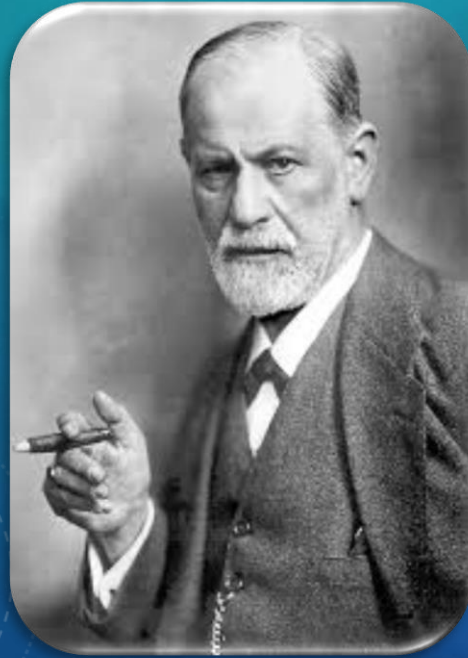




SIGMUND FREUD

FREUD'S LEGACY

- Freud began working on his theories towards the end of the 19th century. He died in 1939, however his legacy is still being developed, revised and discussed.
- Even in the earliest days of his therapeutic work, Freud valued the relationship.

SIGMUND FREUD

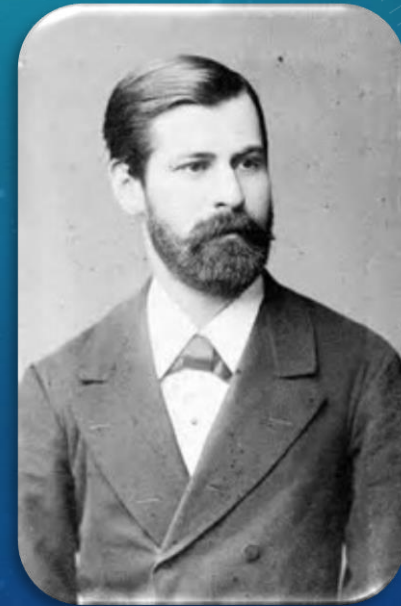
- Jewish background
- Austrian tensions



Young Sigmund Freud, with his father Jacob Freud.

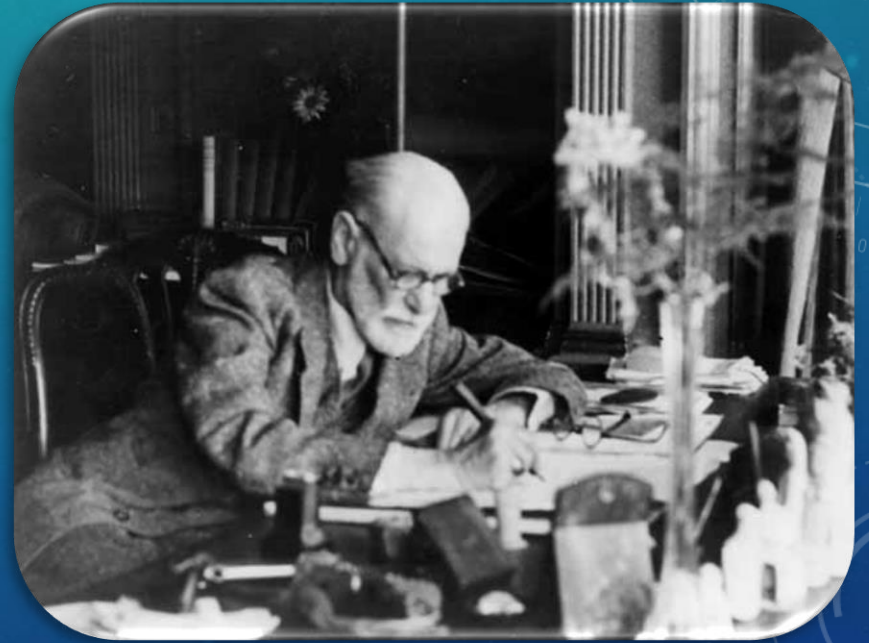
FREUD'S CAREER

- Medical qualifications
- Publication of research



FREUD'S WRITING

Freud was passionate about his work and fiercely protected his ideas.



HOW RELEVANT IS FREUD TODAY?

- It's important to note that Freud's ideas were sometimes original, but often they were a convincing development of ideas that were around at the time.

Freud's couch. Here he would encourage the client to lie on the couch and free associate, whilst he sat behind, listening as they discussed their fears, thoughts etc.



A LITTLE EXERCISE



THE CLIENT AND THE COUNSELLING RELATIONSHIP

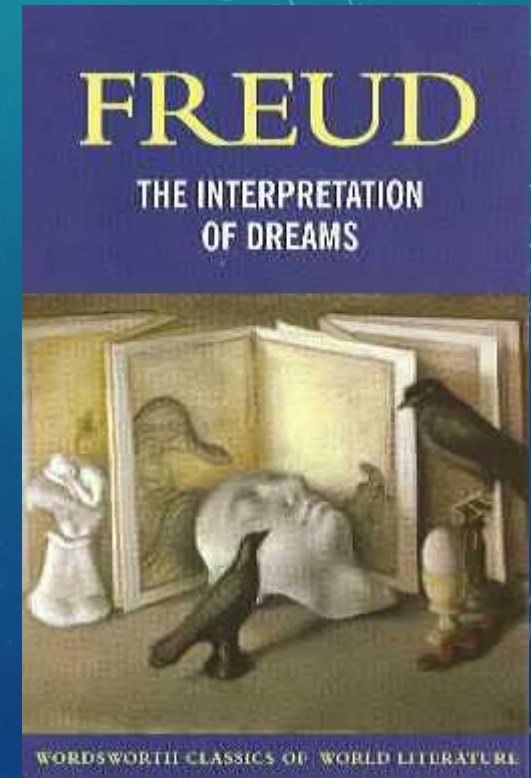
- Research has demonstrated that the client and the relationship are key to therapeutic change.

FREUD, THE THERAPIST, THE SCHOLAR

- Many of Freud's clients will recall times when he was empathic, supportive and involved with the client's story. However Freud could also be very defensive, argumentative and even unethical.

IDEAS SUGGESTED BY FREUD

- Importance of the relationship
- Importance of the client
- Role of the unconscious process
- Interpretation of dreams
- Sexual drive/motivation
- Determinants of personality begin in childhood
- Amongst others!



DEVELOPMENTS

- Psychoanalysis did not end with Freud, it continues to be developed into today's therapeutic world. There has been a shift to a more relational/interpersonal modal.
- There has been a movement to explore multiculturalism and how psychoanalysis can be practiced in a more diverse world.
- Neuroscience is having an impact on Counselling and psychoanalytical theory.
- Some of these themes will be explored in a later PowerPoint.