

Self-reflection on group presentation using Gibbs' Model

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Description:

Using the framework of Gibbs' reflective cycle (Gibbs, 1988), I'll delve into my recent group experience for the initial segment of our assessment. Our team, consisting of four members, had to divide the responsibilities amongst ourselves. We convened at the

library to brainstorm potential organizations for our project. Eventually, we settled on Morrison, a renowned supermarket chain. We spent several hours discussing the content for each slide. While distributing the tasks, the responsibility of finalizing the presentation, including its design, fell upon me, a role I willingly accepted. Over the next week, each member worked independently, later forwarding their findings to me. Besides my research and analysis, I dedicated an hour to compile the presentation. On the day of the presentation, I'm slated to present last, a position I'm comfortable with given my reservations about public speaking.

Feelings:

Our group dynamics were generally positive, though initial disagreements slightly hindered our progress. During my research, I occasionally felt inundated by the vast amount of online information, making it challenging to discern relevant details. My inherent tendency to worry exacerbated my anxiety, especially when I procrastinated, leading to last-minute preparations. The thought of presenting induces anxiety, stemming from concerns about clarity and volume during my speech.

Evaluation:

Reflecting on the entire process, I view it as a constructive experience, albeit with moments of personal apprehension. Crafting the presentation was an engaging task, involving image selection and typography adjustments. My peers were punctual in submitting their well-referenced contributions, which inadvertently made me question the quality of my input. I believe that had I commenced my segment earlier, we could have had additional rehearsal sessions, refining our final output. Seeking assistance from a teammate during my moments of anxiety might have alleviated some of my concerns.

Analysis:

Given our collective commitment and clear role delineation, I'm optimistic about our presentation's success. The GRPI model emphasizes the significance of shared

objectives and individual responsibilities, both of which our group embodied. Collaboratively outlining the presentation's structure and subsequently working on individual sections proved efficient. Past experiences with collective presentation creation often led to chaos due to clashing ideas. I anticipate our upcoming presentation will resonate well, as each member will articulate their own research. However, I recognize the need for extensive rehearsal on my part, preferably before an audience beyond my immediate family.

Conclusion:

This endeavor underscored the importance of timely task completion, irrespective of personal anxieties. It also highlighted my need to hone my public speaking skills, given its relevance in future professional scenarios. On a brighter note, I discerned an improvement in my design capabilities, hinting at a potential avenue for further exploration.

Action Plan:

Moving forward, I'm considering enrolling in an online design course to bolster my skills and gain a competitive edge. Should I partake in another group presentation, I'll proactively seek feedback from peers on my delivery and allocate more time for rehearsals.