the parents are strongly connected to the mental health of child. More specific depression.

Parental mental illness has been shown to affect attachment formation and the cognitive, emotional, social and behavioural development of children.

ANALYSIS

NSPCC, are providing early visiting or early interventions to the victim family. This early help can be provide at any emerges. This help can be supporting a child at any stage and moment.

United Kingdom as a nation dose not wait till the family situation escalate and become dangerous for the children and young people.

This early help can be provide to all members of the family, but the outcomes are focus mainly to the children.

Protective factors can reduce risk to a child's wellbeing.

They include:

Having a strong social support network for the family – including support

For good parental mental health

Income support, benefits and advice

Good community services and facilities

Developing strong social and emotional skills.

Early intervention can also protect the child from having problem when return from the care institution into their homes.

Example of early help: home visiting programme, school-based programmes, mentoring schemes. (NSPCC, 2022)

At this specific case that I work with the author did not mention when was the exact moment, of the actions that have had been taken.

However, that actions that have been taken did not take longer to get better. The mum had family worker working very hard to create a relationship with the mum. Firstly to understand what is happening with her home that she share with 3 children. The family worker helped her to build back her life. Such as: appointments with professionalises , children been back to school for the youngest had new nursery close to where the family is living.

The study that I found related to my case, about the impact financial and single parenting.

This study is based on 15 single parents all same structured. During the interviews that have been done had been used constructivist thematic analysis. All this people describe food and fuel as a big shortage, they did not forget to mention how hard is to cover all the children needs. In some of the participants life where even struggle to pay their bills. All this humans where described with Isolation, anxiety, depression, paranoia, and suicidal thoughts.

“Support for single parents must acknowledge the impact of social circumstances and give more consideration economic drivers of distress.”

According to NSPCC the impact of parental mental health. Many of this parents are able to manage the condition the have and put at minimum the impact of their children.

However, the mental health issues can touch children differently depend of the mental condition. This can change the personality of a child depend of the age and the stage of the growing child.

In some cases the mental health problems are along with different barriers such as:

- divorce or separation

- unemployment
- financial hardship
- poor housing
- discrimination
- a lack of social support
- domestic abuse
- substance misuse (NSPCC, 2021)

The Department for Education (DfE) is responsible for child protection in UK. It is group of policy, legislation and statutory guidance on how the protection for children should work.

Examples:

- the integrated care board
- (ICB, previously clinical commissioning group or 'CCG')
- the police.
- the local authority

Having this responsibilities they must coordinate with all the relevant agency of how effective is to protect children in high risk of harm.
(NSPCC, 2022)

EVALUATION

Based on what I have read and all the videos that I have watched to got the right information of what and how is the best way of helping this mother and 3 children to be able to have their life back.

As most people which will read the case that I have choose to study on. Will ask the same question. Why not early and how she is coping with the money for the mount.

I agree from the where the family worker started, how step by step got the trust of this woman with mental health problems.

However , here is my disagreement. Had to be earlier the family did not had a working oven and maybe many other things which did not had been provided in the text. But we can have a simple picture of how this “home” where looking. With 3 children around.

According to NHS, Support for single parents.

- “accept help from relatives and friends willing to lend a hand for time out, babysitting and school runs
- suggest a "swap" arrangement with another parent, so you take it in turns to look after each other's children
- suggest a regular evening's babysitting by a trusted relative or friend
- ask friends and relatives if they'd be happy to have your child stay overnight sometimes” (NHS, 2022)

CONCLUSION

To conclude all the information I have given in this report. The family had chance of not beefing at this situation if all the odanisation and agency are having more stuff to be able to cover larger areas of people. However, here at the end for one more last time I will mention this mum with 3 children. Which at the end had chance of changing the life they had to live for a while. Cases like this are helping to understand and wanting to know how differed organisations and institution are working as one to support children and adult. Respect.

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APPENDIX

Portsmouth

Progress in Portsmouth helping troubled families turn their lives around.

From:

[Ministry of Housing, Communities & Local Government](#)

Published

1 May 2014



The family

Single mum with 3 children.

The situation

Mum had recurring mental health problems and was struggling to manage everyday tasks. She was in debt - including an eviction notice for rent arrears. Her mental health had affected her motivation to work; the conditions at home were poor and there was no working cooker.

364 words

Her children were not attending school due to mum's anxiety about being separated from them and the youngest was not in nursery. The family was known to social services and there was concern about mum's capacity to meet her children's needs. The eldest daughter was often caring for the other children.

Work with the family and results

The family worker focused on developing a good relationship with mum to understand what was happening in the home. She worked hard to build the kind of relationship that allowed her to challenge mum's behaviour without alienating her. She helped her get to her health appointments which helped mum manage her anxiety. She helped mum move the children to a new school and nursery nearer to their home and then accompanied her on the new school run so mum could overcome her anxiety about the change. As a result of the support she received, the children's school attendance is now at 100% and they are progressing well. The eldest child is no longer caring for her younger siblings and the youngest has started nursery.

Conditions at home have improved greatly and mum is receiving the right support for her mental health problems. Mum has set up a payment plan to get back in control of her finances and social services are no longer concerned about her parenting. Mum is now volunteering as a first step to returning to work.

364 words

Progress turning troubled families' lives around in Portsmouth

The chart below shows progress made in Portsmouth as of March 2014.

[Change to table and accessible view](#)

Total number of families	555
Number of families identified as at end of March 2014	555
	371

119

Published 1 May 2014

364 words

