



Prifysgol Cymru
Y Drindod Dewi Sant
University of Wales
Trinity Saint David

ACADEMIC AND EMPLOYABILITY SKILLS (BMSW4001_LON)

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INTRODUCTION

- Who are adult nurses and their role in NHS?
- Why did I choose adult nursing as my career?
- Important nursing skills
- 5 steps for successful career
- SWOT analysis
- Job description nurse
- Personal Development Plan
- Conclusion



Who are adult nurses and their role in NHS?

Adult nurses in the NHS help people cope with illness, treatment and recovery by assessing their needs, writing care plans and monitoring progress during medical care.



Why did I choose adult nursing as my career?

- Interesting
- Diverse
- A Career for Life
- Challenging
- Internationally Recognised
- A privilege



Important Skills for Adult Nurses

Adult Nursing Skills:

- Excellent Communication
- Attitude and Confidence
- Critical Thinking and Problem Solving
- Empathy
- Teamwork
- Attention to Detail
- Time Management
- Adoptability

My Skills:

- Communication
- Empathy
- Teamwork
- Critical Thinking and Problem Solving
- Attention to Detail
- Time Management

5 Steps for Successful Career

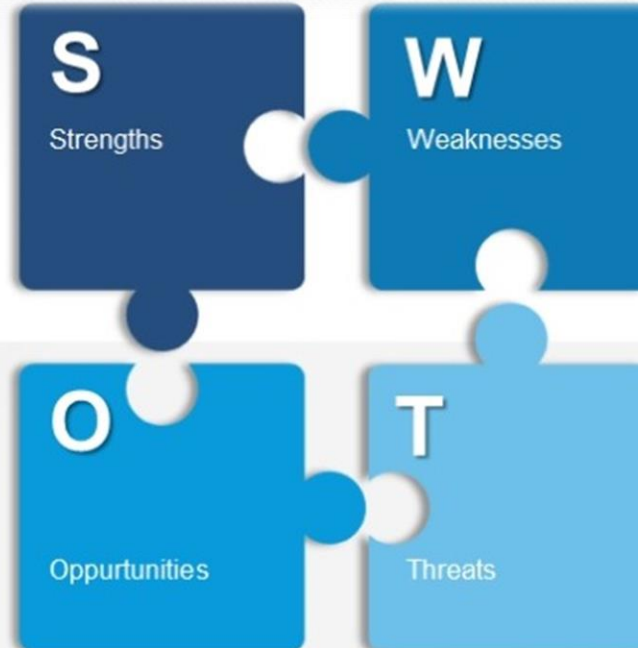
1. Understand Your Goals (PERSONAL DEVELOPMENT PLAN)
2. Crafting a perfect CV and a COVER LETTER
3. Identify Your Strengths (SWOT- ANALYSIS)
4. Constantly Improve Yourself
5. Building Professional Networks

STRENGTHS

- Motivated
- Goal driven
- Willing to learn
- Focus on results
- Hardworking
- Experienced
- Responsible

WEAKNESSES

- English my second language
- Excessive self-criticism
- Straightness
- Vulnerability
- No experience in nursing in England



OPPORTUNITIES

- Training
- Communication
- Teamwork
- Increased efficiency
- Achievement of the set goals

THREATS

- Illness
- Stress
- Fears

Job Description for Nurse

- Registered nurse with a current NMC registration
- Minimum 6 month of nursing experience
- Must have the right to work withing the UK
- Excellent Communication Skills
- Compassionate care to various patients
- Motivated and Committed to the role
- Great Team Working Skills
- Time Management Skills
- IT Skills



Personal Development Plan

What is my goals?	Action for way my goals	How can I improve my chances of achieving my goals?	Support Network	When will I achieve it?	What will count as a success?
1.Finish my study Level 4 and continue for Ba Diploma	1.Finish Level 4 2.Learn about the Bachelor program in UWTSD 3.Apply for Student Finance	1.Keeping focus 2.Read around subject 3.Improve skills every day	1.Lecturers 2.University Staff 3.Students	October 2021 for Level 4 2024 program for my Ba	CERTHE (H&S CARE) Ba Diploma
2.Find a job as an Adult Nurse in NHS	1.Register in NMC 2.Find a good job vacancy 3.Apply for the job 4.Prepare for the interview	1.Volunteering job 2.Keeping focus 3.Training 4. Nursing seminars	1.Colleagues 2. Career advisor 3.My employer	After confirmed my qualifications in UK	Passed interview and beginning of a career as a Registered Adult Nurse in NHS

Conclusion

Module “ ACADEMIC AND EMPLOYABILITY SKILLS” was very interesting and informative. I have acquired new skills and knowledge that will be useful in building a career. The learned methods will help me effectively manage time, competently draw up CV and Cover letter, solve work and life tasks with the help of critical and analytical thinking.

References

- WWW.NURSES.CO.UK
- WWW.HEALTHCAREERS.NHS.UK
- WWW.JOBS.NHS.UK
- WWW.PROSPECTS.AC.UK
- WWW.TARGETJOBS.CO.UK