



PD2 Counselling Supervision Log

Supervision Requirements for Trainee Counsellors

- Students must have a minimum of 1.5 hours of one-to one clinical supervision per month with a suitably qualified/experienced counselling supervisor

Group supervision

If you receive group supervision, the amount of time you can count depends on the number of people contracted to the group. The rule is:

- For groups of up to four** – half the time allotted
(so for two hours of supervision each member can claim one hour)
- For groups of more than four** – divide the amount of time by the number of people
(so for two hours of supervision, a group of six can claim 20 minutes each)

(BACP, 2010)

DATE	Individual hours	Group hours	MAIN CONCERNS OF SESSION (use encrypted format for client confidentiality and anonymity)	Supervisor's Signature	CUMULATIVE TOTAL



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[Please photo copy this sheet as many times as you need]

I CONFIRM THAT THIS IS AN ACCURATE RECORD OF THE THERAPEUTIC WORK

UNDERTAKEN BY BETWEEN DATES

Signed:

[TRAINEE]

[SUPERVISOR]

[DATE]