
LCHS4009: SELF AWARENESS
PRESENTATION

CAREER GOAL: REGISTERED
CHILDREN'S NURSE.

NAME: SAMARA NAOMI
MORGAN

STUDENT NAME: STU

DATE: 19TH OCTOBER 2026.



INTRODUCTION & CHOSEN CAREER.

- For my chosen career, I have chosen to become a registered children's nurse within the UK health and social care sector, children's nursing is a specialised role focused on caring for infants, children, and young people up to the age of 18, across a range of health care settings including hospitals, community services and specialist clinics. It involves not just treating physical illnesses but also, providing emotional support to both the child and their family. Advocating for their needs and working closely with other healthcare professionals to deliver safe, compassionate care. I found a current job advert for a children's nurse position at Sandwell and general hospital, part of the Sandwell and West Birmingham NHS trust. This role particularly stood out because it is local to me and reflects the kind of community focused nursing, I hope to build my career around. The advert highlights key requirements such as, effective communication, the ability to work flexibly as part of a multi-disciplinary team, empathy and resilience, these are all qualities I am actively developing throughout my studies.
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SWOT ANALYSIS: STRENGTHS.

- I believe my greatest strengths lie in my natural empathy and patience. Working with children especially, those who may be frightened or in pain, this requires a calm, gentle approach, and these are qualities that come naturally to me. I am a good listener, which helps me understand not just what a child needs, but how they're feeling too. Alongside this, I am reliable, honest, and committed to doing things to the best of my ability. I have good organisational skills from balancing my studies with family responsibilities, and I am comfortable working both independently and a team player. Being a mother has also taught me how to stay calm under pressure, how to be adaptable, and how to communicate gently but effectively. These are the skills I know will be incredibly valuable in this line of work.
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SWOT ANALYSIS: WEAKNESSES.

- One area I recognise is that I am still developing my confidence with speaking to large groups or in formal situations. I sometimes find it hard to say no or set boundaries because I want to help everyone, which could potentially lead to talking on too much. Additionally, while I am growing in this area, I am still building my confidence with certain clinical procedures and medical terminology. Simply because I am still learning and have not yet had the chance to practise these in a real professional setting every day.
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SWOT ANALYSIS: OPPORTUNITIES.

- There are several great opportunities available to me right now. My university offers regular work placements in local hospitals, which will give me hands on experience and help me become more familiar with clinical environments. There are also short courses, volunteering roles, and additional workshops I can join to build my knowledge and confidence further. Being a local resident, I am well placed to access volunteering opportunities at Sandwell hospital, which would let me meet professionals and see the role in action before I qualify. There is also a growing demand for children's nurses across the west midlands, meaning there are clear career pathways and ongoing professional development once I qualify. I can use my strengths, my empathy, patience and reliability to make the most of these opportunities, getting involved, asking questions, and building practical experience alongside my academic learning.
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SWOT ANALYSIS: THREATS.

- I am aware there are challenges too. The healthcare sector is currently very busy, and nursing can be emotionally and physically demanding. Burnout is a real concern if selfcare isn't prioritised. There is also the financial pressure of studying while supporting my family, and balancing university deadlines with parenting responsibilities can sometimes feel overwhelming. Furthermore, changes to NHS funding and training pathways could potentially affect the availability of placements or future job roles. However, I can minimise these threats by being organised, setting clear boundaries, and making sure I take time, so I stay well. I also plan to build a strong support network of peers and tutors, so I have people can turn to when things feel difficult. My determination and passion for this career will help me stay focused even during the hardest times.
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HOW I WILL USE MY STRENGTHS.

- My strengths are my most valuable tools in overcoming my weaknesses and navigating challenges. For example, because I am patient and willing to learn, I can take my time building my confidence with medical terms and clinical skills rather than rushing or feeling defeated.

My empathy helps me connect with others, which means I can ask for help when I need it and build positive relationships with tutors and placement mentors who can support me. Instead of seeing my nervousness in presentations as a barrier, I can use my caring nature to focus on the message I am sharing rather than myself, shifting my focus outward actually helps me feel calmer, when things feel stressful my resilience, built through managing family life and study together will keep me going, by utilising my strengths. Every day, I can turn them into habits that naturally reduce the impact of my weaknesses and helps me move forward in my career.

CONCLUSION

- In summary, this swot analysis has helped me see clearly where I am now and what I need to work on. I bring real strengths in empathy, reliability, and communication, all central to being a good children's nurse. I know I have areas to grow particularly around confidence and professional experience , but I also have clear opportunities to develop these through placements, volunteering and on-going learning. The challenges I may face are real, but with good planning, self care, and support, they're manageable. This careers means a great deal to me, and this analysis has only confirmed that with hard work and self awareness, I have the foundation I need to succeed.
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