

Developing effective study skills

Engaging

Taken from Cottrell (2019) here are some examples she suggests can help with engaging.

- Your mind
- Take part in debates
- Peers and course feedback
- Use your own Material
- Take part in course events
- Engage with your peers
- Keep up to date with class

Cottrell (2019) also suggests that some of the most important aspects of effective study skills are abilities such as, rephrasing things you hear and read and remembering to make your notes your own.

Critical thinking

What is critical thinking?

Critical thinking is the skill to be able to question everything you hear or see, even if it seems like a researched fact. By questioning ideas and statements you are able to develop your personal understanding and knowledge as Eales-Reynolds (2013) points out.

The key skills that employers are looking for in graduates are critical thinking, critical analysis and problem solving as Eales-Reynolds (2013) states. This supports the idea that critical thinking is an essential skill for studying and everyday life.

Day (2014) suggests that for best writing results both critical and creative processes should be followed and encouraged.

Time Management

According to Cottrell (2019) there are two time-related factors which will strongly affect your success as a student. These are how much time is put into studying and how well that time is used.

It can be hard to fit everything you want to do in however some things are more urgent and need to be prioritized for best results in your studies as stated by Cottrell (2019).



Cottrell.s (2019) P. 123

Effective note-taking skills

Pritchard (2008) points out that storing a recording of a lecture to listen to will not lead to any understanding of its content. This is because we know that the engagement during lectures are sharing ideas is at the heart of learning.

According to Kettel and DeFauw (2018) some students find it challenging to avoid plagiarism because they do not know how to paraphrase the correct way. While paraphrasing it is important to reword and rephrase the information that has been read and included in your work.



Cottrell.s (2019) P. 215

References

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