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Module name: Empowering Older Person

Module code: BMHP6027

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1. Technologies in health and social care for older people play a vital role. (Yes/No) **NO**

Advanced (2024) *The role of technology in advancing adult social care*. Available at: <https://www.advancedaca.co.uk> (Accessed: 28 July 2026).

Age Uk (2025) Helping older people get online
Available at <http://ageuk.org.uk> (Accessed: 28th July 2026).

Age UK (2025) *Age UK warns 2.4 million digitally excluded older people are at risk of being left behind in an increasingly digital world*. Available at: <https://www.ageuk.org.uk/latest-press/articles/age-uk-warns-22.4-million-digitally-excluded-older-people-are-at-risk-of-being-left-behind-in-an-increasingly-digital-world/> (Accessed: 27 July 2026).

Championing Social Care (2025) *From compassion to code: Rethinking technology's role in social care*. Available at: <https://www.championingsocialcare.org.uk> (Accessed: 27 July 2026). (Please check the exact webpage title and URL.)

DigiAge (2024) *Digitising health and social care*. Lancaster University. Available at: <https://www.lancaster.ac.uk> (Accessed: 28 July 2026).

DTSW (2026) *Digital technologies' role in supporting social wellbeing*. Available at: <https://arc-eoe.nihr.ac.uk> (Accessed: 28 July 2026). (Please check the organisation name and report title.)

Government Office for Science (2025) *What are the likely changes in society and technology which will impact upon the ability of older adults to maintain social (extra-family) networks of support now, in 2025 and in 2040?* Available at: <https://sets.publishing.service.gov.uk> (Accessed: 27 July 2026).

Money, A.H., Telling, E. and McDermott, J. (2022) *Access to health and social care: Umbrella review*. Available at: <https://arc-gm.nihr.ac.uk> (Accessed: 27 July 2026).

NHS England (2025) *Digital Transformation* Available at: <https://www.england.nhs.uk/digital-technology> (Accessed: 27th July 2026)

National Library of Medicine (2020) *Effects of digital technologies on older people*. Available at: <https://www.ncbi.nlm.nih.gov/pmc> (Accessed: 27 July 2026). (If possible, use the original journal article authors instead of the database.)

Rousaki, A., Zamani, D.E. and Sbaffi, L. (2024) *The digitalisation of social care in England and implications for older unpaid carers: A constructionist thematic analysis*. Available at: <https://pmc.ncbi.nlm.nih.gov> (Accessed: 27 July 2026). (Ideally include the journal name, volume, issue and DOI if available.)

People's health trust (2021) *Digital inclusion and older people* Available at: <http://peopleshealthtrust.org.uk> (Accessed: 27th July).

techUK (2025) *The role of IoT in the future of adult social care*. Available at: <https://www.techuk.org> (Accessed: 28 July 2026).

UK Authority (2026) *Social care providers are not using care technologies*. Available at: <https://www.ukauthority.com> (Accessed: 28 July 2026). (Please verify this title.)

UK Government Social Care Blog (2025) *New ways to support older people*. Available at: <https://socialcare.blog.gov.uk> (Accessed: 28 July 2026).

Department of Health and Social Care (DHSC) (2021) *People at the Heart of Care: Adult Social Care Reform White Paper*. London: Department of Health and Social Care. Available at: <https://www.gov.uk/government/publications/people-at-the-heart-of-care-adult-social-care-reform-white-paper> (Accessed: 1 August 2026).
National Institute for Health and Care Excellence (NICE) (2015) *Older people with social care needs and multiple long-term conditions (NG22)*. Available at: <https://www.nice.org.uk/guidance/ng22> (Accessed: 1 August 2026).

NHS England (2025) *Digital transformation*. Available at: <https://www.england.nhs.uk/digitaltechnology/> (Accessed: 1 August 2026).
National Institute for Health and Care Research (NIHR) (2024) *Digitalisation of health and social care services for older adults*. Available at: <https://www.hapru.nihr.ac.uk/2024/06/30/digitalisation-of-health-and-social-care-services-for-older-adults/> (Accessed: 1 August 2026).

I have two recommendations before you submit:

1. **Replace homepage links with the exact article links** wherever possible. This is what most UK universities expect in Harvard/Cite Them Right referencing.
2. For the **journal articles** (Rousaki et al. and *Effects of digital technologies on older people*), include the **journal title, volume, issue, page numbers and DOI** if your lecturer requires full Harvard references.

If this is for your Level 5 or Level 6 social work assignment, I can also **check your in-text citations, grammar, and reference list against your university's marking criteria** to help you maximise your marks.

Digital technology has transformed the way health and social care services are delivered. However, many older adults continue to face barriers to digital inclusion, including limited digital skills, lack of confidence, affordability, poor access to devices and the internet, and physical or cognitive impairments. These challenges can reduce access to essential services, increase social isolation, and widen health inequalities. Social workers and other professionals have an important role in supporting older adults to develop digital skills, promoting equal access to services, and ensuring that technology complements rather than replaces person-centred care.

Of course! Replacing those two with **peer-reviewed journal articles** is a great idea because it will strengthen the academic quality of your reference list.

Here are two suitable journal articles in **Harvard (Cite Them Right)** style.

Replacement references

Chen, K. and Chan, A.H.S. (2014) *Use or non-use of gerontechnology: A qualitative study*. **International Journal of Environmental Research and Public Health**, 11(10), pp. [10336–10353](#). Available at: <https://doi.org/10.3390/ijerph111010336> (Accessed: 1 August 2026).

Rasi, P., Vuojärvi, H. and Ruokamo, H. (2021) *Media literacy education for older people: A systematic review*. **Educational Gerontology**, 47(5), pp. 1–16. Available at: <https://doi.org/10.1080/03601277.2020.1855123> (Accessed: 1 August 2026).