

Assessment 1

Online Portfolio of set exercises (E-Portfolio)

Module name: Changemakers: Creativity and Value Creation



Module code: BMHP5014

Lecturer name: Eleni Koutsogeorgou

Student Name: Catiana Braganca

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Introduction:

Has been evidenced from 1952 examples that children in the UK National Archives were abused at home and in schools, were also accepted the abuse. However the home office established instructions for the manager of these schools to report the policy in case of crimes such as “indecent practices” , they did not always obey to the rule that was proved from the files, this files show that child abuse were not much serious before then it is today, it was also accepted that the abuser of children after being punished to return to work with them.

In the files were also some important cases related to children abuse, Westfield were considered as local authority children´s home, including 26 children with the age between 6 to 16, who came from troubled backgrounds.

These files show that child abuse started years ago in UK and that they did not give it more importance than today´s life, it has been said in UK today by research from teenagers and parents of young children, that children are victim of abuse from their parents also can be victim of other people, (BBC News,2022) “minority of children experience severe maltreatment and abuse at home, in school, in the community, from adults and from peers” (NSPCC,2022) this sentence means children under age has experience terrible violence and abuse from adults at home,, school and in the community.

According to the research (Cleveland Clinic,2022) the term child abuse means when a child is in a situation where another person closer can be from the family or a friend hurts, neglects or mistreat the child can be in diverse types such as physically, emotional, sexual. Child abuse is important in health and social care because it impacts on well-being and mental health giving long-period effects on adult mental health.

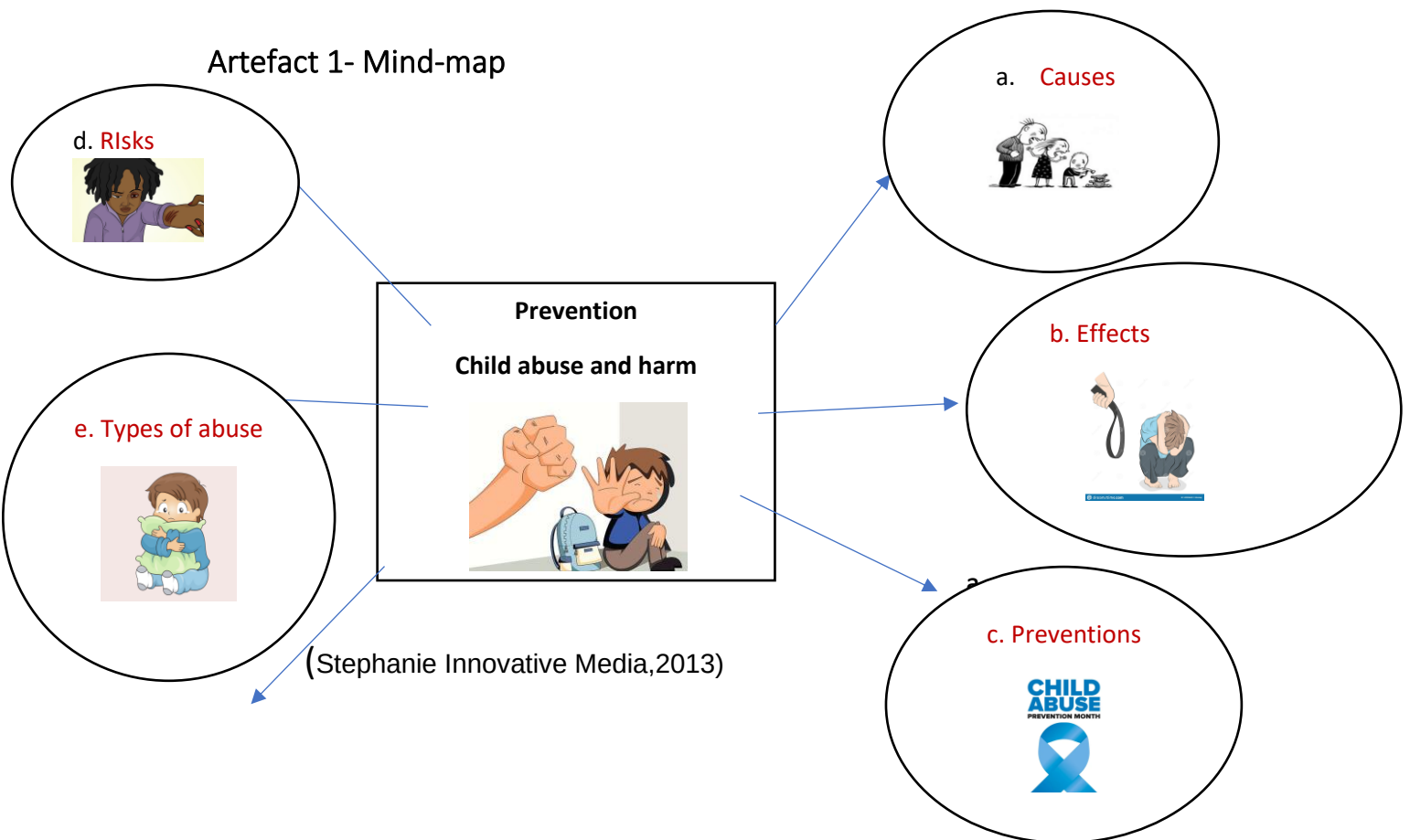
(Shaw &Jong,2012)

The aim of this assignment is to create an e-portfolio of set exercises about a campaign of passion related to health and social care created by me, I choose to discuss about **artefact 1-** mind-map and **artefact 2-**blog. I will be discussing the risks, causes, and focus more on prevention of child abuse, the topic chosen is prevention of children that suffer from abuse or harm.

A mind map is a tool used to collect information in relation to a visualization of pictures or graphical form, if you know how to make a mind- map it can help you to better communicate information and understand. (Indeed,2022)

A blog is an online website that provides personal reflections, comments from different authors or photographs presented by a writer, normally consist of specific topic and articles (Merriam-Webster,2022)

Artefact 1- Mind-map



In this mind map I will start by explaining more about children that suffer from abuse and harm, we can see in the picture in the middle that a child is suffering from physical abuse and around it a mind map with different ideas related to the children abuse, I divide it in **6 items** that I found more important which first is **effects**, that can cause on children, second are **types of abuse** such as sexual, physical and mental, third is the risks that may cause with a child, fourth is ways of **prevention** to save the child from harm, **fifth** causes to understand why the child is going through this situation and to finish sixth **solutions** I will be discussing some solutions to help the child.

a. Causes,

The child can be isolated from others and without enough support from the family in terms of care, Parents that had been abused in childhood may impact the child development, and mental health problems (State of Queensland,2022)

b. Effects

some of the effects that can influence physical and cause trauma in children are burn marks , head trauma because of the excessive abuse can cause long term trauma, difficulty in brain development , the children might have less capacity in learning or concentrate for example in the class, poor hygiene, the children cannot take a shower or dress because of the big impact of physical abuse caused.

Mental effects that can cause in the child are depression, anxiety, persistent fear. (Joyful Heart Foundation,2022)

c. Prevention,

Child can be prevented from being harm with the implementation of strategies including providing financial support to the family, give education to the child and quality care since they are baby. (Centre for Disease Control and Prevention,2022)

Another way to prevent the child from abuse is implementing actives out of school time for the child and parent, and support prevention programmes that can help child preventing from abuse before it happens for example family counselling and home visits from nurses. (Washington State Department of CHILDREN, YOUTH & Families)

d. risks

there are many risks that can influence children for example Parent factors that contribute to child abuse and neglect, Society, and home factors that contribute to child abuse and neglect. (Child welfare Information,2015)

e. Types of abuse

Physical abuse is defined as a situation when a child is being harmed or hurt on purpose including any type of physical abuse that causes the child sickness or unwell, slapping and beat the child. (NSPCC)

Sexual abuse is when a child less than 18 years old is hurt sexually by an adult and is related to intimate contact for example penetration or touching, it can be also child pornography without contact normally is a man that abuse the child. (HealthyPlace,2022)

Child Mental abuse means when a child is abused mentally such as restricting the child, self-esteem, sense of worth, social development and emotions. (Child Advocacy Center Hidalgo,2022)

Parents that had been abused in childhood may impact the child development, and mental health problems (State of Queensland,2022)

f. Solutions

. Talk to your child in a proper way calm without anger or stress

Apologize when you say something bad or that makes him feel sad.

Ask for help in schools or community centres for advice in parenting skills (CUNY, n.d.)

Artefact 2 – Blog

November 2022

Hello, my name is Catiana! Welcome to my blog,

In this blog I will start by explaining you the reason of choosing this topic and where the idea come from. To understand more about children that suffer from abuse I will write some causes that lead an adult to hurt a child, I will provide more information in relation to the prevention of child abuse.



I choose to discuss about children that suffer from abuse and harm to advice other people on ways that you can protect and prevent your child from getting hurt, physically, sexually, and mentally.

The idea of this topic come out from common evidence, it has been evidenced that annually around 500,000 children in the Uk suffer from abuse (NSPCC,2022) the reason I choose this topic is to help other children that are dealing with this situation and does not know how to seek for help or are afraid of asking for support.

Why do children suffer from abuse and harm?

There are many reasons that can cause an adult in hurting a child

One of them is the lack of communication and relation between the parent and the child, if the parent does not show affection, doesn't show care for the emotions and health of the child it is considered as mental health abuse.

The second cause of abuse in children is a lack of parenting skills, it exists cases that new parents don't know or had experienced before in relation of raising a child it leads to parents raising a child in another way beating the child, and shouting.

The third cause might be family stress or causes influenced by separation or domestic violence.

I just choose three points that I consider more important but there are more causes that increase an adult to hurt a child where you can find more information on this link [Causes of Child Abuse: Why Some Adults Hurt Children \(healthline.com\)](https://www.healthline.com/health/child-abuse)

If you are aware of someone that is experiencing child abuse, try to recognise the signs, sometimes is hard because you cannot see but you can notice when a child is different regarding being alone not talking much or spots on the body. (Degarmo,2017)

NICE provides guidelines on managing and taking actions against child abuse, the organisation said that children who suffered from abuse could be recommended therapy and provide family support programmes.

Stakeholders that work with children in healthcare must act when find something strange or if they think child is in danger, or if they think the child has already been abuse, healthcare professionals must contact the police in the moment, or contact children's social care.

Regarding parents who have been seen abusing or neglecting their child because of their lifestyle or drug addiction, the advice recommends parenting programmes. Another example of choices is frequent home visits when child abuse is constant. (NICE,2019)

Thank you for visiting my blog,

If you require any support regarding child abuse call:

NSPCC- 0808 800 500

Support Line-0808 1000 900

Children's Social Services- 0300 123 6720

Conclusion:

In Conclusion it is very important in health and social care to protect and prevent children from maltreatment and harm because it is their well-being and mental health that matters, it can be impacted in their all life, to prevent this situation we must take actions to support the child and the family including strategies such as financial support for family, family support classes and therapy for a child. Parenting programs is good for parents who have been seen abusing or neglecting their child because of their lifestyle or drug addiction.

In this assignment I could learn ways to prevent child being abused, actions to take immediately during the problem, the risks and causes that can impact on child development and health, also the types of abuse that I found more common are sexual abuse, physical abuse, and mental abuse. in the introduction we can see that it started years ago in 1950 it is not a recent case of child abuse, but the difference is that before they did not give it importance as today days. There are annually 500,000 children in the Uk suffer from abuse it is a fundamental problem that needs to be addressed

The effects that this severe problem can impact on children are head trauma, difficulty in brain development and poor hygiene, sometimes you can notice signs that a child is being abused without them telling such as being alone, having spots in the body or not talking too much

Overall, do not hesitate in asking for support if you know of someone that is dealing with this problem, in this case ask for help, call the police, or support line at 0808 800 500/0808 1000 900/0300 123 6720

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