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COMPONENT 1- WORKING
IN TEAMS.
POWERPOINT
PRESENTATION



Working in Teams



INTRODUCTION

Hello my name is June Kelly Ring. I am going to present and explore the importance of working in teams within health and social care. Using Tuckman's model of communication 1965. I will examine how teamwork influences professional practice, Collaboration, and work ethic, highlighting both the positives and the negative aspects of team dynamics.

I will reflect on a personal experience of working within a team and discuss how effective reflection supported my professional development.

IMPORTANCE OF TEAMWORK



- Person Centred Care: Health and social care act (2012)
- Shared responsibilities: Health and social care act (2012)
- Communication
- Learning and reflection (Health and social care act, 2012).
- Reflection

POSITIVE AND NEGATIVES OF TEAMWORK

Positive

- Improved communication
- Person centred care.
- Shared responsibility
- Learning and development
- Supportive environment
- Efficiency and motivation



Negative

- Conflict and disagreement
- Unequal participation
- Communication breakdowns
- Role confusion
- Time constraints
- Resistance to change

TUCKMAN'S MODEL OF COMMUNICATION

Forming: Team members meet and clarify roles

Storming: Conflicts arise as ideas are shared

Norming: The team builds trust and agrees on goals

Performing: Collaboration becomes efficient and respectful

Adjourning: The team reflects and learns for future practice.



Tuckman (1965)

MY PERSONAL EXPERIENCES



I previously worked in a medium secure mental health setting. This was physically and mentally challenging. Reflection was an essential part of daily practice. Effective teamwork and communication were vital to ensure safe, person-centred care. Also, staff safety.

Applying Tuckman's model, our team moved from *forming* to *performing* as we learned to trust one another and share responsibilities. Reflection helped us identify areas for improvement and strengthen collaboration skills, principles of professionalism and partnership working.

REFLECTION AND LEARNING



- Teamwork has strengthened my communication and collaboration skills
- Applying Tuckman's model helped me understand how teams grow and overcome challenges
- Reflection supports continuous improvement principles of professionalism
- I aim to continue developing teamwork skills to enhance safe, person-centred care.

CONCLUSION AND THANKYOU

TEAMWORK IS ESSENTIAL FOR DELIVERING SAFE PERSON-CENTRED CARE

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APPLYING TUCKMAN'S MODEL HELPED ME UNDERSTAND HOW TEAMS GROW AND OVERCOME CHALLENGES

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REFLECTION SUPPORTS CONTINUOUS LEARNING AND PROFESSIONAL DEVELOPMENT

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I WILL CONTINUE IMPROVING MY TEAMWORK AND COMMUNICATION SKILLS

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THANKYOU- I WELCOME ANY QUESTIONS

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I have used co-pilot to proofread my work.
