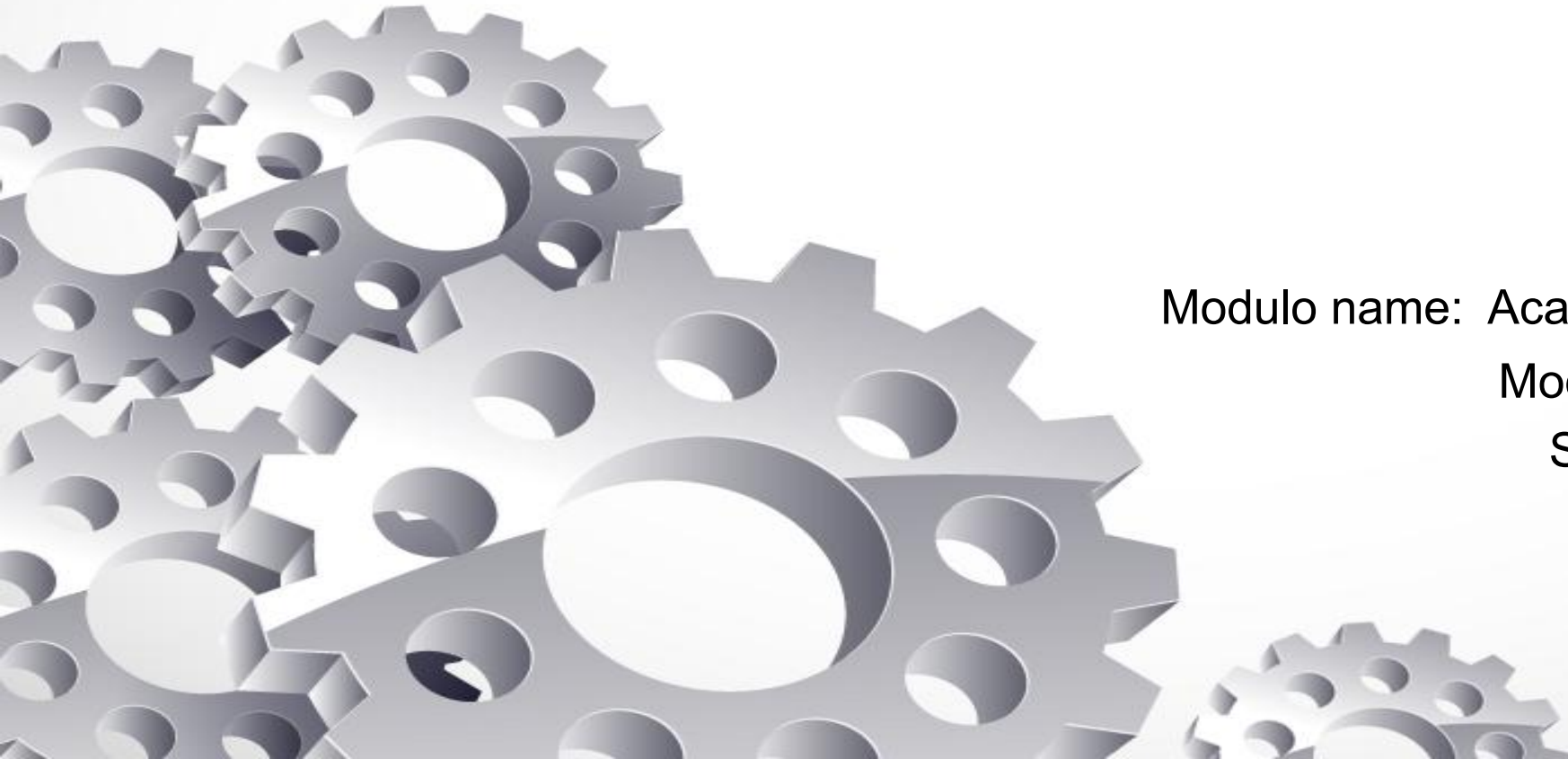


Analysis Skills

My intended career



Modulo name: Academic and Employability Skills

Modulo code: (BMSW4001_LON)

Student name: Luana Sequeira

Student ID: 2114278

Lecturer name: Anita Nan

Overview



- 1) My intended career
- 2) Swot analysis
- 3) Communication
- 4) Problem solving and decision making
- 5) Time management
- 6) PDP
- 7) Conclusion
- 8) Reference

My intended career



Midwifery

- Delivery babies.
- Assisite the mother before,during and after childbirth.
- Provide health education to parents and other family members about postpartum care.
- Give a emocional and practical support during the labor.
- Work as a team.
- Alwyas give a positive image, good relationships with others.
- Emphaty.
- Compassion.

Swot analysis

Strengths

Ability to speak with
other people
Speak different
languages
High capacity to adapt

Weaknesses

vocabulary in English
Writing essays
Leadership and
management

Opportunities

Technology
Team work
Dealing with people

Threats

Time management
Organization
Lose enthusiasm in
project



Communication



- The best and polite way to say some information.
- Good observation.
- Verbal communication.
- Works in partnership.
- An ability to act on my own initiative.

Problem Solving and Decision Making



- Determine the cause of the problem, selecting alternatives and implementing a solution.
- Maturity.
- Listening.
- Empathy.
- Good observation.

Time Management



- Planning an exercising control of time spent on activities.
- List of activities (daily / weekly / monthly).
- Analyze and make improvement plan.
- Priorities work.

Personal Development Plan



- Fixed and realistic goals.
- Acquire knowledge.
- Increase my contacts and don't close to new opportunities.
- Learn to separate work and personal life.
- Keep a positive attitude.
- Be constant and save time.
- Avoid conflicts.
- Improve communication.

Conclusion



Finally, from this work of personal and professional analysis, I can conclude that I need to know more about my capacities for the development and improvement of skills so one day I can be a good midwife.

Reference



- (2003-2021) NursingAnswers.net
- Ellis,P. (2016)The role of the leader in Personal Development Planning. Wounds UK.



Any Questions?
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