Dissertation Viva Presentation

Course: BSc (Hons) Health and Social Care

Module: Independent Project (BMHP6020_LON)

Assessment title: Major Project

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Introduction

- My dissertation was titled ***"The impact of loneliness on the mental health of elderly people in the UK"*** where the prime aim of the research was to examined and analyse effects, causes as well as ways of easing loneliness to support the mental health of elderly people in the UK.
- The objectives of the research was;
- To define the main concept of loneliness.
- To identify impact policies and legislation regarding loneliness
- To figure out health promotion intervention available.
- To suggests best practices etc.
- All the objectives were focus on loneliness among elderly in the UK.

Structure

The Structure of the research comprised of five different Chapter;

- Introduction
- Background
- Methodology
- Result and discussion
- Conclusion.

Background

Background of the research illustrated following chapter;

Historical background where social, emotional, family, romantic, cultural loneliness were discussed.

Theoretical background where cognitive and health functions, loneliness mechanism, health behaviors, psychological functioning were discussed.

Contd,

International context where global loneliness data, elderly loneliness data, age range, gender contrast were discussed.

UK context where overall elderly loneliness among elderly people in the UK were discussed.

Research Methods

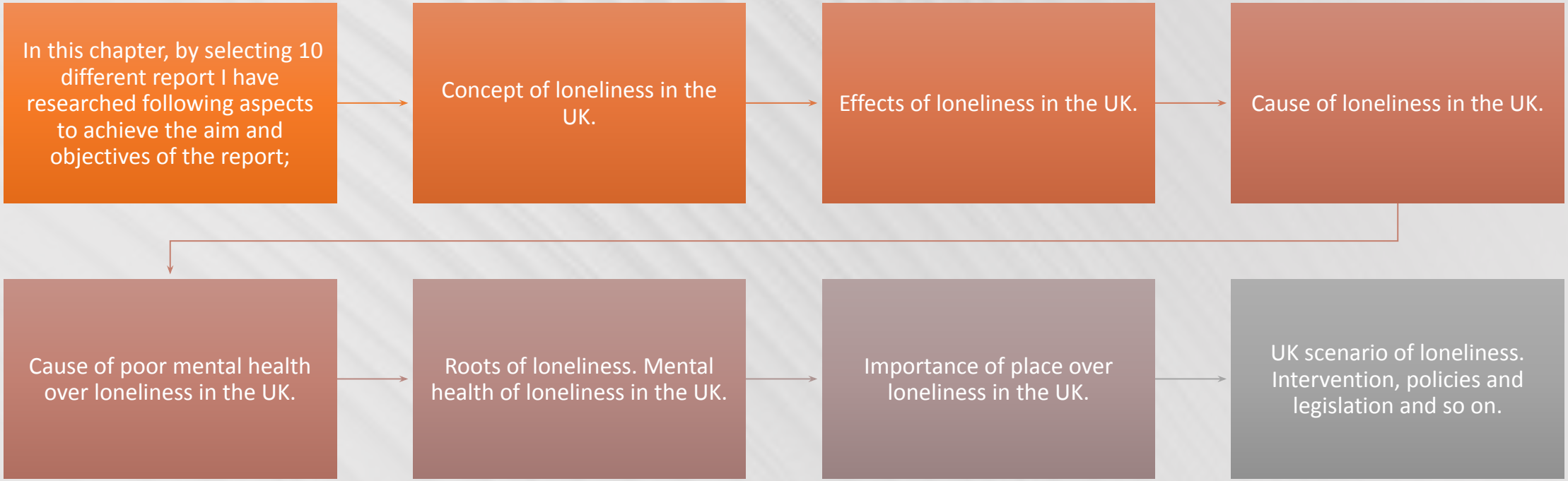
As per philosophy interpretivism research philosophy were used as this philosophy indicates the world is complex where making law-like generalisation is not easy (Aityan, 2021).

As per design, case study research design was adopted by choosing elderly age group and as per strategy exploratory research strategy was undertaken that enable me to seek new insight to figure out the nature of the problem (Saunders et al, 2019).

Contd,

- Data collection was based on secondary research methods where to carry out literature review various book, e-book, journal and article were used and for result and discussion chapter 10 report was chosen to demonstrates elements of loneliness among elderly people in the UK.

Result and analysis- discussion



Conclusion and recommendations

In this chapter following elements were demonstared;

How I have achieved the aim and objectives.

Recommendations that can be adopted by private and public stakeholders to aid the lonleiness amogn elderly people in the UK.

References

50 references were included.

10 reports were selected for result and analysis.

Books, e-books, journal article were used.

All the information gathered were referenced accurately following UWTSD guidelines.

Thank You!