



Prifysgol Cymru
Y Drindod Dewi Sant
University of Wales
Trinity Saint David

Community development

Assignment 1

Improve young people's health in Haringey

Student name: Sandra Johanna Jimenez Vergara

Student code:2024741

Module:BMHP6022

Lecture Name: Jolly Nwankwo

*Trawsnewid Addysg; Trawsnewid Bywydau
Transforming Education; Transforming Lives*



www.uwtsd.ac.uk

Introduction

- ❑ A community consists of diverse people connected by social relationships, sharing perspectives, and interacting geographically (MacQueen et al., 2001).



- ❑ Community development is creating social and economic prosperity through community engagement and community-led initiatives (un.org, n.d.).

Aim

- ❑ The project aims to improve young people's health in Haringey by promoting healthy lifestyles, mental health support, and social engagement.



Demographic

- According to Haringey Council (2024), the London Government Act 1963 led to the creation of the London Borough of Haringey on April 1, 1965. This new borough combined the former municipal boroughs of Tottenham, Hornsey, and Wood Green.
- The Borough of Haringey, located in North London, is a vibrant and diverse community with a rich cultural influences.



(Central Housing Group, n.d.)

Demographic

- ❑ Haringey is characterized by its multicultural demographics, encompassing a wide range of ethnicities, religions, and cultural backgrounds.



(Central Housing Group, n.d.)

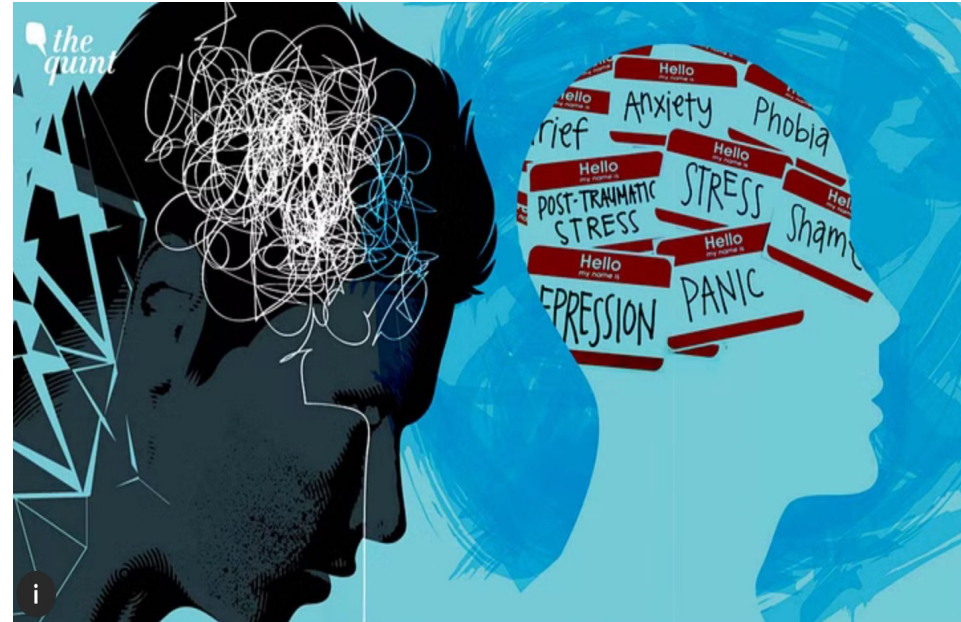
Key Issues

- ❑ **Health disparities** in Haringey are significant, particularly affecting ethnic minority communities and **low-income households** (NHS Haringey Clinical Commissioning Group, 2023). These disparities are manifested in higher rates of **chronic diseases, mental health issues, obesity in early years, and lower life expectancy.**



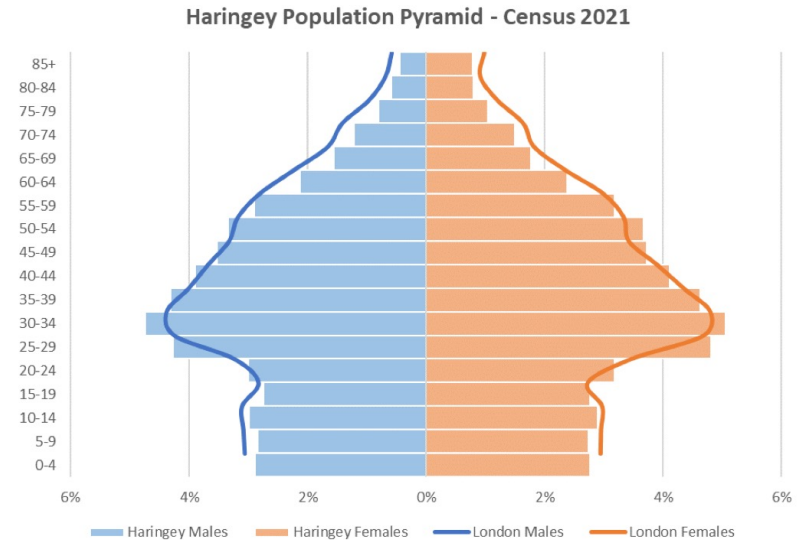
Key Issues

- ❑ **Youth Health and Well-being:** The health and well-being of young people are **critical** for the future of Haringey.
- ❑ **Mental health** issues are prevalent in Haringey, exacerbated by socio-economic stressors and social isolation (NHS Haringey Clinical Commissioning Group, 2023)

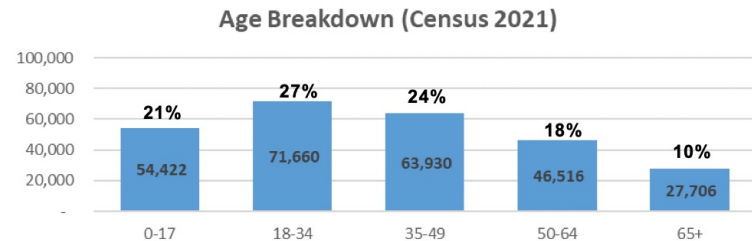


Population

- According to the London Borough of Haringey, (2023) the **Population** is approximately 264,300 residents.



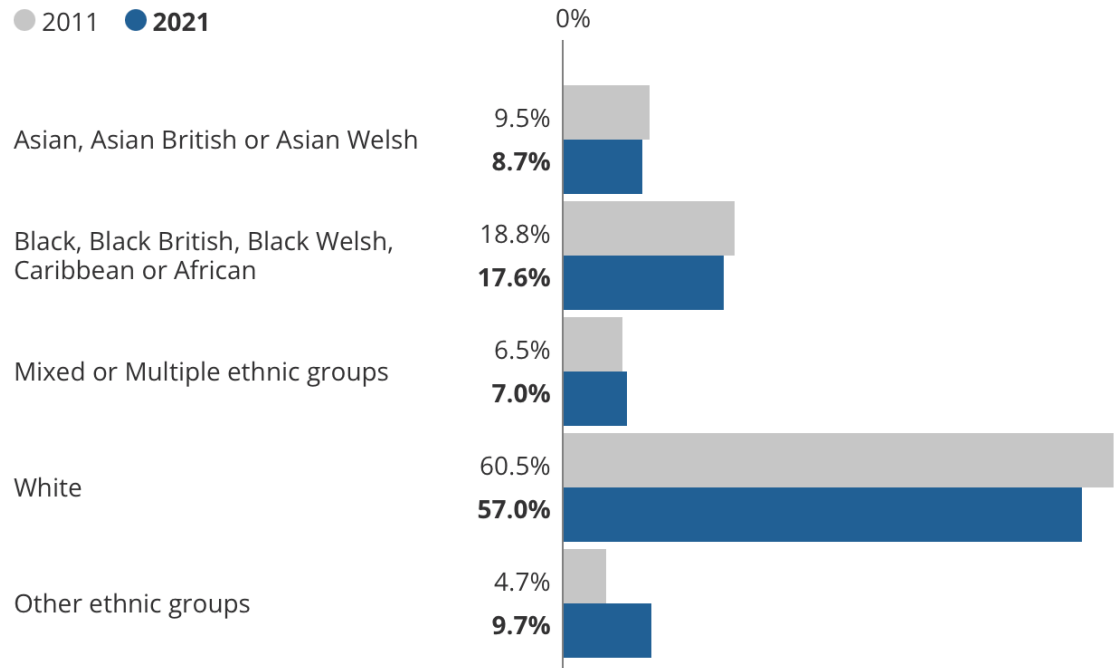
Source: Census 2021 Age tables



Ethnicity

The office for national statistics (ONS) (2021) reports that Haringey is one of the most **ethnically** diverse boroughs in London.

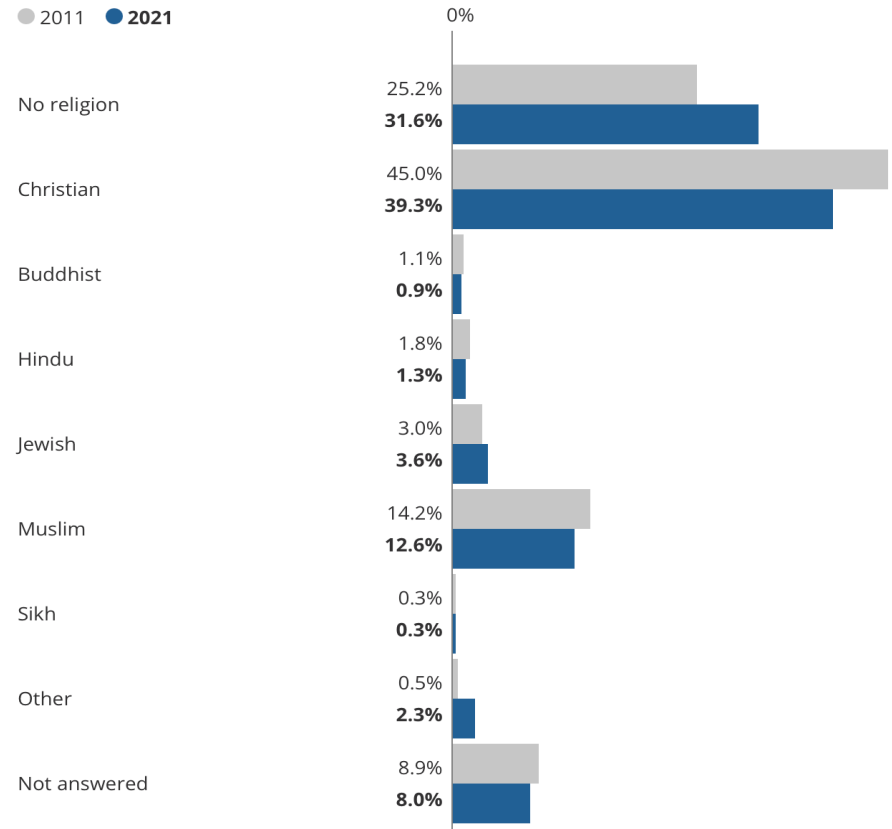
● 2011 ● 2021



Source: Office for National Statistics – 2011 Census and Census 2021

Religion

- ❑ The borough hosts a variety of religious communities, including **Christians, Muslims, Jews, Hindus**, and those with no religious affiliation. This religious diversity enriches the cultural fabric of Haringey and necessitates inclusive community programs (Haringey at a glance State of the Borough Contents, 2019)



Source: Office for National Statistics – 2011 Census and Census 2021

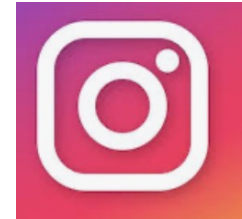
Stakeholders involved in the program

- ☐ Local authorities
- ☐ Educational Institutions
- ☐ Health care provides
- ☐ Community and voluntary organizations
- ☐ Parents and guardians
- ☐ Law enforcement and safety organizations
- ☐ Businesses and employers
- ☐ Media and Communication
- ☐ Funding bodies
- ☐ Educational and training providers

Use of digital media and technologies for community development

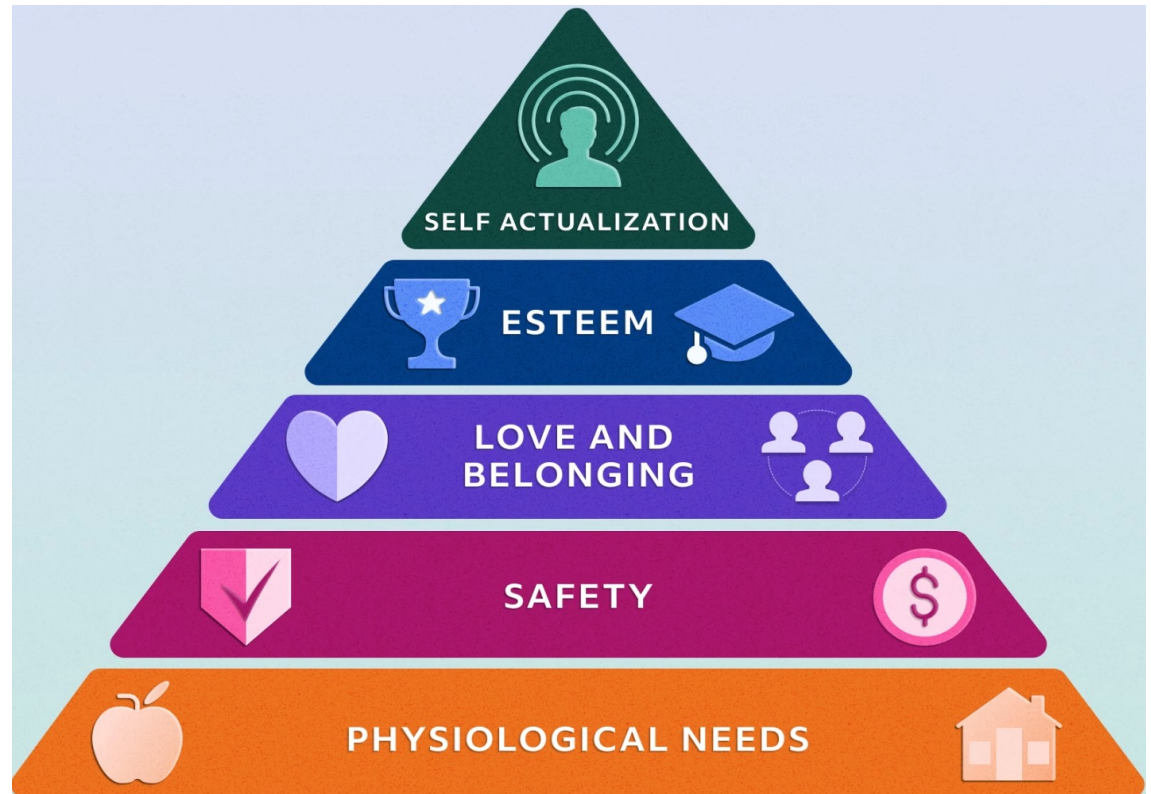
#Youthvibesharingey

- ☐ Facebook
- ☐ Instagram
- ☐ Tik tok



Maslow's Hierarchy of Needs

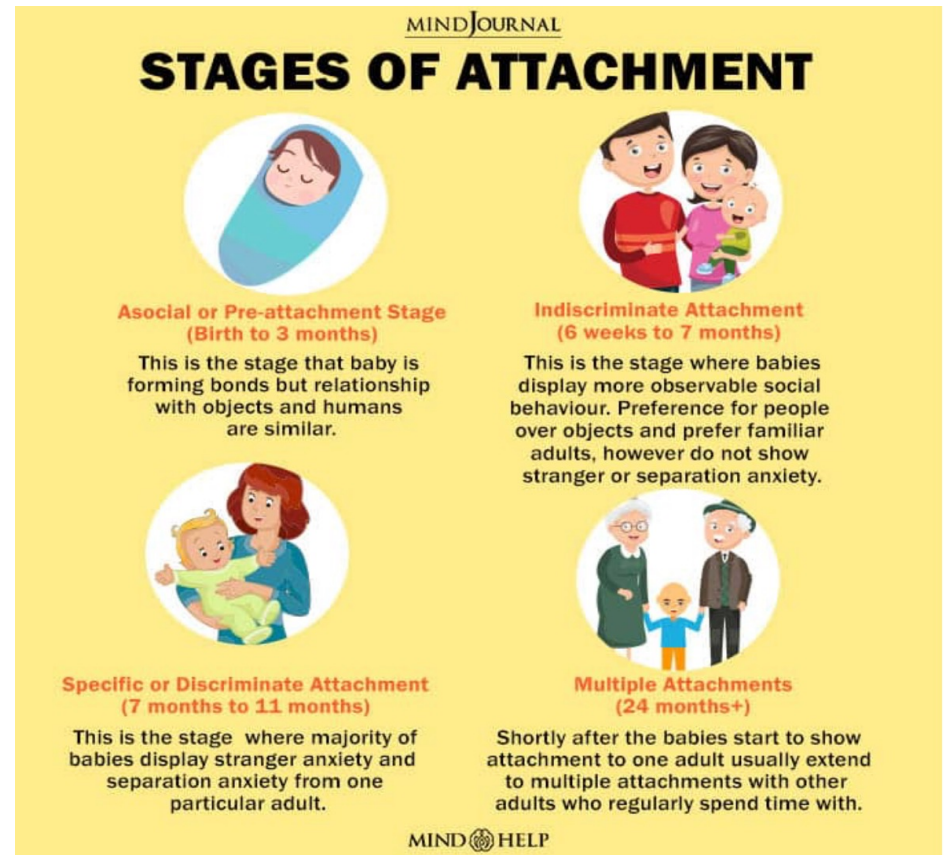
- Maslow's theory emphasizes meeting basic needs like safety, education, and belonging for Haringey's youth to achieve their full potential.



(Herrity, 2022)

Attachment Theory

- **Family Support Programs:** Initiatives that support parenting skills and family cohesion can strengthen attachment bonds and promote a stable home environment.
- **Mental Health Services:** Providing accessible mental health services can help young people address attachment-related issues and develop coping strategies.
- **Youth Mentoring:** Mentorship programs can offer consistent and supportive relationships, fostering a sense of security and belonging.
- **Educational Support:** Schools can implement social-emotional learning programs to help students develop healthy attachments and social skills.



John Bowlbys Stages of Attachment

legislation and policy impact the support and growth of a community

Education

- ☐ Education Act 1996
- ☐ Children and families Act 2014
- ☐ The National curriculum

Health and Wellbeing

- ☐ Health and social care Act 2012
- ☐ Mental Health Act 1983 and mental health 2007
- ☐ Healthy child programme

legislation and policy impact the support and growth of a community

Safety and Protection

- ❑ Children Act 1984 and children Act 2004
- ❑ Safeguarding vulnerable groups 2006

Employment and economic support

- ❑ The Employment Rights Act 1996
- ❑ Apprenticeships, Skills, Children, and Learning Act 2009

legislation and policy impact the support and growth of a community

Housing and Urban Development

- ☐ The Housing Act 1996
- ☐ Affordable Homes Programme

Employment and economic support

- ☐ The Employment Rights Act 1996
- ☐ Apprenticeships, Skills, Children, and Learning Act 2009

Barriers/obstacles to community development

- ☐ Economic disparities and poverty
- ☐ Education Inequalities
- ☐ Housing Instability
- ☐ Limited Recreational and Social Opportunities
- ☐ Social Inequality and Exclusion

Recommendations

- ❑ **Enhanced Education and Training:** Invest in quality education, vocational training, and skills development programs.
- ❑ **Youth Employment Programs:** Create job opportunities and provide economic support for young people.
- ❑ **Affordable Housing Initiatives:** Increase access to affordable housing options and support services for homeless youth.
- ❑ **Accessible Healthcare Services:** Expand healthcare access, including mental health services tailored to young people.
- ❑ **Inclusive Policies and Practices:** Foster inclusive policies that promote diversity, equity, and representation of young people.

Recommendations

- ❑ **Youth Engagement and Empowerment:** Encourage active participation and empower young people through dedicated programs and youth councils.
- ❑ **Safety and Crime Prevention:** Implement strategies to reduce youth crime and provide alternatives to gang involvement.
- ❑ **Bridging the Digital Divide:** Ensure access to technology and improve digital literacy among young people.
- ❑ **Improved Transportation:** Enhance public transportation options and make them affordable for young people.

Conclusion

- ❑ Haringey confronts various hurdles to community development, notably among its young adults. **Economic gaps, educational discrepancies, housing instability, and restricted access to healthcare** and recreational options all impede young people's development and potential. Applying Maslow's hierarchy of needs and attachment theory principles reveals that fulfilling these fundamental needs is critical. Ensuring economic stability, adequate education, safe housing, and emotional support can help people develop resilience, social skills, and general well-being. Haringey may overcome these challenges by providing comprehensive, focused programs and community support.

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• **THANK YOU** •