

Reflective report on academic skills

Throughout the academic skills module, I have had the opportunity to reflect deeply on my learning experiences, which have shaped my academic abilities and contributed significantly to my personal growth. This reflective report will analyze my strengths, areas for improvement, and the overall impact of the module on my development.

One of the most notable strengths I found during this module is my ability to engage in taking in information critically with academic texts. Before this module, I often took readings calmly, without questioning their substance or relevance. However, through various assignments and discussions, I learned to analyze texts more critically, looking for underlying arguments, biases, and approaches. This skill has improved my understanding and enhanced my ability to combine information from multiple sources. I could draw connections between different texts and apply abstract frameworks to practical scenarios, which has been opposite in my coursework.

Another strength that emerged was my research skills. The module point out the importance of conducting thorough research to support academic arguments. I learned how to navigate academic databases, evaluate sources for accuracy, and blend evidence into my writing effectively. This process has made me more confident in my ability to gather and utilize information, which is essential for producing high-quality academic work. I also became more adept at referencing, understanding various citation styles, and the importance of academic honesty.

Despite these strengths, the module also highlighted areas where I need to improve. Time management was a significant challenge for me. With multiple assignments and deadlines, I often found myself overwhelmed, leading to last-minute work and increased stress. I realized that my tendency to slack that delays my ability to produce my best work. To address this, I plan to carry out better organizational strategies, such as creating a detailed schedule that allocates specific time blocks for each assignment. By breaking tasks into smaller, manageable parts, I hope to enhance my productivity and reduce the anxiety that comes with possible deadlines.

As well , I recognized the need to improve my presentation skills. While I am comfortable with written assignments, presenting my ideas verbally in front of an audience has always been a source of anxiety

for me. Throughout the module, I had the opportunity to engage in group presentations, which pushed me out of my comfort zone. Although I managed to convey my points, I often felt nervous and struggled with maintaining eye contact and engaging with the class. To improve in this area, I plan to seek out opportunities for public speaking, whether through joining clubs or participating in workshops. Practicing in a supportive environment will help me build confidence and refine my presentation skills.

The impact of the academic skills module on my personal progression has been endless. I have gained a greater sense of self-awareness regarding my learning preferences and habits. Understanding my strengths and weaknesses has allowed me to take ownership of my education and seek out resources that align with my goals. This module has also fostered a growth mindset, encouraging me to view challenges as opportunities for learning rather than hurdles.

Academically, the skills I have acquired will no doubt influence my future studies. The ability to critically study texts, conduct thorough research, and present ideas effectively will serve me well in higher-level coursework and beyond. I feel more comfortable to tackle complex subjects and engage in meaningful discussions with others and teachers. Moreover, the priority on academic honesty and moral research practices has instilled in me a strong sense of responsibility as a student.

In conclusion, the academic skills module has been a developing experience for me. I have identified my strengths and evaluated thinking and research while recognizing the need to improve my time management and presentation skills. The insights gained from this module have not only enhanced my academic capabilities but also contributed to my personal growth. As I move forward in my academic journey, I am committed to applying the skills I have learned and continuing to develop as a student and individual. This module has laid a solid foundation for my future attempts, and I am grateful for the opportunity to reflect on this learning experience.