

Video Presentation

Module Name: Academic & Professional Development

Assignment Title: Video Presentation

Course Name: BA Computer Games Design

Student Number: 2502179

Student Name: Ellie Saunders

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Task 1 – Self-Evaluation

SELF-EVALUATION

□ Belbin. Team roles test [1]:

- ❖ Executive 17%
- ❖ Analyst 17%
- ❖ Completer 17%
- ❖ Team Player 14%
- ❖ Innovator 11%
- ❖ Chairperson 11%
- ❖ Expert 11%
- ❖ Driver 3%
- ❖ Explorer 0%

□ Myers briggs type test. Personality test [2]:

- ❖ Mediator INFP-T

□ Gardners theory test. Multiple Intelligences Test [3]:

- ❖ Strongest area is Naturalistic Intelligence. Second is between Logical: Mathematical Intelligence and Intrapersonal Intelligence.

□ Colour personality test [4]:

- ❖ Colour Gold. Detail orientated, prepared, organised, and caring.

SELF-REFLECTION

- ❖ Good organisation and preparation.
- ❖ Caring and considerate towards others.
- ❖ Will often follow others lead.
- ❖ Very introverted.
- ❖ Self-conscious and perfectionistic



[5]

Task 2 – PDP

Link to the PDP document: [PDP Word Doc](#)

Screenshot from PowerPoint:

PDP

What do I need to learn or develop? (Specific & Relevant)	What will I do to achieve this? (Specific)	What resources or support will I need? (Achievable)	Success criteria (Measurable)	Target dates for review and completion (Timebound)
I would like to develop my communication skills so I can confidently express my thoughts to others.	I will record myself doing a small presentation every day. After a couple weeks I will begin presenting these in front of a small audience.	Improve Your Communication Skills (Creating Success) book by Alan Barker. [6] Confident Communication for Introverts LinkedIn course. [7]	I can confidently present a presentation to at least 5 people.	I would like to have achieved this goal by the 1st of January 2026.
I need to develop my 3D modelling skills so I can create acceptable models without guidance.	I will complete at least one model a day. I will seek feedback on each model and ask where I can improve.	Maya 2026 Essentials training free LinkedIn course.[8] Moodle Introduction to 3D Modelling page.[9]	I am able to model, and UV unwrap a simple model of a pop can without guidance.	I would like to have achieved this goal by the 30th of January 2026.
I would also like to improve my understanding of human anatomy to help with my artwork.	To aid I will do at least one sketch every day on a specific part of the body. Once a week I will do a detailed full body sketch to monitor my improvement.	Anatomy for the Artist The dynamics of the human body book by Tom Flint. [10] How I Simplify Anatomy: Art Tips YouTube video by Ullaiin. [11]	I can identify and draw the muscle groups on a human body and understand how they move in relation to each other.	I would like to have achieved this goal by the 5th of February 2026.

Task 3 – Work Summary

1.



Module: Academic & Professional Development
Course: BA Computer Games Design

Student Name: Ellie Saunders
Student Number: 2502179

2.

INTRODUCTION & CONTENTS

- ❖ Self-Evaluation
- ❖ Self-Reflection on results
- ❖ Rolfe's Reflective Model
- ❖ PDP
- ❖ Conclusion
- ❖ References

3.

SELF-EVALUATION

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[5]

5.

ROLFE'S REFLECTIVE MODEL

□ What?

- ❖ I completed the self-assessments and took tests.
- ❖ Identified my strengths and weaknesses from these tests.

□ So What?

- ❖ Organisation is a good skill to have.
- ❖ I am creative however let myself down with my lack in desire to expand on knowledge and other skills.
- ❖ My lack of social skills need to be addressed.

□ Now What?

- ❖ Create a well thought out PDP using SMART objectives.



6.

PDP

What do I need to learn or develop? (Specific & Relevant)	What will I do to achieve this? (Specific)	What recourses or support will I need? (Achievable)	Success criteria (Measurable)	Target dates for review and completion (Timebound)
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7.

CONCLUSION

- The self-evaluation has improved my awareness.
- I have reflected on my strengths and weaknesses.
- Created a PDP from my self-reflection.
- Have set tasks to improve myself and my skills.

8.

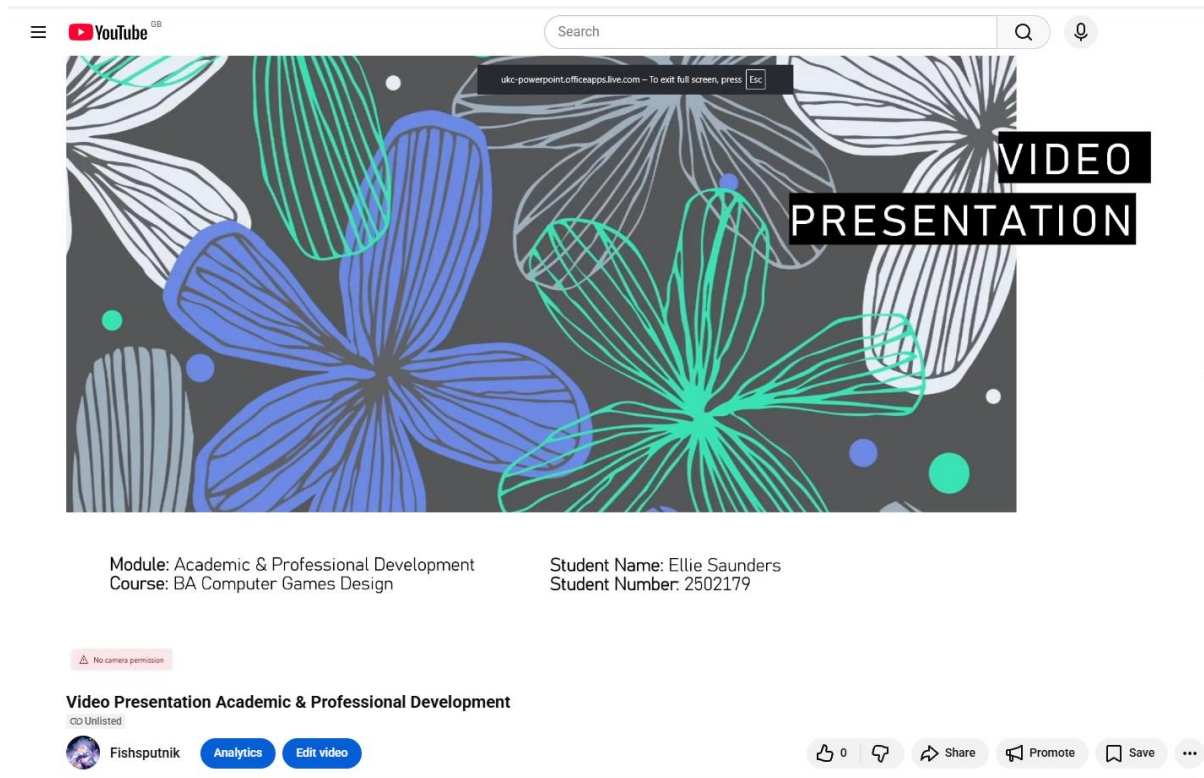
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- [3] IDRlabs, "Multiple Intelligences Test," *IDRlabs*, 2023. <https://www.idrlabs.com/multiple-intelligences/test.php> (accessed Jan. 02, 2026).
- [4] My Personality Test, "True Colours," *My Personality Test*, 2019. <https://my-personality-test.com/true-colours> (accessed Jan. 02, 2026).
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- [7] T. Guttormsen, "Confident Communication for Introverts," *LinkedIn*, Oct. 17, 2023. [https://www.linkedin.com/learning/confident-communication-for-introverts?upsell\(OrderOrigin=default_guest_learning&trk=default_guest_learning\)](https://www.linkedin.com/learning/confident-communication-for-introverts?upsell(OrderOrigin=default_guest_learning&trk=default_guest_learning)) (accessed Jan. 03, 2026).
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- [9] "L4 - Introduction to 3D Modelling (ACCA4042)," *Moodle*, 2025. <https://moodle.uwtsd.ac.uk/course/view.php?id=12751> (accessed Dec. 20, 2025).
- [10] Ullaiin, "How I Simplify Anatomy: Art Tips," *YouTube*, Jul. 21, 2025. <https://www.youtube.com/watch?v=VvRENOVbUdM> (accessed Jan. 03, 2026).
- [11] P. Stanyer and T. Flint, *Anatomy for the Artist*. Arcturus Publishing, 2017.

Task 4 – Video Presentation

Link to Video: <https://www.youtube.com/watch?v=WfcrkdjcHBg>

Screenshot of Video in cloud platform:



Link to View/Download the Presentation: [VideoPresentation .pptx](#)

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