

Module Code	ECPS5015
Title	Further Counselling Skills
Date	28/10/2022
Level	5
Credits	20
Pre-Requisites	None

AIM(S)

- To further the advancement of counselling skills developed from level four that are utilised in a range of embedded counselling and mental health professions today.

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to:

- demonstrate appropriate use of a range counselling skills;
- gain contextual knowledge and awareness within a relevant placement that offer support and care within mental health and well-being;
- recognise the limits of knowledge, skill, ethical boundaries, and experience in counselling;
- take responsibility for their own learning and skill development, including effective personal planning, self-reflection, and project management skills.

INDICATIVE CONTENT

The module will include the equivalent of up to ten days of placement experience over the course of the module within an organisation that provides support and care within the context of mental health and/or well-being. The choice of setting can vary but must provide an opportunity to continue to develop embedded counselling skills (**not a counselling practice placement**) and contribute to a contextual understanding of organisational mission and practice.

Indicative content includes:

- Understanding and further developing of a range of counselling skills.
- Contextual understanding of using embedded counselling skills within a variety of mental health and care sector.
- Understanding and application of code of conducts and ethical frameworks with professional practice.
- Awareness and understanding of diversity within context of counselling skills.

Study Time Allocation

The study time for the module is divided as follows:

Activity type	Hours	Percentage
Scheduled learning	30	15%
Independent learning	110	55%
Placement learning	60	30%
TOTAL	200	100%

ASSESSMENT

Assessment Component 1

☐ Written exam ☐ Coursework ☒ Practical

Mode of assessment	Volume	Weighting
Practical Skills Performance	15-minute skills recording	50%

Assessment Component 2

☐ Written exam ☒ Coursework ☐ Practical

Mode of assessment	Volume	Weighting
--------------------	--------	-----------

Portfolio of Evidence	4 elements	50%
-----------------------	------------	-----

Assessment Summary

Activity type	Percentage
Written exam	
Coursework	50%
Practical	50%
TOTAL	100%

INDICATIVE READING LIST

Module Code	ECPS5015	
Module Title	Further Counselling Skills	
Classification	Reading List entry	Electronic*
Essential	McLeod, J. & McLeod, J. (2022) Counselling skills: theory research and practice 3 rd ed. McGraw Hill /Open University Press.	☒
Essential	Reeves, A. (2022). An Introduction to Counselling and Psychotherapy 3 rd ed. Sage	☒
Essential	Midwinter, R. & Dickinson J. (2015). Embedding Counselling and Communication Skills. Routledge.	☒
Essential	Westergaard, J., (2017) An Introduction to Helping Skills: Counselling, Coaching and Mentoring. Sage	☒
Essential	Wright, J. & Bolton, G. (2012). Reflective Writing in Counselling and Psychotherapy. Sage.	☒
Further	Mearns, D. & Thorne, B., with McLeod, J. (2013). Personcentred Counselling in action. 3 rd ed. Sage	☐
Further	Therapy Today BACP https://www.bacp.co.uk/bacp https://www.bacp.co.uk/bacp-journals/therapy-today/journals/therapy-today/	☒
Further	British Journal of Guidance and Counselling	☒
Further	Counselling Psychology Quarterly	☒
Further	Journal of Humanistic Counseling	☒
Further	Journal of Counselling and Education	☒

Further	Cognitive Behaviour Therapy	☒
Further	Person-Centered & Experiential Psychotherapies	☒