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Module Code: LCHS4001

Module: Academic and Employability Skills

Lecturer: IG

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Complete the template below (use the prompts in the Task 2 information document to help)

- Take your time, there is no limit – you have until Friday of Week 8 to submit
- Use any notes you have already made to help
- The boxes will expand when you type

Section	Your response (Use your own words!)
1. Research	When I started researching my topic for Task 1, my main aim was to really understand what a Physiotherapist does and why this role is important in Health and Social Care. I looked at reliable places like the NHS website, professional organizations, and different educational pages. To make sure the information I found was trustworthy, I used the CRAAP Test. It helped me check how recent the information was, who wrote it, whether it was accurate, and what the purpose of the source was. This made me feel more confident that I was choosing good, reliable material. I also searched on Google Scholar using phrases like "physiotherapist role UK" and "NHS physiotherapy responsibilities". By using different platforms, I gathered enough information to understand the topic and to build my presentation.

2. Presenting	For the presenting part of the assignment, I created my slides in PowerPoint on my iPad. I tried to keep everything clear and simple by using short bullet points and adding images that matched the topic. Recording my individual video was quite new for me, and honestly a bit challenging, but it helped me practise speaking clearly and controlling my timing. I recorded several times until I felt comfortable with the way I sounded. This process helped me gain more confidence and taught me how to structure my explanation so the audience can follow it easily.
3. Challenges you faced	One of the biggest challenges for me was finding sources that were both academic and trustworthy. There is a lot of information online, but not everything is reliable. At first, I found it difficult to judge things like accuracy and authority when using the CRAAP Test. Another challenge was the technical side — recording the video on my iPad and making sure it followed all the requirements. Staying within the five minute limit was also not easy ,because I had to shorten my explanation without losing important points.
4. Actions to improve	To improve my research skills, I want to use more specific search words and rely more on academic sources like Google Scholar and NHS Library. I also want to get better at Harvard referencing so that I can reference my work correctly. When it comes to presenting, I want to improve my fluency and reduce pauses. I also want to make my future slides cleaner and more consistent so that they look more professional.
5. Further steps needed to Prepare for Task 3	Further steps needed to prepare for Task 3 For Task 3, I need to gather more detailed information about the work of a Physiotherapist, including where they work and the7 skills they need. I also want to carefully check the template from my tutor and make sure I follow every instruction. Practising the CRAAP test more will

	help me justify my choice of sources. Another important step is improving my organisation and time management, so I can complete Task 3 confidently and at a high standard.
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