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Academic Skills LCLM4001

Task 3 - My Reflective Report

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TASK 3: MY REFLECTIVE REPORT

INTRODUCTION

During my Time at the university, I have learned a great deal of new skills and new information. The purpose of this report is for me to reflect and speak on what I have learned and struggled with and my total experience within the past 10 Weeks. This report is also for me to reflect on my module topics which include understanding assessments and planning, which I was taught in the start of week 1. I learned how to search for information and assessing sources of information, note taking, referencing, time management which can be helpful in life not just university. I also was able to learn to write Academically and learn what reflective models are. I gained the knowledge during this module to structure my essay with everything I have learned I felt confident enough to complete my task 3.

DESCRIPTION OF EXPERIENCES

Throughout the start of my course, I was really worried about getting back into education as during a long period I have been out of a learning environment. For the time of the 10 weeks; I have been studying Academic skills. Learning understanding assessments and finding information I felt gave me some insight into how university will be as this is my first term. I found that referencing was a lot more complicated than I thought it would be, but this was something I was eager to learn as I will need this skill thru my entire time at university. When it was time for me to do task 1, I felt confident I had the knowledge to get me enough marks to pass. Learning to write academically and paraphrasing was also something that was needed as I have been out of education a long time. As this was my first time writing a report I would have really struggled without learning the essay structure in week 8 and summarising and using reflective models in week 9

ANALYSIS AND SELF REFLECTION.

Throughout week 1 I was introduced to the academic skills, which really was eye opening which showed me what the next 10 weeks are going to look like. During the start of week 2 I was taught what makes a good assignment. There are several differences between what makes a good assignment good and a bad one bad. I was feeling quite confident of my knowledge on what makes a good assignment, and I know I will be able to put multiple methods into my work. Following the end of week 2 I was feeling slightly more confident in my academic skills knowledge. I felt more comfortable in understanding what makes a quality assignment as well as feeling less anxious with my peers around me. Starting week 3 I was shown how to note take, reading and finding information. Three main features for searching for information contains knowing the resources you need scholarly as well as non-

scholarly. Google scholar is a helpful tool for finding academic resources. Throughout the day I was shown the CRAAP method. I felt confident understanding and using the CRAAP method and using it in my work. During these past 3 weeks I have encountered multiple different experiences. Reflecting through week 2 and 3. Note taking has helped me to largely understand what I have been taught so far. Entering Week 4 I started off having my first mock quiz in preparation for the following week as I will have my actual quiz on that day. After I finished the test, I felt quite confident as I had more than enough to pass. Starting Week 5 I had my first quiz before starting I was quite nervous and was not so confident. While looking at the questions I came to believe I knew the answers to most of them. Following the end of the test I got the results, and they were quite good I got more than enough to pass. Although there was a small number of questions I got wrong. I was feeling quite proud and was less worried but knew I had to focus and take in everything I am being taught. I was taught paraphrasing during week 6 I also learned how to turn my assignment's in using Turnitin. Academic writing was one of the things I felt I lacked in so learning more about this in week 7 made me feel confident in my writing ability. Throughout week 8 I learned and went home and done more research on essay structure and signposting, with this being my first reflective report I feel I could not have done a report without this skill. During week 9 we learned how to summarise and about use reflective models such as the Gibbs reflective cycle which helped me know what to write about and what not to write about.

Conclusion

Overall, throughout these past 10 weeks this module has impacted me in a positive way as I am feeling a lot happier in my academic knowledge and understanding. I know I will be using all these skills I have learnt into my future assignments. There are several new skills that I will be using to help me in my assignments. These skills include note taking, referencing, and time management. Time Management is an important and useful skill not just for university neither this method can be used in the real world too I have been using it constantly since I have been taught it and it has helped me so much, I will continue to use the time method skill. Overall, I am proud in how far I've come and what I have learned so far. I cannot wait to see what my future at this university holds and I hope to meet many new people on the way and learn as much as I can about academic skills.

paraphrasing

According to a study conducted by Akbar (2020) found that the deeper understanding of student's knowledge of paraphrasing the more enhanced their ability to understand the understanding of the literature.

During, Melo, Wattret (2021) they researched the importance of various transferable skills from study to using those skills in the wider world. The study found that self-reflection was a skill which was often overlooked, and the importance of this skill was

as important as other transferable skills. Reflection allows for self-growth and should become an unconscious reflex in everyday life.

References

Akbar, M. (2020) 'Students paraphrasing in the literature review section of research proposal'. *Jasbura journal of English teaching and literature* 1 (1). 1-15

Mello, L. (2021) 'Developing transferable skills through embedding reflection in the science curriculum'. *Biophysical reviews* 13 (6), 897-903