

Course: BSc (Hons) Health and Social Care

Module: Independent Project (BMHP6020_BIRM)

Component 1: Element 1 - Project Proposal

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Element 1 - Project Proposal

My project title: Covid-19 Pandemic

1) Aim:

The main aim of this study is to analyse the impact of the Covid-19 pandemic on health and social care systems, specifically, patient outcomes, workforce challenges, and service provision problems (Haileamlak, 2021). It also intends to determine the measures that can enhance preparedness and resilience towards future emergencies in public health.

2) Objectives:

- Identify and analyse the characteristics of the Covid-19 pandemic along with its impacts on both local and international health and social care systems.
- Understand issues of healthcare professionals such as limited resources, mental strain, shift in service delivery.
- Assess the impact of the technical improvements, measures, and policies, which were introduced throughout the epidemic.
- Recommend on how to enhance workforce support, crisis responses, and health and social care preparedness to future pandemics or other similar incidents.

3) Background/Rationale:

When the World Health Organization declared the Covid-19 epidemic in latter part of 2019, it created the largest inconvenience in the system of health and social care in the world ever (World Health Organization, 2020). Hospitals, assisted living, and community agencies were in high demand, low resources, shortage of workers and the changes occurring in the working procedures were at great rate. The elderly and those with chronic illnesses were some of the at-risk groups that were hit the hardest. There were also stress, exhaustion, and mental pressure experienced by the healthcare workers who had to adjust to the new methods and technology such as telemedicine (Schwarz et al., 2022).

The pandemic demonstrated the vulnerability of preparedness, crisis response, and support systems and, hence, this issue is important to health and social care. Although it is evident that numerous studies are conducted since clinical outcomes, it is imperative to consider the implications on social care and the experiences of workers (Filip et al., 2022). This study helps to eliminate this inadequacy by looking at the responses of the health and social care systems and the improvements that need to be made in the future in case of a crisis.

4) Methods:

This study will involve a secondary research methodology in which the study will employ a qualitative analysis. Information will be obtained through peer-reviewed journal articles, government policy documents, World Health Organization reports as well as credible health databases (George, 2023). The choice of sources will be made since the academic reliability, timeliness, relevance, and trustworthiness. To determine typical patterns, issues, and successful strategies, thematic evaluation and comparative results of another research will be used to analyse it. Ethical considerations are ensuring that data is not analysed subjectively or subject to bias, proper source citation and avoiding plagiarism are all examples of ethical considerations.

5) Resources:

Google Scholar

PubMed database

Ministry of Health reports and WHO reports

Online library at the University

University online library access

6) Timescale:

Week	Activity
Week 3	Selecting the topic and planning the proposal
Week 6	Source collection for the literature review
Week 10	Data analysis and thematic review
Week 14	Writing the report, editing, and the final submission

7) Self-reflection as researcher (any strengths or challenges):

As a researcher, I am well prepared to conduct successful secondary research because I can conduct effective academic writing and literature reviews. But it may be difficult to choose the most topical materials among all the literature on the Covid-19 topic. During this project, I would like to enhance my abilities in critical analysis and synthesis and manage my time efficiently.

References

- Filip, R., Puscaselu, R.G., Anchidin-Norocel, L., Dimian, M. and Savage, W.K. (2022). Global Challenges to Public Health Care Systems during the COVID-19 Pandemic: a Review of Pandemic Measures and Problems. *Journal of Personalized Medicine*, [online] 12(8), p.1295. doi:<https://doi.org/10.3390/jpm12081295>.
- George, T. (2023). *What is Secondary Research? | Definition, Types, & Examples*. [online] Scribbr. Available at: <https://www.scribbr.com/methodology/secondary-research/>.
- Haileamlak, A. (2021). The Impact of COVID-19 on Health and Health Systems. *Ethiopian Journal of Health Sciences*, [online] 31(6), pp.1073–1074. Available at: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8968362/>.
- Schwarz, T., Schmidt, A.E., Bobek, J. and Ladurner, J. (2022). Barriers to Accessing Health Care for People with Chronic conditions: a Qualitative Interview Study. *BMC Health Services Research*, 22(1), pp.1–15.
- World Health Organization (2020). *Impact of COVID-19 on people's livelihoods, their health and our food systems*. [online] Who.int. Available at: <https://www.who.int/news/item/13-10-2020-impact-of-covid-19-on-people>.