

Student Number
1904059
ECPR 7004

Research Methodology

It's a Piece of Cake!

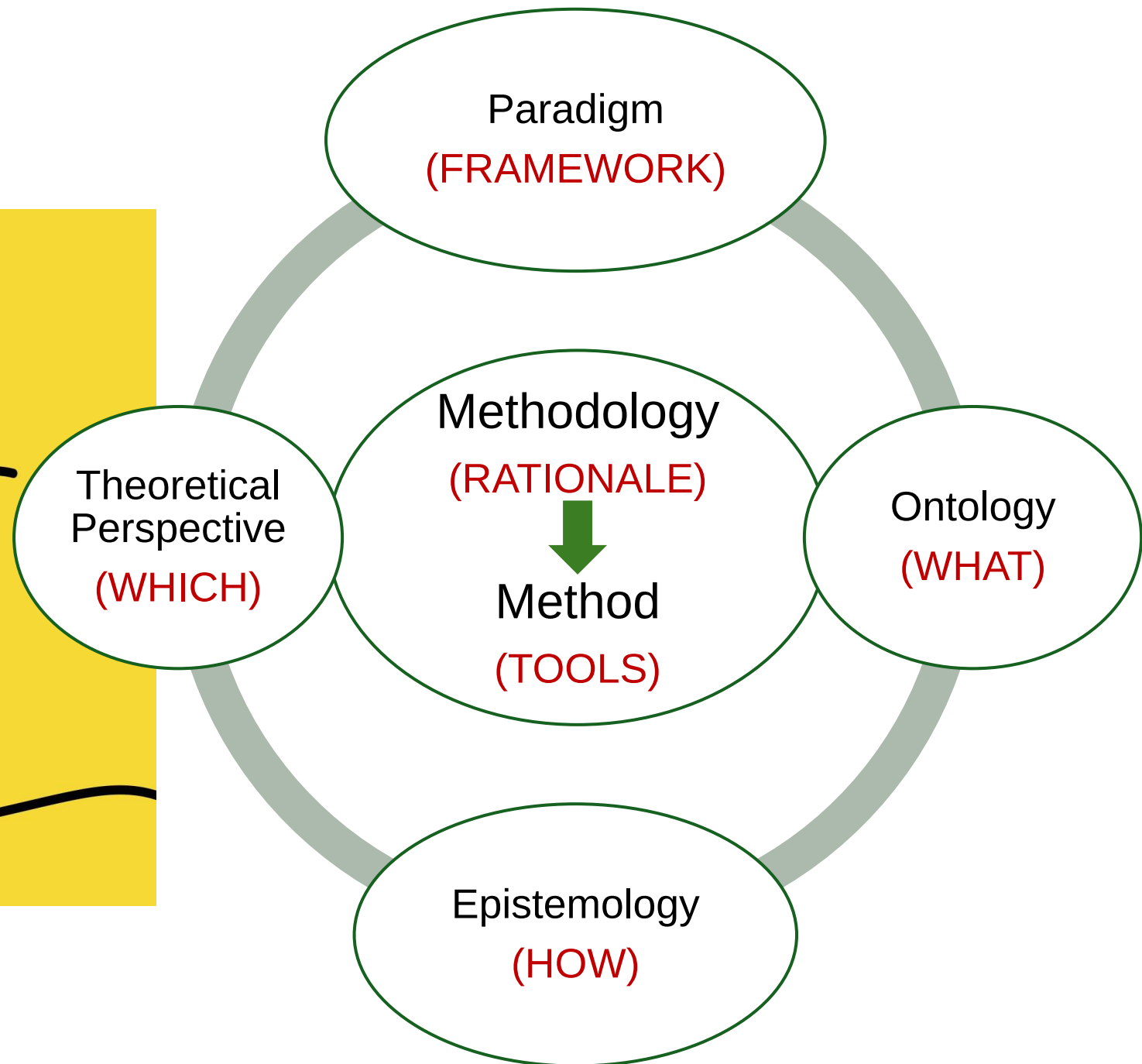
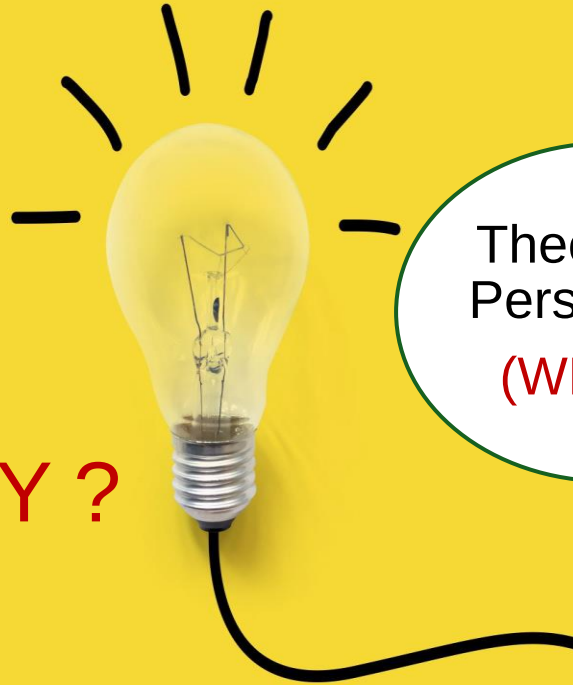


We will be looking at:

- Research Paradigms
- Narrative Inquiry
- History of Narrative Inquiry
- Pros & Cons
- Research Application



WHAT IS RESEARCH METHODOLOGY ?



RERSEARCH METHODOLOGY

‘methods are tools in a researcher’s toolkit,

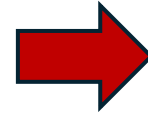
and it is

the researcher’s methodology (theoretical
perspective) which determines

how the tools (methods) will be used to best

address the issue (research problem)’

(Bailey-Rodriguez, 2021, p. 144)



WHICH CAKE
ARE
YOU?



What Cake Am I ?

What Methodology Underpins my Values and Beliefs



‘We are naturally drawn to stories because it helps make ideas easier to understand’

(Yamagata-Lynch *et al.*, 2017, p. 2 cited in Pino Gavidia & Adu, 2022, p. 2)

NARRATIVE INQUIRY



Socially Constructed

Experiences

Inform

Living

Telling & Retelling

Historical Development & Theoretical Underpinnings

Narrative Inquiry is defined as ‘any approach to research that makes use of stories or storytelling’

(Benson, 2018, p. 597)

Dewey (1938)

Polkinghorne (1988)

Connelly & Clandinin (1990, 2004)



(Image taken from Editverse, 2025, np)

Creation

Co-Creation of Knowledge

No Singular Truth

Negotiation & Experience

‘Stories are an integral part of human thinking and meaning-making, and furthermore, critical to the construction of identity and self ‘

(Lima, 2023, p.777)



(Image taken from Editverse, 2025, np)

Interaction

Continuity

Personal

Social

Past

Present

Situation/Place

(Connelly & Clandinin , 2004; Haydon & van der Riet, 2017; Pino Gavidia & Adu, 2022)

NARRATIVE INQUIRY APPROACHES



INDUCTIVE

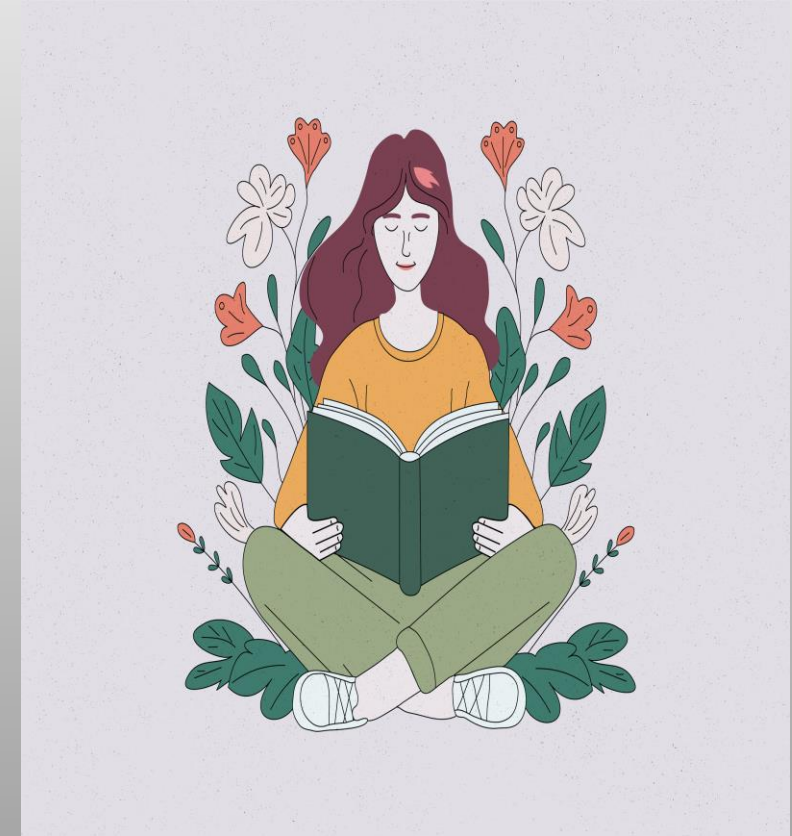
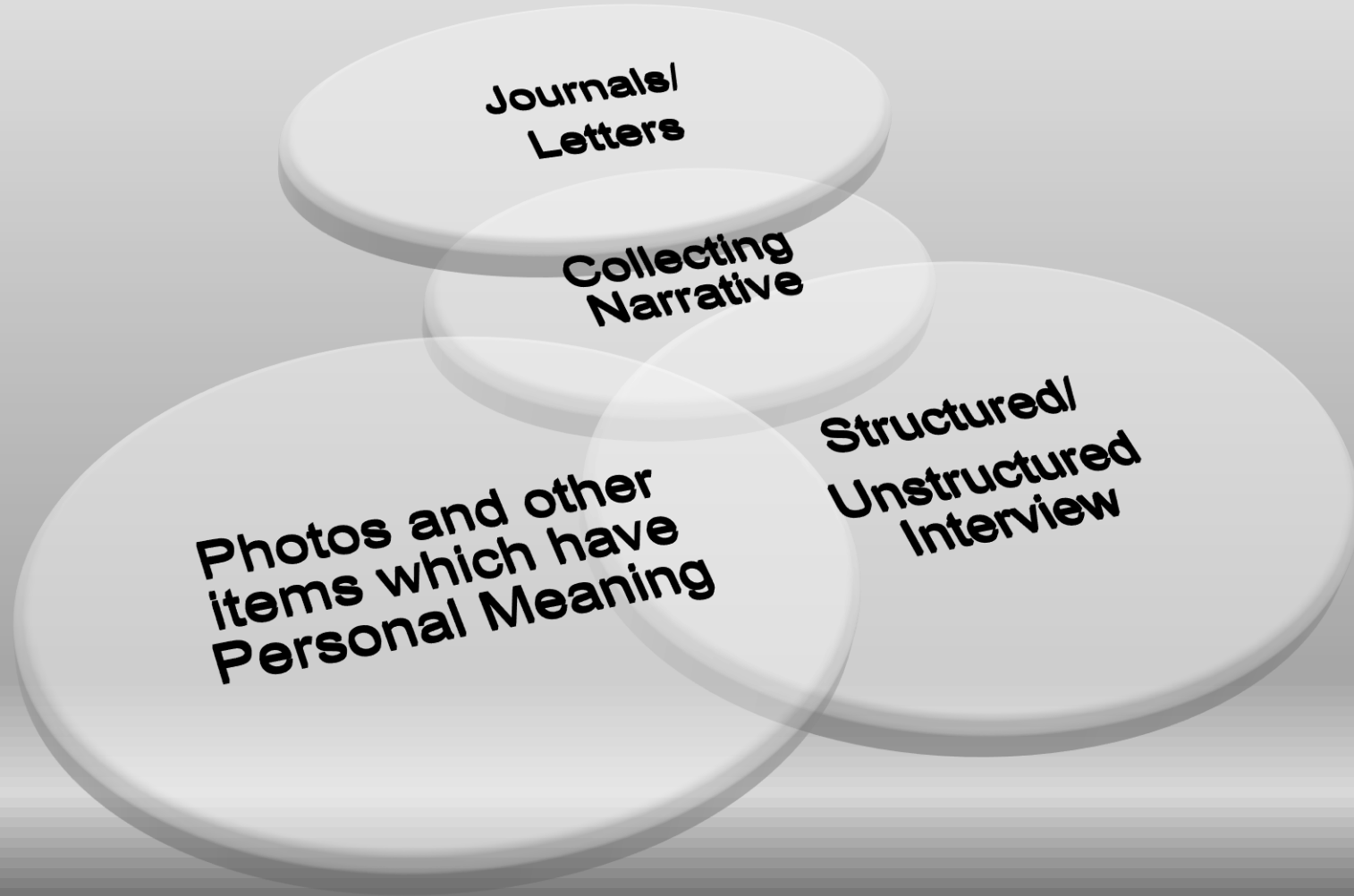
- Examining data with no preconceptions
- Noticing patterns, plots, characters
- What do they tell you about the story
- Is there a theme?



DEDUCTIVE

- Examining the narrative in relation to academic theories
- Hypothesis and argument
- Prove
- Disprove

DATA COLLECTION



Strengths of Narrative Inquiry



(Lima, 2023; Clandinin, 2019; Riessman, 2022)

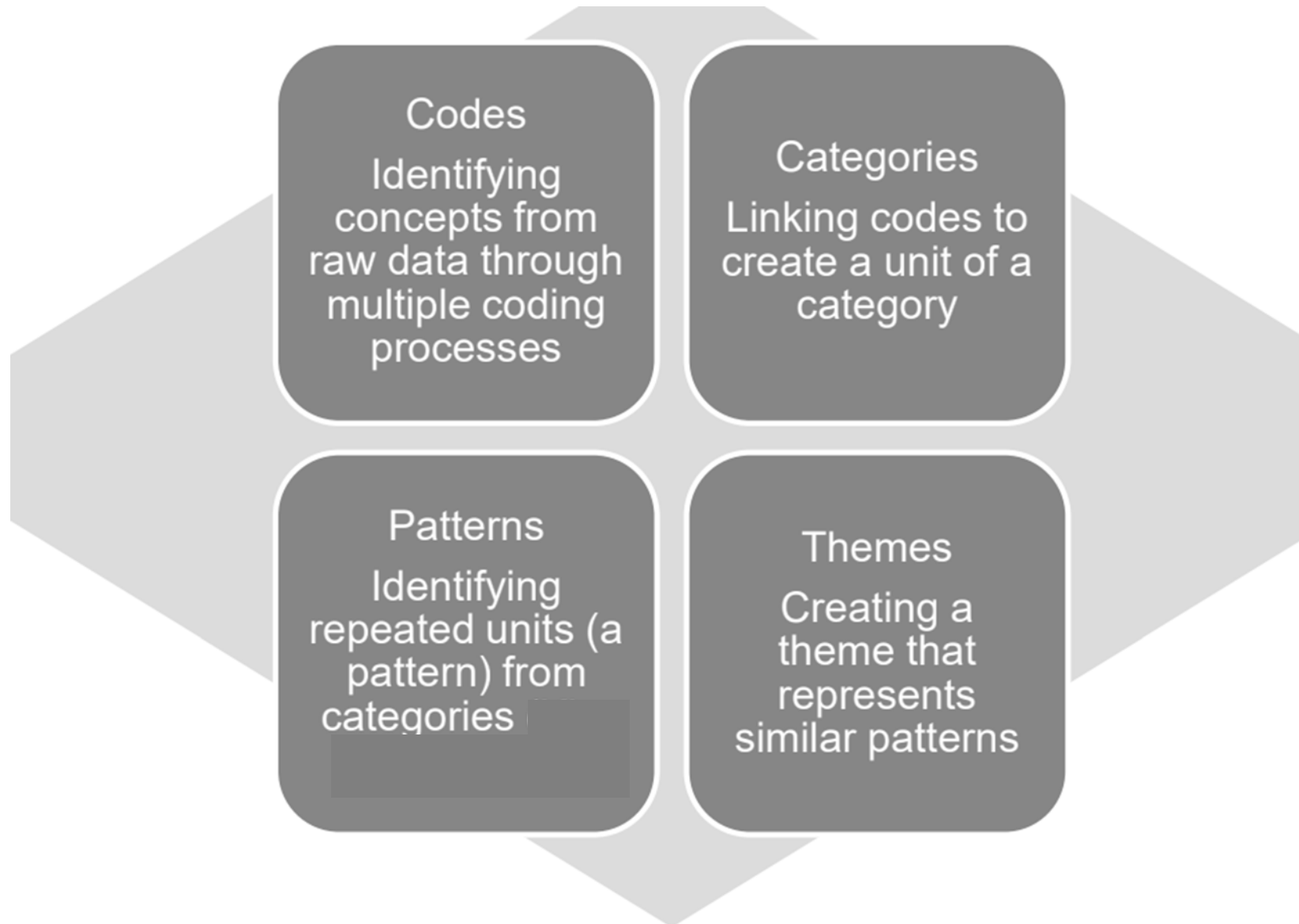


Limitations of Narrative Inquiry

- Incorrect Interpretation
- Subjectivity & Researcher bias
- Time Intensive
- Large amount of Data to Analyse
- Data can be Complex to Analyse
- Ethical Concerns over Anonymity / Disclosure/
Confidentiality
- Power Imbalance can Influence the Narrative



Data Analysis



Practical Applications of Narrative Inquiry within Counselling and Psychotherapy

- How is Well-being Interpreted
- Construction of Identity
- Meaning of Resilience
- Living with Mental Illness
- Counselling Practice
- Counsellor / Client Experience
- Interventions and their Effectiveness
- Trauma & Resilience



Dissertation



- How has your self-perception developed throughout Personal Development (PD) ?
- How has PD impacted your personal relationships
- Tell me about a moment in PD when you felt extremely challenged.
- How did you handle this?
- How has PD added to your professional development

I confirm that I have not used any AI tools in the research and creation of this assignment, and I have not presented any AI generated materials as my own work.

I confirm I have copies of my drafts, notes, and other resources I used, which I may be asked to provide in evidence

(University of Wales Trinity Saint David, nd, p.4)

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