

Dissertation Proposal
Creative Research
M5X01599

Student Name: Muna Jama
Student Number: P151845
Lecturer: Robert Jones

**Dissertation
Research Proposal**

Project Title

The rise of the psychological thriller genre and its history since it began: investigating the production and consumption structure of psychological thriller films within contemporary cultural context.

Aims and Objectives

Produce a unique movie or short film for my final project that incorporates a sturdy dramatic base the advantages from the subject matter of contemporary anxiety and mind illusions.

Be able to assimilate and comprehend the history of filmmaking and cinema production. And at the same time produce a film that indicates and exhibits my very own ideas and feelings.

Obtain and locate a link between my education comprehension and film production.

Explore the principal components of the modern and present cultural contexts we tend to live in and belong to and how their impact on our psychological life. It should advantage some psychology of humans to investigate and look into at the society of the characters live in and how their culture can influence their behavior and their social practices.

Establish the link between cultural context and therefore the individual prosperity: distinguish how the present modern life we maintain can result in our inner state.

Identify the factors that explain and clarify a film to be listed as psychological thrillers genre category: the clarification of the characteristics of this genre and be capable of recognizing them from other cinematic films.

Establish the history and development of psychological thrillers. How the genre of thrillers is used in films, television, and literature with the use of its all conventions as main elements.

Show the methods on how films have adopted this genre convention from novels into cinema as well as examples from well-known films since it began that been books and made into movies.

Investigate how our psychological characteristics have an effect on the use of psychological thrillers films. And why we to experience and utilize this involvement.

Explore the variations within the production and the consumption of psychological thrillers within cultural diversity.

Research

The primary field this project can specialize in is that the production of filmmaking. It aims to supply analysis that reflects information supported cultural and psychological studies. It'll advantage from this information to form a chunk of content however at a similar time link it to a good variety of educational resources and scientific theories. I might establish Drama and research as the primary field associated with the topic of my treatise. I need to be able to rework my information into a wholly unique film and script. In this context, I ought to grasp some main theories in thriller making and dramatic works. The narrative methods associate in supporting these techniques are essential to this work to succeed as it aims at being an artistically authentic work rather than merely being a mirrored image of some films and educational theories.

A wide variety of cultural studies are useful to my project particularly those in reference to the relationship between the community and also the individuals. The concepts that research and explores the link between the public and even the private which are necessary to my project. These studies and theories will help support understand the pressures that put by the social structure of the life of an individual, mostly when these relationships cause and lead to stress, fear, anxiety, and depression in life. And via society, I convey both the great community we tend to live in at adulthood and also the small society we tend to experience and go through at our childhood which embodied by close ones from family and its structure and nature.

One required field will be the in-depth study of psychology. It is an approach that I ought to undertake to formulate my concepts regarding the conflict in between conscious and also the outside world delineated by the unconscious. Psychoanalysis is my way to research and to know the reasons within the human mind which may lead to cause psychological state.

In addition to that, a few cultural studies which will be supporting and connected to the current project are:

William Indick's review of the how films and its characters like the psychiatrist and also the pathological killer that was developed and referenced from the psychological elements that inspired it. And it introduces an understanding of the analysis what makes psychological thrillers and its psycho characters from the psycho with intentions to kill, destroy to the psycho who has an abnormal power or ability. It also introduces the themes of mind contral, dreams, hallucinations, inner thoughts and paranormal issues.

Another important fact of view or field of study is going to be Jacques Lacan's theory of the mirror stage and also the development of Real order. The invention of our separation from the items around us. It may be a part of my work on formulating a literary narration that explores the various orders that have an effect on the human mind. Is often beside understanding a number of his theories that analyze the

connection between the individual and social symbols.

I will also create some understanding of Pierre Bourdieu's sociological theories and analysis of the social powers and therefore the inherent ability of society in touching the individual's life.

Finally, I'll articulate the concept of Panopticon of Gilles Deleuze and therefore the implicit management and power of society on us. I'll link this to my film to the idea of fearing the design of unseen associate force and therefore the anxieties associated with that.

Primarily, the primary reference I intend to undertake related to my research project that establishes the concept of conflict between individuals and the society. The battle between personal needs and also wants the dedication or commitment. These should include:

Psychological thriller films of:

The Girl On The Train - a major film by Tate Taylor
Gone Girl - David Fincher
A Cure For Wellness - Gore Verbinski
Get Out - Jordan Peele
Nocturnal Animals - Tom Ford
Pet - Carles Torrens
Split - M. Night Shyamalan

Novels from the psychological thriller genre:

Paula Hawkins - The Girl On The Train
Sarah Pinborough - Behind Her Eyes

Concerning cultural studies, I will use significant projects, theories, and books that are related to the ideas that I have mentioned:

Network theory of mental disorders- Borsboom D, Cramer AOJ. Network analysis: an integrative approach to the structure of psychopathology. Annu Rev Clin Psychol 2013;9:91-121.

Sigmund Freud - The Interpretation of Dreams (1899)
The Psychopathology of Everyday Life (1901)

William Indick - Cinematic Explorations of the Mysteries Of the Mind.

Vrasidas Karalis - A History of Greek Cinema.

Outcomes

The primary outcome of this project is a film that exemplifies my comprehension of these theories. It would be a film that can express this understanding into a film with a coherent dramatic work and narrative. This film will be based on the genre of psychological thrillers. My primary focus is to create it specializing in the struggles of an individual to deal with her mental disorders that are obtained from their unsettled childhood which reflects on her friction with social behavior and interactions. It will reveal the hallucinations and illusions in her mind that paralyzed her from separating the reality from the fantasy. The social and political issues surroundings she lives in is increasing on her mental incapability. A part of her pain and suffering is her evocative hallucination that connects along with her real life. Her emotional states of time and place have extremely tampered with her and leave her incompatibility with her life and her day-to-day needs. The use of flashbacks, dreams, and nightmares are a part of the narrative and genre techniques. The development of the story is slowly clarified and showed on her past and her unbalanced antisocial personality. The film will show the fragmentation within the narrative that goes in line along with her fragmented mind and temperament however at the end the whole film is going to be significant to the viewer. And the structure and formation of the story will reflect on its contents and its themes.

In conclusion, I will create a short academic piece of writing that details the most supporting concepts and theoretical context of my work.

Bibliography

<https://www.timetoast.com/timelines/history-of-psychological-thriller-movies>
<http://www.filmsite.org/thrillerfilms.html>
<https://hunterswritings.com/2012/10/12/elements-of-the-psychological-thriller-mystery-suspense-and-or-crime-fiction-genres/>
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5269502/>
<http://filmiconjournal.com/journal/article/2014/2/12>
http://file.scirp.org/Html/8-1760197_49227.htm
Paula Hawkins, 2015. *The Girl On The Train*. ed. Great Britain: Doubleday, an imprint of Transworld Publishers.
Willaim Indick, 2006. *Psycho Thrillers Cinematic Exploration Of the Mysteries of the Mind*. ed. North Carolina and London: McFarland & Company Publishers.
Sarah Pinborough, 2017. *Behind Her Eyes: A Suspenseful psychological Thriller Novel*: Flatiron Books Publishers.
George Moore, 2008. *The Collected Short Stories of George Moore: Gender and Genre*. Ed. Michigan: Pickering & Chatto Publishers.
Vrasidas Karalis, 2012. *A History of Greek Cinema*. ed. New York: The Continuum International Publishing Group.