

Study Plan for BMHP5019_BIRM – Component 1

Time Frame: Two Weeks

Goal:	To complete the research proposal while maintaining quality and meeting all requirements	
Week 1 Topic Selection, Research, and Outline Creation	Day 1	Understand Requirements and Brainstorm Topics - Review the task assessment specification document thoroughly. - Brainstorm 3–5 potential topics related to health, social care, and/or digital health professions. - Shortlist the most feasible and relevant options.
	Day 2	Finalise Topic and Draft Review Question - Select a topic from the shortlist. - Draft a focused review question and define the objectives of the scoping review. Example: "What is the evidence regarding [specific intervention] in [specific population/context]?" - Begin identifying key terms and concepts for the literature search.
	Day 3	Conduct Preliminary Literature Search - Search academic databases (e.g., PubMed, Scopus, UWTSD Library) for peer-reviewed primary and secondary studies on the topic. - Save articles and organize them into folders. - Summarise findings from 5–10 initial studies to support the topic's importance.
	Day 4	Develop the Proposal Outline - Create a detailed outline with sections for: - Introduction: Topic, review question, and objectives. - Rationale: Importance of the topic. - Methods: Scoping review methodology. Thematic analysis. - Ethical Considerations: Ethical issues in secondary research. Use bullet points or brief sentences to organize ideas.

	Day 5	Expand on the Rationale Section Write a draft of the Rationale, explaining: • Why the topic is significant. • Its relevance to health, social care, or digital health professions. Support arguments with references from the preliminary literature. • Cite all sources using the University's Harvard referencing style.
	Day 6-7	Draft the Methods and Ethical Considerations Sections Methods: Describe the scoping review methodology, including: ○ Databases to search. ○ Search terms and inclusion/exclusion criteria. ○ Methods for organizing and analysing findings. Ethical Considerations: Briefly address: ○ Transparency in reporting. ○ Intellectual property issues. ○ No use of identifiable patient data.

Week 2: Drafting, Editing, and Finalising	Day 1-2	Combine Sections into a Full Draft Write the Introduction, clearly stating: • The topic and its scope. • The review question and objectives. Merge the Rationale, Methods, and Ethical Considerations into a single draft. Add headings, subheadings, and ensure logical flow between sections.
	Day 3	Review and Edit the Draft • Edit for clarity, coherence, and conciseness. • Eliminate redundant or unclear sentences.

		• Ensure all citations follow the University's Harvard referencing style.
	Day 4	Proofread and Format Proofread for grammar, spelling, and punctuation errors. Format the proposal according to guidelines: ○ Cover page with required details. ○ Arial font, size 11, 1.5 line spacing.
	Day 5	Prepare the Reference List • Compile a reference list of all sources cited in the text. • Double-check the accuracy of citations using Harvard referencing style
	Day 6	Final Review and Polishing • Perform a final read-through of the entire document to ensure quality and adherence to requirements. • Double-check formatting and ensure the cover page is complete.
	Day 7	Submit the Proposal • Submit the completed proposal via the designated portal (e.g., Turnitin). • Save a copy for your records