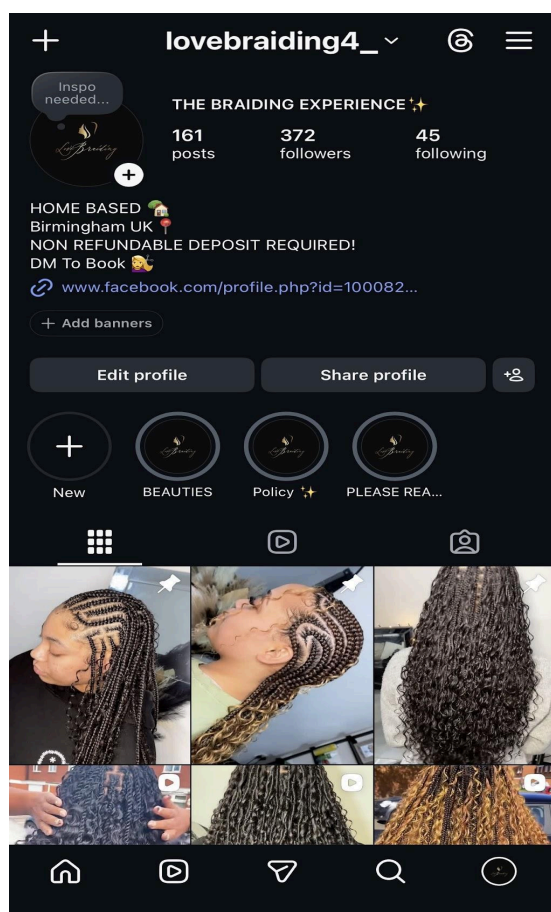


DS 1 Template

My Screenshots/Photos

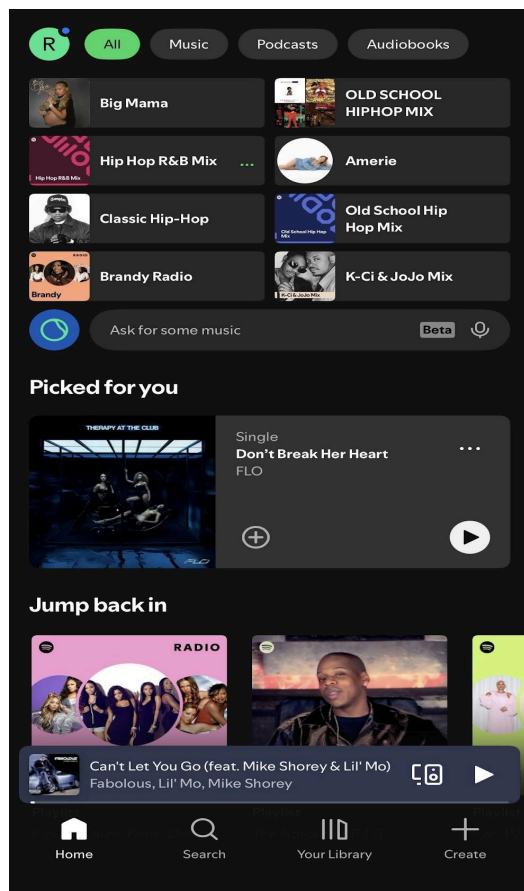
- Please add 4–6 screenshots or photos of your digital life.
- You can use your phone or laptop.
- For each screenshot, write one or two sentences explaining what it shows.

Screenshot/Photo 1



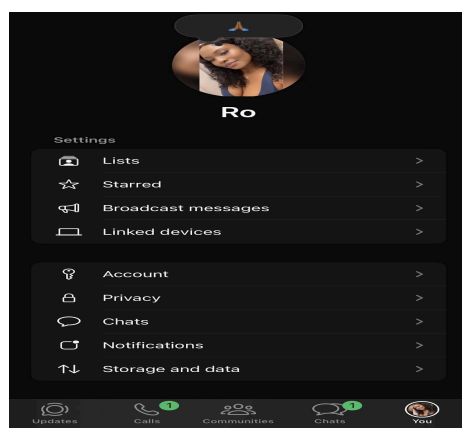
This photo is a screenshot of my Instagram business page. I use Instagram to promote my business to show off my skills and attract new clients. I also use it to keep up with the latest products and hairstyles.

Screenshot/Photo 2



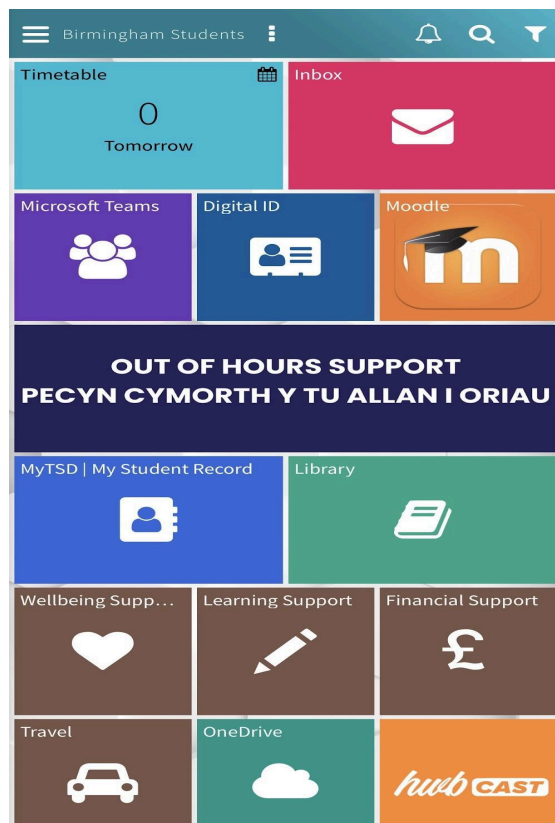
This photo is a screenshot of my spotify. I use this app to listen to music as music helps me focus and puts me in a good head space.

Screenshot/Photo 3



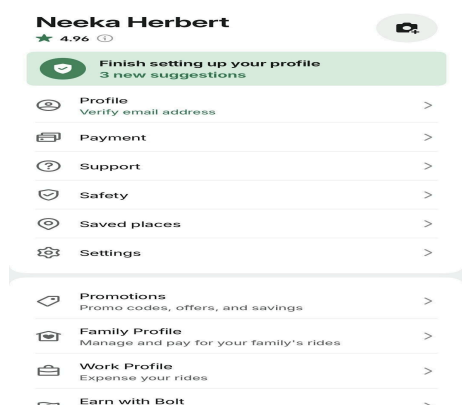
This is a screenshot of my Whatsapp. Whatsapp is a big part of life as it's the only app most of my family uses to communicate with each other. I also use Whatsapp to communicate with clients who do not have social media.

Screenshot/Photo 4



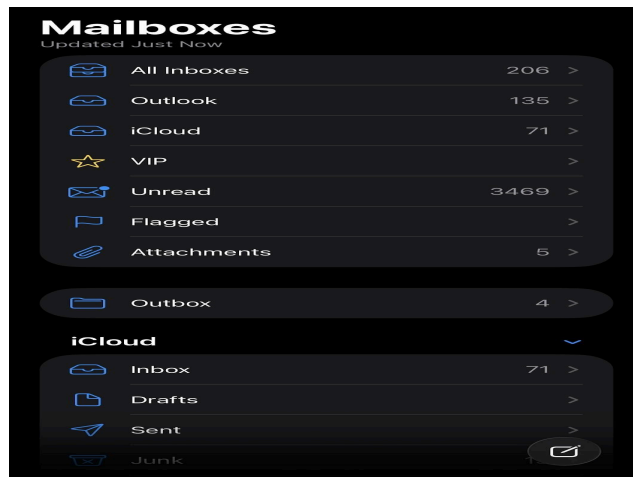
This photo is a screenshot of my University App called UWSTD Hub. This app has now become a part of my digital life as I use it to check assessment information, timetable and also to access moodle.

Screenshot/Photo 5



This photo is a screenshot of my bolt account. I use this app frequently as my public transport as I find buses to be unreliable and i dont currently drive at the moment.

Screenshot/Photo 6



This is a screenshot of my email account. I use my email frequently to send and also receive important messages. It is also a way for me to keep up with my bills that are now digital.

My Short Reflection

- Write 5–8 simple sentences about your digital life.
- You can use the sentence starters below if helpful.

I use digital tools to communicate with family and also create and edit new content for my business. I also use digital tools to research information and support my studies at university.

Digital skills are important to me because it helps me with my business such as attracting and communicating with new and existing clients. Digital skills are important as it is now a part of my everyday life and I hope to learn more during my time at UWTSD.

Sentence starters

- I use digital tools to ...
- I feel confident when I ...
- I want to improve ...
- I often use these tools: ...
- I sometimes feel nervous about ...
- I hope this module will help me ...
- Digital skills are important for me because ...

You can write more if you want.

Submission Checklist

Before you submit, please check:

- ☐ I added 4–6 screenshots
- ☐ I wrote short sentences for each screenshot
- ☐ I wrote my short reflection
- ☐ My work is my own
- ☐ My file opens correctly
- ☐ My file opens correctly