

Introduction

What is critical thinking?

Paul, R & Elder, L (2014) believe that practising critical assessment and evaluation of one's thinking might improve one's thinking. We use concepts, ideas, and theories to make sense of information, facts, and personal experiences. This would help find answers, solve problems, and address issues (Paul & Elder, 2002, 2019).

Critical thinking is super important because it helps us think in a smart and logical way. It allows us to analyze information, make better decisions, and come up with creative solutions to problems.

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Referencing

Referencing is important throughout the whole of education. It gives credit to the original sources that have been used in our writing and avoids plagiarism. Referencing adds credibility to our work and allows others verify our sources used. It demonstrates our ability to engage with exiting research. It is a crucial part of education. The most common referencing guide that is very helpful and good to use is the Harvard referencing guide book. It's super important because it credit to the original creators of the ideas, information, or work that you include in your assignments or research. It shows you've done your work, conducted proper research, and acknowledge the sources you've used. Referencing also helps readers locate and verify the information that has been cited, which adds credibility to your work. This is a big purpose to avoid plagiarism.

Time management

Time management is about being smart with your time. By planning, prioritising, and organising your time, this will ensure you can get things done and have time for yourself. This is very important throughout life, especially in education as you need to ensure you have time to complete your assignments and have a social life with friends. Adams, R (2019) believes that by developing time management habits or abilities to help students effectively handle their assignments and meet educational goals, this can enhance favourable academic outcomes. Time management is all about finding the best ways to use your time effectively. By setting goals, creating schedules, and breaking tasks into manageable chunks, you can stay on track and avoid feeling too overwhelmed, accomplish more, and have time for yourself. Time management is crucial in education. When you manage your time well, you can allocate enough hours for studying, completing assignments, and preparing for exams. It helps avoid last minute cramming and reduces the chance of feeling overwhelmed. It gives you the opportunity to have some free time for relaxation and pursuing other interests. By having time management skills, it has been said that the students who do this and complete their work within the set time, receive a much better grade, Cottrell (2013) it allows you to be the leader of your time.

By taking notes during lectures, it helps to remember key points, keep us organised, and give us the opportunity to review them later. Taking notes is important because it enhances understanding and improves retention. When we take notes, it engages our motor memory, which helps us remember information more effortlessly. Lots of individuals find it easier to remember information when they put it into their own words. Taking notes helps bring together the important details, so you have less to go through when reviewing Cottrell, S (2005, 2011). This information can be found in the Critical Thinking skills handbook which I found was very useful. In Borich's (2004) research on note taking, he explored the benefits of summarising information in our own words. He found that this approach helps us remember and understand the material better. Note taking is super important in education because it helps you actively engage with the material, retain information, and reinforce your understanding. When you take notes, you're actively processing and summarising the key points. Note taking helps improve your memory and helps you capture important information, remember key concepts, and stay organised. When you take good notes, you have a handy reference to review later. Writing things down helps and keeps you engaged in class.

Conclusion

To conclude, referncing, time management, and note taking are 3 very important skills for critical thinking. They are all very important skills for improving critical thinking skills. By prioritising these 3 aspects, you will set yourself up for success and ensure a possible chance of recieving a higher grade.

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