

Skills for the Workplace – Coaching and Mentoring Level 6 – Cohort 2

2020 Teaching Schedule

<u>Week</u>	<u>W/C</u>	<u>Content</u>
1	Mon 27 th Jan	• Introduction to coaching and mentoring module / written assignment and practical exercise expectations. • Definitions of coaching and mentoring • Leading academic authority on coaching and mentoring • The similarities of coaching and mentoring and the differences of the same • The similarities of at least two other learning interventions - Other learning initiatives that can be used in conjunction or instead of coaching and mentoring (counselling, wellbeing programmes, employee engagement programmes, e-learning, self-directed learning, focus groups, working groups etc.)
2	Mon 3 rd Feb	• The business case for and against internal coaching programmes v external coaching programmes. • The Line Manager as the coach/mentor • Regulations affecting coaching and mentoring (GDPR 2018 / Ethics /Confidentiality/Coaching Contracts/Coaching and Mentoring professional bodies).
3	Mon 10 th Feb	• The purpose of coaching and mentoring (best practice examples Virgin Media, NHS, Google, – case studies). • Coaching and mentoring models (GROW, OSCAR, CLEAR, ACHIEVE, Max Landsberg's Instant Pay-off Coaching Model. • Practice the practical exercise
4	Mon 17 th Feb	Reading week
5	Mon 24 th Feb	• The skills, attitudes, values, beliefs, behaviours of an effective coach/mentor • Practice the practical exercise
6	Mon 2 nd Mar	Practical Exercise
7	Mon 9 th Mar	• Different coaching and mentoring strategies (Leadership coaching, Executive mentoring, E-coaching, E-learning platforms, vlogging, 1:1 coaching, group coaching, peer coaching/mentoring, Line Manager as the coach/mentor, international coaching etc). • The optimum business contexts for the same.
8	Mon 16 th Mar	• The future of coaching and mentoring in 21st Century business. • The tangible and intangible benefits of coaching and mentoring within organisations (RoI). • Final re-cap of assignment requirements
9	Mon 23 rd Mar	1:1 slots with students to prepare students for assignments.
	Fri 27 th Mar	Assignment Due date