

**REFLECTIVE JOURNAL
TASKS PRESENTATION
By: Eyasin Hussain**

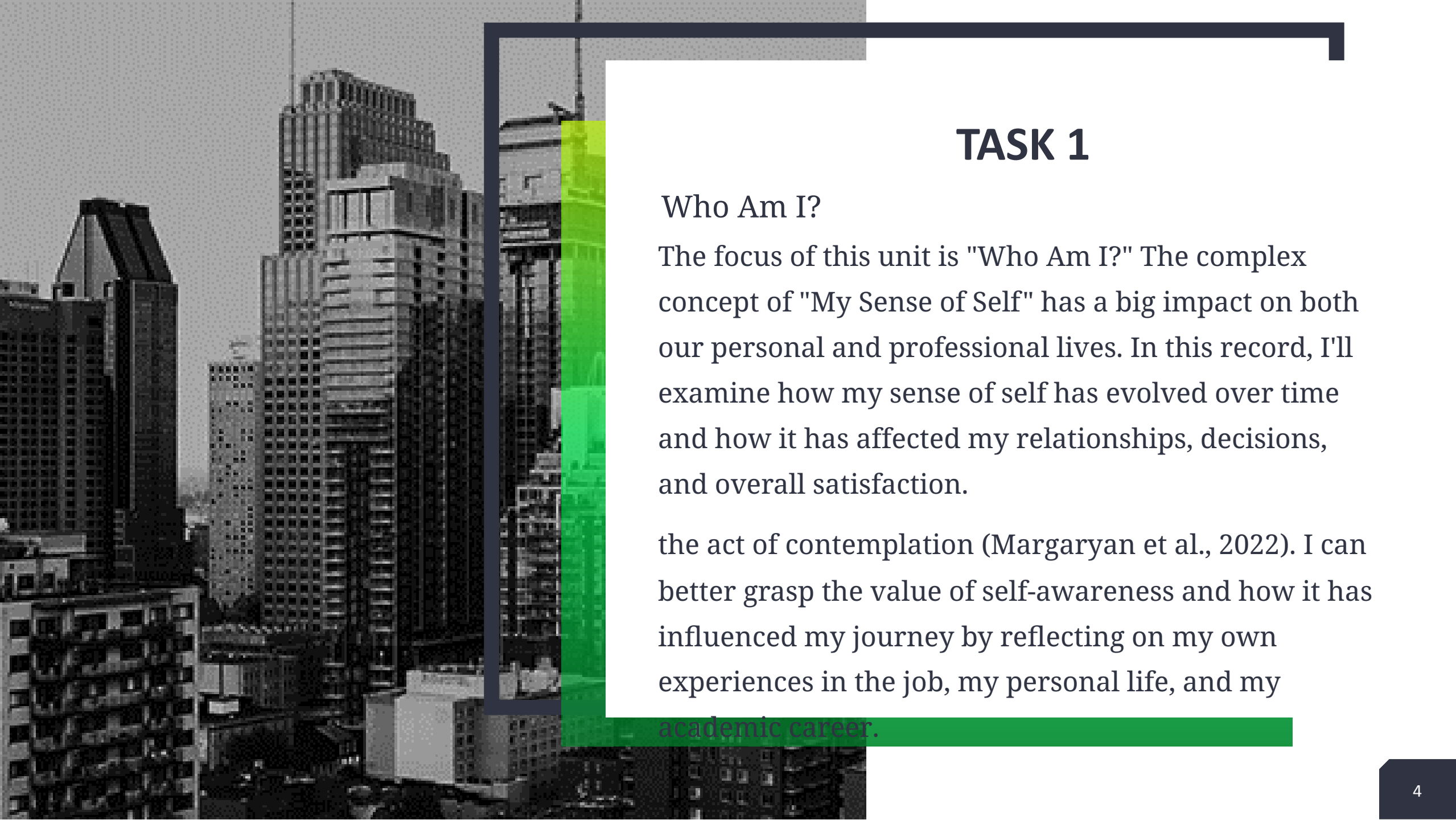
TASK 1-4

INTRODUCTION

This reflection report will look at how the first four units have influenced the way I live. Self-awareness, narrative, fundraising, and closing the circle were among the lessons. Through the lens of my work and personal experiences, I hope to gain a greater understanding of these concerns.

Life and my educational institution, according to Plant et al. I need to understand who I am in order to advance professionally and personally. I can better match my behaviours and objectives with my true self by drawing on my values, beliefs, and talents. I can make informed judgements, pursue worthwhile chances, and find a sense of purpose





TASK 1

Who Am I?

The focus of this unit is "Who Am I?" The complex concept of "My Sense of Self" has a big impact on both our personal and professional lives. In this record, I'll examine how my sense of self has evolved over time and how it has affected my relationships, decisions, and overall satisfaction.

the act of contemplation (Margaryan et al., 2022). I can better grasp the value of self-awareness and how it has influenced my journey by reflecting on my own experiences in the job, my personal life, and my academic career.

INTRODUCTION

Considering the question "Who am I?" "My Sense of Self" is a journey of self-discovery and personal growth that will transform life. Many facets of my life, including the employment, my goals for my schooling, and my relationships with others, have been greatly impacted by acknowledging and accepting who I am.

This increased self-awareness has given me the ability to make informed decisions, forge significant connections, and choose a course that is consistent with my goals and values. It has paved the road for hardness, self-assurance, and contentment. I intend to develop and deepen my awareness of my sense of self in the future as a compass for my continuous success and growth. I may enhance my interactions, decisions, and all-around wellbeing by continuing to be open to self-reflection and continuous improvement.

TASK 2

Story-telling

I have always found the subject of narrative in Unit 2 to be fascinating. It is a style of art that has existed for a very long time and been handed down through the generations. In this journal, I'll examine the function of storytelling in various spheres of my life, including my own life, my location of employment, and my academic institutions. Examining my own personal experiences with storytelling will help me to understand how it may be utilised to inspire, educate,

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- Storytelling is essential for effective leadership and workplace communication. I know firsthand how a well-told narrative can captivate a crowd, convey a potent message, and inspire significant change. Using narrative techniques in a speech, sales pitch, Any team gathering might captivate the audience's interest and energise them. As a manager, storytelling has helped me establish a more personal connection with my employees. By sharing personal anecdotes or tales that support the objectives of our organisation, I have been able to inspire and knit my team together (Margaryan et al., 2020). Stories may elicit emotions, generate ideas, and give employees a6

TASK 3

Making artistic ideas a reality requires understanding the "Funding Your Idea" lesson from Unit 3. It considers the challenges of obtaining financial assistance in order to bring a concept to life. I will discuss my professional funding experiences and takeaways from the workplace in this reflective diary, as well as a personal life and a place of learning. I wish to develop a better grasp of the approaches and elements needed in bringing my ideas to life by thinking about the funding options and challenges.

TASK 4:

CLOSING THE LOOP

In the unit 4's "Closing the Loop" topic, the importance of feedback, evaluation, and continued progress in many contexts is discussed. In this diary, I'll concentrate on my own experiences in the profession, my personal life, and my academic career to better understand the importance of ending the cycle in promoting development, learning, and growth. By comprehending the advantages of reviews and feedback, I want to be better able to identify areas for improvement and implement constructive changes.

To effectively close the communication gap in the work environment, a cycle of feedback must be established that encourages continuous improvement and enhances the performance of both individuals and organisations. As an employee, I have witnessed how effective feedback and evaluation techniques foster personal development.
both individually and in the workplace.

TASK 4

Also, closing the circle means giving feedback to others and promoting a culture of open dialogue and continuous learning throughout the whole organisation. I have helped my coworkers grow and improve by giving them feedback that was helpful. This feedback loop helps people work together, builds stronger relationships, and improves the team's total performance. In my personal life, closing the circle means thinking about myself, examining myself, and getting feedback from people I can trust. I learn more about my strengths, flaws, and areas for personal development by reflecting on my actions, behaviours, and choices. Getting feedback from peers, teachers, and family members allows me to learn new things and spot where I am missing the mark. Insights that can help me grow personally are provided by honest and helpful feedback. It helps me figure out where I can improve, make changes, and strive for personal greatness. To close the loop, people also need to set personal goals, track their progress, and acknowledge their successes. Regularly assessing my progress towards these goals allows me to make the changes I need to make while still keeping my eye on my aspirations (Margaryan et al., 2022).

CONCLUSION

- Thanks to each task addressed in Units 1-4, I now have a better grasp of many facets of my life. Knowing who I am helps me act in accordance with my ideals and pursue good endeavours. Through the power of story, I can engage with people, gain their trust, and I want to make my opinion really clear and inspire people to change. Success depends on relationships, and getting finance is essential for making ideas a reality. Last but not least, completing the feedback loop through measurement and continuous improvement promotes personal and professional development in all facets of life. I can enhance my self-awareness, speaking abilities, funding techniques, and commitment to lifelong learning by using what I have learnt in these workshops.

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THANK YOU