

Combining four scales to measure various psychological constructs from world view, aggression, media involvement and irritability.

Using this 5 point scale, indicate how uncharacteristic or characteristic each of the following statements is in describing you

1. <i>Extremely Uncharacteristic</i>					
2. <i>Somewhat Uncharacteristic</i>					
3. <i>Neither Uncharacteristic Nor Characteristic</i>					
4. <i>Somewhat Characteristic</i>					
5. <i>Extremely Characteristic</i>					
QUESTIONNAIRE 1					
1. Some of my friends think I am a hothead.	1	2	3	4	5
2. If I have to resort to violence to protect my rights, I will.	1	2	3	4	5
3. When people are especially nice to me, I wonder what they want.					
4. I tell my friends openly when I disagree with them.					
5. I have become so mad that I have broken things.					
6. I can't help getting into arguments when people disagree with me.					
7. I wonder why sometimes I feel so bitter about things.					
8. Once in a while, I can't control the urge to strike another person.					
9. I am an even-tempered person.					
10. I am suspicious of overly friendly strangers.					
11. I have threatened people I know.					
12. I flare up quickly but get over it quickly.					
13. Given enough provocation, I may hit another person.					
14. When people annoy me, I may tell them what I think of them.					
15. I am sometimes eaten up with jealousy.					
16. I can think of no good reason for ever hitting a person.					
17. At times I feel I have gotten a raw deal out of life.					
18. I have trouble controlling my temper.					
19. When frustrated, I let my irritation show.					

20. I sometimes feel that people are laughing at me behind my back.					
21. I often find myself disagreeing with people.					
22. If somebody hits me, I hit back.					
23. I sometimes feel like a powder keg ready to explode.					
24. Other people always seem to get the breaks.					
25. There are people who pushed me so far that we came to blows.					
26. I know that "friends" talk about me behind my back.					
27. My friends say that I'm somewhat argumentative.					
28. Sometimes I fly off the handle for no good reason.					
29. I get into fights a little more than the average person.					
Total mean score for questionnaire 1 =					
QUESTIONNAIRE 2					
1 - Never	2- Sometimes	3 - Often	4 - Very Often	5 - Always	
1. I have been grumpy.			1	2	3
2. I have been feeling like I might snap.			4	5	
3. Other people have been getting on my nerves.					
4. Things have been bothering me more than they normally do.					
5. I have been feeling irritable.					
Total mean score for questionnaire 2 =					
QUESTIONNAIRE 3					
Please rate the frequency of the following activities by selecting one of these responses. How often do you watch ... (on the Internet/TV/games/ mobile phone/DVD) ...					
1 – Never	2 – Incidentally	3– Sometimes	4 – Often	5 – Very often	
1. People who fight.			1	2	3
2. People who talk openly about sex.			4	5	
3. People who use drugs					
4. People who destroy someone's belongings					
5. People who shoot at another person					

6. People who drink a lot of alcohol
7. People who have sex
8. People who steal
9. People who help someone
10. People who stand up for someone
11. A quiz
12. A talk show
13. Home or car improvements
14. Nature/animal programmes
15. Travel/holiday programmes
16. Cooking programmes
17. The news
Total mean score for questionnaire 3 =
QUESTIONNAIRE 4
1 – Almost never 2 – slightly likely 3 – average 4 - likely 5 - very likely
1. What do you think the chances are that any one person will be robbed by someone with a weapon in their lifetime? 1 2 3 4 5
2. What do you think the chances are that any one person will be physically assaulted by a stranger in their lifetime?
3. What do you think the chances are that any one woman will be raped in her lifetime?
4. What do you think the chances are that any one person will be murdered?
Total mean score for questionnaire 4 =