

Session Plan (Time Spent per Activity)

Time Spent	Activity	Tutor Role	Student Activity	Purpose / Skills Developed	Resources
25 mins	Exploring Networking (YouTube + Discussion)	Introduce networking concept; play selected YouTube video; facilitate discussion	Watch video; contribute to discussion on effective and ineffective networking behaviours	Awareness of professional etiquette; communication skills	YouTube video
20 mins	Finding Networking Resources (MyCareer)	Demonstrate where to access networking guidance	Explore MyCareer platform and identify useful tools	Resource awareness; independent learning	UWTSD MyCareer
30 mins	Locating Networking Opportunities in the UK	Guide students to relevant websites and explain differences between formal and informal networking	Search for one relevant networking event and note date, location, target audience	Research skills; employability awareness	UWTSD Students' Union website, London Chamber of Commerce and Industry, Eventbrite
35 mins	Practising Basic Networking Interaction	Model a short networking introduction; facilitate paired role-play; provide feedback	Practise 30–60 second introduction (“elevator pitch”); role-play networking scenarios	Confidence building; verbal communication; professional presence	YouTube recap + in-class role play
10 mins	Reflection & Close	Facilitate reflective discussion and summarise key learning	Reflect on confidence level and identify one action to improve networking	Self-awareness; action planning	Reflection prompts