

Reflective Writing Template

Student name number	Hafsa Hussain 2438984
Module code and title	LCLM4001 Academic Skills
Name of Task	Reflective Report Task 3
Lecturer	Dooshima

The Gibb's reflective cycle



Using the Gibbs reflective cycle, write a reflection of your learning journey on the LCLM 4001- Academic Skills Module. Your reflective writing should focus on your personal learning journey, including your strengths, areas for improvement, and the impact of the module on your academic and personal development. You should refer to **specific experiences** such as:

- Task 1 and Task 2
- Class activities and discussions (e.g., topics covered in class such as referencing and paraphrasing)
- Feedback received
- Skills you have developed

Write your reflection in the boxes below (*The boxes will expand as you type*)

Description (What happened? Describe the experience or experiences in class that you want to reflect on)	The first lesson of Academic Skills with our lecturer Dooshima she focused on introducing herself and what the next 10 weeks will entail. We took an ice breaker activity where we had a chance to introduce ourselves to the class and share a bit about ourselves, I shared that I currently work for a security company. She went through the module content and the 3 assessments. Students had a chance to introduce themselves to the class and share why they chose to do this course. Dooshima went through a PowerPoint slide, she went through what is expected from the class. Our lecturer explained her expectations around
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	attendance, punctuality, and behaviour. She made it clear that attendance is important. We were introduced to the module structure and its three assessments an academic quiz, a skills practice assignment, and a reflective essay. Dooshima explained that these tasks were to help develop our academic abilities such as Summarizing and Paraphrasing.
Feelings <i>(What were you thinking and feeling at the time? How did you feel before / during / and after the experience? Did you feel overwhelmed / confident / nervous? Were you alone in feeling this way or did other students share your feelings?)</i>	This was my first lesson of Academic Skills with Doshima. I was feeling nervous as I have been out of education for over 10 years, so I wasn't sure of what to expect however I was excited at the same time going back into education and starting something new. After my first lesson I was left feeling overwhelmed as there was quite a bit of information given. I was also excited to start this course as I now knew more about what this course will entail and how it will help me moving forwards. I have now reached the end of this module at week 10, and I feel that I have learnt quite a lot and I am happy I made the decision to go back into education. Other students in my class also felt the same as most of them had also been out of education for many years so this experience was the same for majority of us. During the activities, I felt engaged and motivated. Introducing myself to the class gave me a sense of belonging. By the end of the lesson, I felt more confident and positive. I realised that university study is not just about understanding content but also about managing time, staying organised, and being self aware. I left the class motivated.
Evaluation <i>(What was good and bad about the experience?)</i>	Overall, the lesson was informative and well structured. It combined clear explanations with practical exercises, which made it both appealing. I mostly appreciated the time management section, as it introduced techniques that I could apply directly to my studies and daily life.
Analysis <i>(What sense can you make out of the situation?) Why was the situation positive or negative? When things went well, what role did you play? When things went badly, can you explain why? Do you know how if other students felt the same as you? Why or why not?</i>	I think the situation was positive for me as the module and the teaching as clear, I did not have any negative experience I thoroughly enjoyed Dooshima's teaching. Majority of the lessons have activities which made it more engaging and helped me in my learning.
Conclusion <i>(What else could you have done? Or what could you have improved?)</i>	I had missed one lesson from Dooshima's class which I wish I attended as it was the second last lesson before task 3 and I would have more revision for task 3 so I felt overwhelmed as I only had yesterday to go through the PowerPoint slide and recordings.
Action Plan	I find I easily lose focus and get distracted easily. I will create structured timetable for my studying, assignments and revision and I will set up a quiet,

<i>(If you do it again, what would you do differently? What skills do you need to develop? And how do you plan to do this)</i>	clutter free workspace and ignore distractions such as my phone during study hours and will practise paraphrasing, summarising, and note-taking regularly to strengthen my academic writing. I will participate actively in class discussions seek feedback from the lecturer. If I consistently apply this, I will become more focused and organised and confident in my learning. Dawson (2007, p. 65) states that 'During the lecture don't try to write down everything you hear. Instead, listen for the main points and make sure that these are included in your notes' I tend to overwrite missing the important points which I will try not to do moving forwards.
Reference	Dawson, C. (2007) <i>The Mature Student's Study Guide: Essential skills for those returning to education or distance learning</i>. Oxford: How To Books