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Academic and Employability Skills
(LCHS4001 LON)

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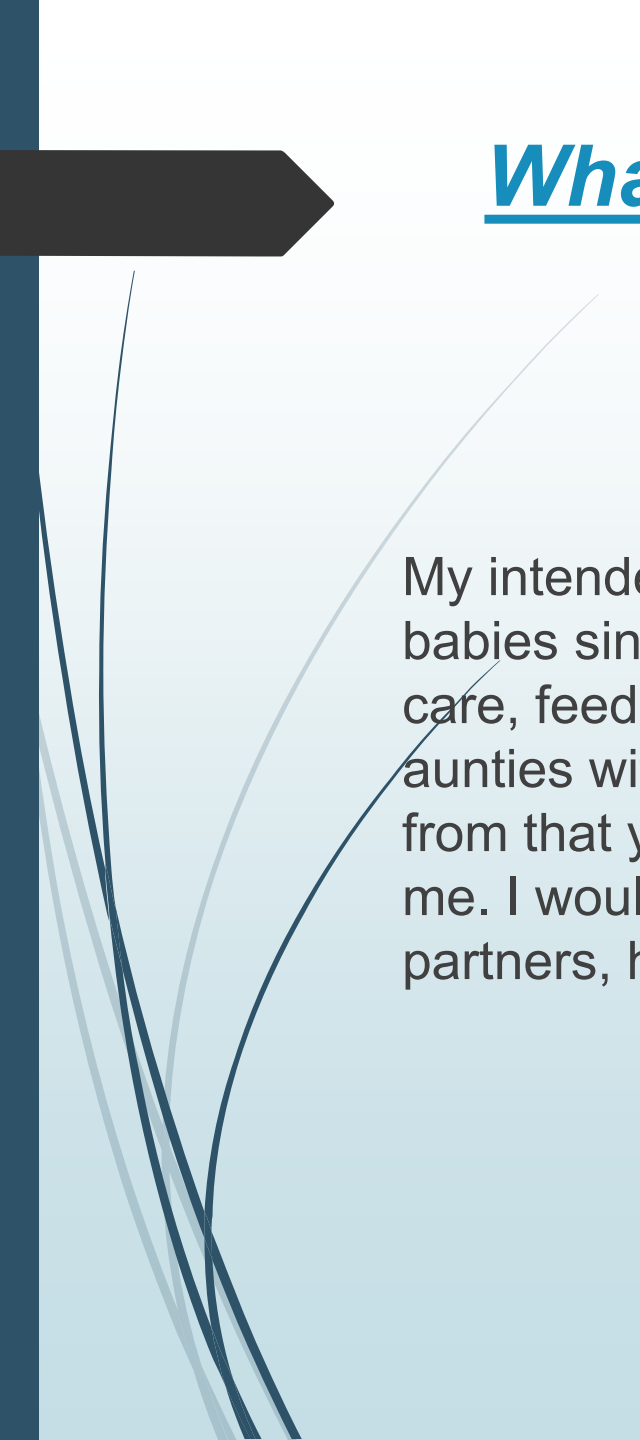
What is my
intended
career?

Who is a
midwife?

What can
a midwife help
with?

What skills I
have?

What skills and
qualities i
need?



What is my intended career?

My intended career is to become a midwife, because having a love for the babies since I was 5 years old, I always wanted to hold them, on my arms, to care, feed, and play with them. When I was like 7 years old, I helped my aunties with the babies, to change, to do a bath, to put them to sleep, so yeah from that years this passion comes to me, to love it and to stay for good with me. I would like to work with newborns and to help new mum`s and their partners, how to care, and whatever they need to know about the babies.



(Capital Nurse, n.d)



(ABC Prints, n.d)

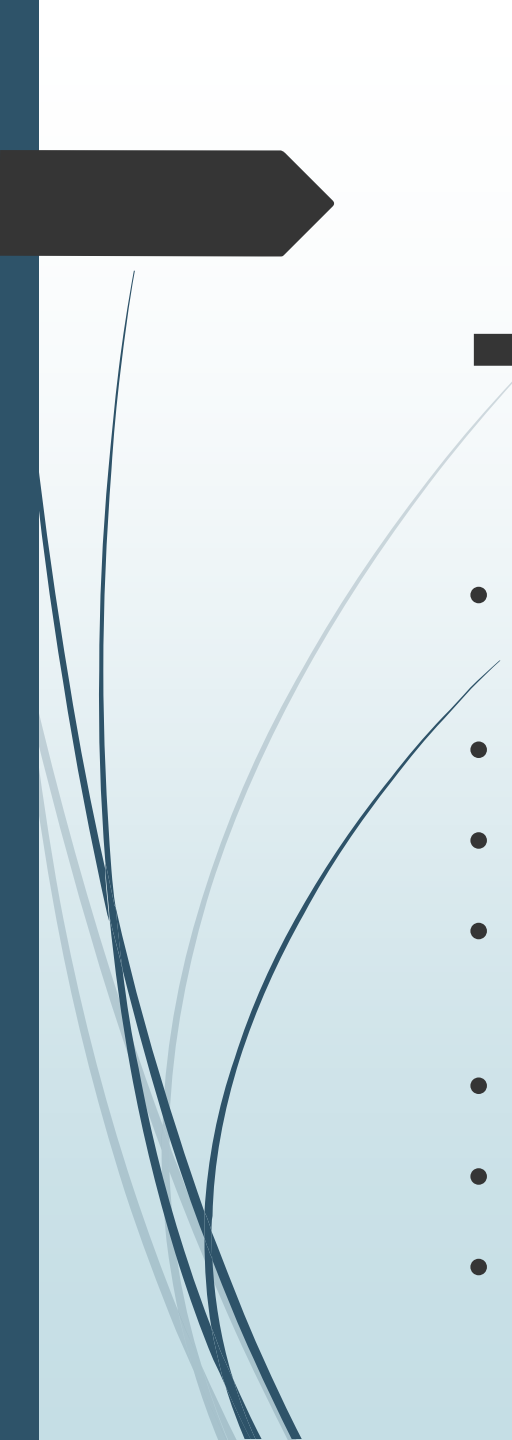
Who is a midwife?

- A midwife provides advice, support and care throughout the pregnancy and for 6 weeks after delivery of baby.
- Responsible for the health of both mother and child and will only refer to obstetricians if there are medical complications.



(all4maternity, 2022)

([prospects](#), 2022)
([healthnavigator](#), 2022)



What can a midwife help with?

- A midwife can be your lead maternity carer (LMC) when you are pregnant.
 - discuss and develop a plan with you for your care during pregnancy, labour and after delivery
 - provide advice about healthy lifestyle during pregnancy
 - stay with you during labour and birth
 - refer you or your baby to a specialist or other healthcare providers if needed
 - organise screening tests and checks for you and your baby
 - provide education on breastfeeding
 - after delivery, visit you and your baby in hospital or in your home.



What skills I have?

- understanding and caring attitude.
- emotional and mental strength.
- good observation.
- patience.
- maturity.
- willingness to take responsibility.
- ability to cope with distressing situations and to stay calm in stressful situations.



What skills and qualities I need?

- the ability to build a close, trusting relationship with pregnant women and their partners
- an open mind and flexible attitude, to respect and meet each woman's wishes
- communication skills to discuss issues and explain aspects of pregnancy and birth clearly
- practical skills for routine examinations
- observational skills to notice any complications in the pregnancy
- teamwork skills, for example, to work alongside hospital Doctors (such as Obstetricians), GPs and Nurses
- to be able to keep up to date with new procedures
- initiative and the ability to take responsibility, for example, during the delivery of babies.



Summary

- I choose to study this course because I love babies and I like to help new mum`s and their partners.
- I would like to develop more skills to be a good midwife.
- Taking responsibilities with the newborns and their parents.
- To help every women with psychological support during the pregnancy and after delivery of baby
- I am very driven and passionate about my future carrer.

Reference

1

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