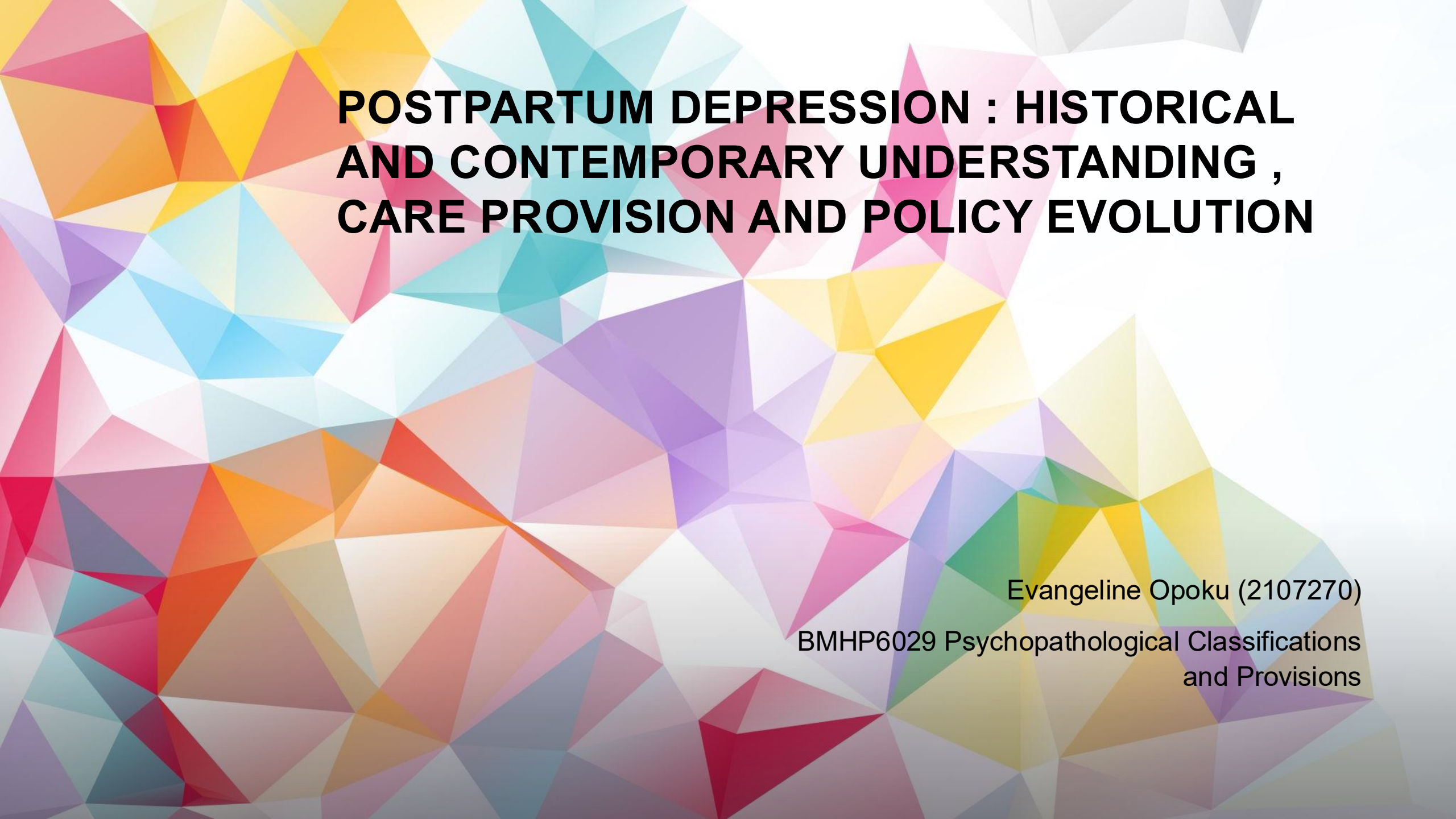


The background of the slide is an abstract geometric pattern composed of numerous triangles of various sizes and colors, including shades of pink, orange, yellow, blue, and purple. The triangles are arranged in a way that creates a sense of depth and movement, with some triangles appearing more prominent than others.

POSTPARTUM DEPRESSION : HISTORICAL AND CONTEMPORARY UNDERSTANDING , CARE PROVISION AND POLICY EVOLUTION

Evangeline Opoku (2107270)

BMHP6029 Psychopathological Classifications
and Provisions

POSTPARTUM DEPRESSION : HISTORICAL AND CONTEMPORARY UNDERSTANDING , CARE PROVISION AND POLICY EVOLUTION

Introduction

- Definition (ICD-11: 6A71
- Prevalence
- Impact on mother, infant and family.



Historical understanding

- Dismissed as hysteria.
- Stigma and silence.
- Recognition grew in 1970s – 1990s



Contemporary Understanding

- Biological: hormonal changes, thyroid issues.
- Psychological: trauma, stress.
- Social: racism, poverty , migrant barriers



Critical Analysis

- Attitudes : Reduced stigma , persistent judgement.
- Practices: perinatal teams, inequalities , remain.
- Policies : NICE CG192 , NHS Long Term Plan.

NHS Long Term Plan
#NHSLongTermPlan

Social Cultural & Political Context.

- Cultural stigma.
- Racial disparities.
- Socioeconomic pressures.
- Immigration barriers.



Recommendations

- Culturally competent services.
- Anti racism training.
- Community interventions.
- Targeted screening.
- Policy reform.



Conclusion

Progress made but inequalities persist .
Systemic reform needed for equitable outcomes.



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Never end on...

Thank You!