

University of Wales Trinity Saint David
Nursing Studies and Health Level 4
Nursing Portfolio

Contents Page

- About Me- Page 3
- C.V- Pages 4-5
- Work placement- Page 6
- GCSES, BTEC, DBS- Pages 7-21
- Action Plan- 22

About Me

My name is Kerry-Anne Matthews, I am 18 years old and I am currently an undergraduate student that is studying at the University of Wales Trinity Saint David (UWTSD) on the Carmarthen Campus. I am now living on the campus in halls as I moved away from my home in Brecon to study here. The course I study here is Nursing Studies and Health, the main reason that I apply for this course was as a backup plan for if I didn't get in to the full nursing degree, because this course is specifically designed to increase the chances of getting in to the nursing degree, after I complete this course I hope to go on further to do the adult nursing degree.



The reasons I want to go into nursing is for a few reasons, firstly it is something I was interested in doing with my life since I was in my early teens. As well as this I love helping people and taking care of them, it has always made me feel proud of myself as a person to help others. The reason I also want to be a nurse is that I love learning about human biology I have always been fascinated with the way the human body works and how the body can go from time to time and how it is able to fix itself in the ways that it can. These reasons were why I always believed that I would make a good nurse.

In my spare time at university, I try my best to have an active social life. Coming to university has allowed me to meet and make many new lifelong friends. I don't go to any society's or clubs on campus, but I do attend the local slimming world club here as I am aiming to lose some weight to benefit my health, as well as this I love going on walks around Carmarthen or attend the university gym. I also love to draw and colour, and I love watching movies, especially science fiction and superhero movies.

Curriculum Vitae

Name- Kerry-Anne Matthews

D.O.B-21/07/2000

Home Address- Ty-Draw Farm,
Llan-y-wern, Brecon, Powys, LD3 7UW

Current Address- Non-B,
University of Wales Trinity Saint David,
Carmarthen, SA31 3EP

Contact Details:

E-Mail- kerryannemathews21@gmail.com

Phone Number-07957 166151

Profile

I am currently an undergraduate student that is studying Nursing and Health Studies at the University of Wales Trinity Saint David on the Carmarthen campus. My aim after this course is to start the nursing degree in September of 2020.

Education

GCSE	Grades
Maths	C
English Literature	B
English Language	C
Additional Science	C
Science	B
History	C
Drama	D
B-TEC PE	PASS
RE	C

College	Grade
B-Tec Health and Social Care Level 3	MMM

Previous Work Experiences

Kitchen Assistant – Start: June 2016

Finish: September 2018.

My role as a kitchen assistant was to pot-wash, assist the chef with the plating up of food and sometimes a bit of waitressing if needed. This job helped me develop several skills, such as listening, communication, teamwork, taking instructions and customer relations.

Nursery worker- Start: April 2018

Finish: September 2018

My role within this job was to supervise children from the ages of a couple of months old to 4 years old. I would help children in activities that are educational and artistic and supervise

during snack and lunch time. Within this job I develop skills including communication, patients and a better understanding children's physical, social, intellectual and emotional development.

As well as these jobs, due to the course I took in college, I need to do work experience in the care sector. These work placements include;

- Primary School- I assisted the teacher of year1 with class activities
- Dementia Friendly Circle group- Help create activities and support the group through its first stages of development as a group.
- Nursery and after school club -assist in play activities
- Additional Needs School- in placement with the school nurse for 6 weeks and the rest of my time in one of the class rooms assisting the teachers in activities.

Extra-Curricular/ Hobbies and Interests

During High School I took part in many extra-curricular activities, these include playing Basketball twice a week after school and competing in competitions, I captained the team for the last year of high school, this club helped me with many skills such as teamwork, communication and my health. As well as this I attended my local Young Farmers Club (YFC) since I was 10 years old, this club help improve my self-confidence and I became less shy because of it.

Now since moving to University, I have started attending the local Slimming World club, as I am trying to improve my health and change my eating habits, alongside this I have joined the gym to help with improvement of my health and to help me cope with stress better.

Some of my hobbies, include reading Si-Fi and fantasy novels, drawing, listening to music and watching movies with my friends.

References

Available on request

Evidence of work placement/ trying to find

I currently have two part time jobs back home. These jobs are as a kitchen assistant in the Red Lion Llangors and I also work for a childminding service, where I work in the after-school clubs and holiday clubs that they run, in the local primary school. As well as this experience in the care sector, the Health and social care level 3 course that I studied in college gave me many opportunities in this sector, where I have gain knowledge and skills that are needed for being in the care sector. These work placement, allowed me to work all over the sector, my first placement was in a primary school as a teaching assistant, my second placement involved me and my fellow classmates helping set up the first every dementia friend circle in Wales. This group was designed to help people living with dementia and their family and carers cope better and give them a support network. My third placement was at the childminding service that I presently work part time for now. In my last placement was my favourite was shadowing a nurse that worked in a special needs school, I found this placement interesting, and has aspired me to specialise in nursing to hopefully work with people with additional needs.

Doing these placements in my college helped me gain skills to help me into becoming a nurse, these skills include professionalism, as these placement I was working in very professional environments, this also gave me communication skills, and taught me to talk differently to service users compared to my supervisors. As well as these skills I developed skills in critical thinking, as in some of my placements I needed to be on my toes, I also learnt these sought of skills in my part time jobs.

Since stating university, I have been unable to gain a workplace in a health care sector. I did apply for a St Johns ambulance society that was going to set up in the university, with the people in my course helping to set it up, this would have given me a good opportunity to use first aid skills. However there has not been much to little progress on this being developed in the university as a society.

As well as this I was looking at applying for Trinity Nursing Services, this opportunity would of fully trained me in things such as manual handling and basic first aid, I couldn't apply for them as I need a driving license to be able to apply, and I am driving at the moment as I haven't obtained my driver's license. However, as soon as I pass my driving test, I will be applying for Trinity nursing services for my work placement.

**Pearson
BTEC Level 3
Extended Diploma**

in HEALTH AND SOCIAL CARE (HEALTH STUDIES) (QCF)

WITH THE TRIPLE GRADE MERIT MERIT MERIT

is awarded to

KERRY ANNE MATTHEWS

who has completed an approved programme at

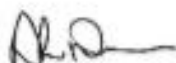
NPTC GROUP

AWARDED : JUNE 2018

THIS DOCUMENT CONSISTS OF MORE THAN ONE PAGE

68830C:NG602 :J568470: 000593619:21:07:00:ISSUED 30-JUN-2018 : QN 500/9501/8

Regulated by
Ofqual
the qualifications regulator for England



Derek Richardson
Responsible Officer
Pearson Education Ltd



Notification of Performance

J568470 KERRY ANNE MATTHEWS

PEARSON BTEC LEVEL 3 EXTENDED DIP. (WAS NATIONAL DIP. 180+)
in HEALTH AND SOCIAL CARE (HEALTH STUDIES) (QCF)

The learner has been awarded the following credit for achieving the learning outcomes of the unit(s) listed

UNIT REF	TITLE	CREDIT VALUE AT LEVEL	GRADE
NPFC GROUP			
R/600/8939	DEVELOPING EFFECTIVE COMMUNICATION IN HEALTH AND SOCIAL CARE	10.0 3	PASS
D/600/9222	EQUALITY, DIVERSITY AND RIGHTS IN HEALTH AND SOCIAL CARE	10.0 3	PASS
A/600/8952	HEALTH, SAFETY AND SECURITY IN HEALTH AND SOCIAL CARE	10.0 3	PASS
J/600/8954	DEVELOPMENT THROUGH THE LIFE STAGES	10.0 3	PASS
R/600/8956	ANATOMY AND PHYSIOLOGY FOR HEALTH AND SOCIAL CARE	10.0 3	PASS
K/600/8963	SAFEGUARDING ADULTS AND PROMOTING INDEPENDENCE	10.0 3	PASS
F/600/8967	PHYSIOLOGY OF FLUID BALANCE	10.0 3	MERIT
J/600/8968	PHYSIOLOGICAL DISORDERS	10.0 3	PASS
R/600/8967	MOBILITY AND EXERCISE FOR HEALTH AND SOCIAL CARE	10.0 3	MERIT
D/600/8958	PERSONAL AND PROFESSIONAL DEVELOPMENT IN HEALTH AND SOCIAL CARE	20.0 3	MERIT
M/601/2402	SOCIOLOGICAL PERSPECTIVES FOR HEALTH AND SOCIAL CARE	5.0 3	MERIT

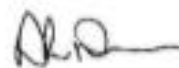
(CONTINUED ON NEXT PAGE)

Regulated by
Ofqual
For more information go to www.ofqual.gov.uk



cea
Regulation




Derek Richardson
Responsible Officer
Pearson Education Ltd

 **Pearson**

PG0117 08100546 177

Notification of Performance

J568470 KERRY ANNE MATTHEWS

PEARSON BTEC LEVEL 3 EXTENDED DIP (WAS NATIONAL DIP, 180+)

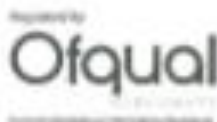
IN HEALTH AND SOCIAL CARE (HEALTH STUDIES) (QCF)

The learner has been awarded the following credit for achieving the learning outcomes of the unit(s) listed

UNIT REF	TITLE	CREDIT VALUE AT LEVEL	GRADE
(CONTINUED FROM PREVIOUS PAGE)			
A5010404	PSYCHOLOGICAL PERSPECTIVES FOR HEALTH AND SOCIAL CARE	5.0 3	MERIT
H1000962	CARING FOR CHILDREN AND YOUNG PEOPLE	10.0 3	DISTINCTION
H1000964	PUBLIC HEALTH	10.0 3	PASS
L10010406	PROMOTING HEALTH EDUCATION	10.0 3	PASS
L10010407	NUTRITION FOR HEALTH AND SOCIAL CARE	10.0 3	MERIT
R10009977	RESEARCH METHODOLOGY FOR HEALTH AND SOCIAL CARE	15.0 3	DISTINCTION
R10009990	DIPLOMA CARE	5.0 3	DISTINCTION

THE LEARNER HAS QUALIFIED FOR THE ABOVE AWARD WITH THE TRIPLE GRADE MERIT MERIT MERIT IN JUNE 2018

BBEC : HQ62 : 21 SEP 18 : ISSUED 30 JUN 2018 : QN 90690118




Derek Richardson
Responsible Officer
Pearson Education Ltd





TYSTYSGRIF GYFFREDINOL ADDYSG UWCHRADD
GENERAL CERTIFICATE OF SECONDARY EDUCATION

Arholiad Tachwedd 2015 November Examination

Hyn sydd i dystio bod
This is to certify that

KERRY-ANNE MATTHEWS

BRECON HIGH SCHOOL

wedi cyrraedd y safon a nodir yn y pwnc a ganlyn;
obtained the one result shown in the following subject:

100/8506/2 MATHEMATEC - LLINOL MATHEMATICS - LINEAR C(c)



J. Magill *G. E. Pione*

J. Magill
CADERNEDD, CBAC
CHAIR, WJEC

G. E. Pione
PRYF WYTHREDNOD, CBAC
CHIEF EXECUTIVE, WJEC





TYSTYSGRIF GYFFREDINOL ADDYSG UWCHRADD
GENERAL CERTIFICATE OF SECONDARY EDUCATION

Arholiad Mehefin 2016 June Examination

Hyn sydd i dystio bod
This is to certify that

KERRY-ANNE MATTHEWS

BRECON HIGH SCHOOL

wedi cyrraedd y safonau a nodir yn y pynciau a ganlyn:
obtained the six results shown in the following subjects:

600/9686/X LLENYDDIAETH SAESNEG	ENGLISH LITERATURE	B(b)
601/0174/X HANES	HISTORY	C(c)
600/5551/0 GWYDDONIAETH YCHWANEGOL	ADDITIONAL SCIENCE	C(c)
500/7407/6 CYMRAEG AIL IAITH CYMHWYSOL	WELSH SECOND LANGUAGE APPLIED	C(c)
600/7095/X SAESNEG IAITH	ENGLISH LANGUAGE	C(c)
TGAU(CWRS BYR)/GCSE(SHORT COURSE)		
600/5547/9 ASTUDIAETHAU CREFYDDOL	RELIGIOUS STUDIES	C(c)

M. T. Evans *Paul E. Price*

M. T. Evans
CADERYDD, CBAC
Chair, WJEC

G. E. Price
Prif Weithredwr, CBAC
Chief Executive, WJEC



08607 02278 210700

08607014227BX 28/08/16 16045273



TYSTYSGRIF GYFFREDINOL ADDYSG UWCHRADD
GENERAL CERTIFICATE OF SECONDARY EDUCATION

Arholiad Mehefin 2015 June Examination

Hyn sydd i dystio bod
This is to certify that

KERRY-ANNE MATTHEWS

BRECON HIGH SCHOOL, BRECON

wedi cyrraedd y safonau a nodir yn y pynciau a ganlyn:
obtained the two results shown in the following subjects:

600/5555/8 GMYDDONIAETH

SCIENCE

B(b)

TGAU(CMRS. BYR)/GCSE(SHORT COURSE)

500/7405/2 CYMRAEG AIL IAITH CYMHYSQL

WELSH SECOND LANGUAGE APPLIED C(c)

J. Hogg

J. Hogg
CABYRYSO, CBAC
CHAIR, WJEC

Paul E. Price

P. E. Price
PRYF WEITHREDING, CBAC
CHIEF EXECUTIVE, WJEC



68607 02278 210700

686070142278X

29/09/15 15045348



SGILIAU HANFODOL CYMRU ESSENTIAL SKILLS WALES

TACHWEDD/NOVEMBER 2015

*Hyn sydd i dystio bod
This is to certify that*

KERRY-ANNE MATTHEWS

BRECON HIGH SCHOOL

*wedi cwblhau'r canlynol yn llwyddiannus ar y lefel(au) a nodir:
has successfully completed the following at the level(s) indicated:*

500/6843/X CBAC Lefel 2 Sgiliau Hanfodol Cymru Cyfathrebu
WJEC Level 2 Essential Skills Wales in Communication



J. Waple
J. Waple
CADERYDD, CBAC
Chair, WJEC

P. E. Jones
P. E. Jones
Pwr Wymedrol, CBAC
Chief Executive, WJEC



68607 62278 210700

29/02/16

686070142278X



CYMHWYSTER BAGLORIAETH CYMRU WELSH BACCALAUREATE QUALIFICATION

Haf 2016 Summer

*Hyn sydd i dystio bod
This is to certify that*

KERRY-ANNE MATTHEWS

BRECON HIGH SCHOOL, BRECON

*wedi cyrraedd y safon a nodir yn y cymhwyster a ganlyn:
obtained the result shown in the following qualification:*

5001805X

Lefel 2 Diploma Canolradd Bagloriaeth Cymru
Level 2 Welsh Baccalaureate Intermediate Diploma



M. T. Evans *Paul E. Price*
M. T. Evans
CADEIRYDD, CBAC
Chair, WJEC
G. E. Price
Prif Weithreddwr, CBAC
Chief Executive, WJEC



68607 / 52278 210700

686070142278X



SGILIAU ALLWEDDOL / KEY SKILLS CHWEFROR/FEBRUARY 2015

Hyn sydd i dystio bod
This is to certify that

KERRY-ANNE MATTHEWS

BRECON HIGH SCHOOL

wedi cwblhau'r canlynol yn llwyddiannus ar y lefel(au) a nodir:
has successfully completed the following at the level(s) indicated:

100/3838/3 CBAC Lefel 2 Sgiliau Allweddol Gweithio gydag Eraill
WJEC Level 2 Key Skills in Working With Others


J. Magill
CADERNYDD, CBAC
Chair, WJEC


G. E. Pierce
PRIF WEITHREDWR, CBAC
Chief Executive, WJEC



68607 62276 210700



26/06/15 686070142278X



SGILIAU HANFODOL CYMRU ESSENTIAL SKILLS WALES

MAI/MAY 2015

Hyn sydd i dystio bod
This is to certify that

KERRY-ANNE MATTHEWS

BRECON HIGH SCHOOL

wedi cwblhau'r canlynol yn llwyddiannus ar y lefel(au) a nodir:
has successfully completed the following at the level(s) indicated:

500/6848/9 CBAC Lefel 1 Sgiliau Hanfodol Cymru Technoleg Gwybodaeth a Chyfathrebu
WJEC Level 1 Essential Skills Wales in Information and Communication Technology

J. Megh
CADEIRYDD, CBAC
CHAIR, WJEC

G. E. Pierce
PRIF WEITHREDWR, CBAC
CHIEF EXECUTIVE, WJEC





**SGILIAU HANFODOL CYMRU
ESSENTIAL SKILLS WALES**
CHWEFROR/FEBRUARY 2016

*Hyn sydd i dystio bod
This is to certify that*

KERRY-ANNE MATTHEWS

BRECON HIGH SCHOOL

*wedi cwblhau'r canlynol yn llwyddiannus ar y lefel(au) a nodir:
has successfully completed the following at the level(s) indicated:*

500/6846/5 CBAC Lefel 1 Sgiliau Hanfodol Cymru Cynhwysio Rhif
WJEC Level 1 Essential Skills Wales in Application of Number
500/6852/0 CBAC Lefel 2 Sgiliau Hanfodol Cymru Technoleg Gwybodaeth a Chyfathrebu
WJEC Level 2 Essential Skills Wales in Information and Communication Technology



M. T. Evans
M. T. Evans
Cadeirydd, CBAC
Chair, WJEC

S. E. Jones
S. E. Jones
Prif Weithworn, CBAC
Chief Executive, WJEC



68607 62278 210700

8/08/16

686070142278X



General Certificate of Secondary Education

This is to certify that in the examination held in JUNE 2016

KERRY-ANNE MATTHEWS date of birth 21 JULY 2000

achieved the following result at

BRECON HIGH SCHOOL

FULL COURSE (One (1) Subject)

DRAMA (5004007/8)

GRADE D(6)

CENTRE No./CANDIDATE No. 68607/2278/686070142278X/7248234981

081016203420




Andrew Hall
Chief Executive Officer
on behalf of AQA Education

Approved by
Ofqual
REGULATORY BODY



805765555



Pearson
BTEC Level 1/Level 2
First Award

in SPORT
WITH GRADE PASS AT LEVEL 2
is awarded to
KERRY-ANNE MATTHEWS
who has completed an approved programme at
BRECON HIGH SCHOOL

AWARDED : JULY 2016

THIS DOCUMENT CONSISTS OF MORE THAN ONE PAGE

88607 :BVH53 :G406120: 000466227:1: 07:00:ISSUED 17-JUL-2016 : QN 6004779/3


Sharon Hague
Responsible Officer
Pearson Education Ltd

Regulated by
Ofqual
Office of Qualifications and Examinations Regulation



PQS18 05733379 663

ALWAYS LEARNING

PEARSON



Notification of Performance

G406120 KERRY-ANNE MATTHEWS

PEARSON BTEC LEVEL 1/LEVEL 2 FIRST AWARD (120 GLH) - NQF
in SPORT

UNIT REF	TITLE	VALUE	LEVEL	GRADE
----------	-------	-------	-------	-------

BRECON HIGH SCHOOL

J/503/6260	FITNESS FOR SPORT AND EXERCISE	3.0	1	PASS
L/503/6261	PRACTICAL SPORTS PERFORMANCE	3.0	2	MERIT
D/503/6264	THE SPORTS PERFORMER IN ACTION	3.0	2	PASS
H/503/6265	TRAINING FOR PERSONAL FITNESS	3.0	2	PASS

THE LEARNER HAS QUALIFIED FOR THE ABOVE AWARD WITH
GRADE PASS AT LEVEL 2 IN JULY 2016

88607 : BVH-SS : 21/07/00 : ISSUED 17-JUL-2016 : QN 600/4779/3

S Hague

Sherrin Hague
Responsible Officer
Pearson Education Ltd

Regulated by
Ofqual
The Qualifications and Curriculum Framework
Regulator



cea
Accreditation

88607-15 06380009 018

PEARSON

STRICTLY PRIVATE AND CONFIDENTIAL

005864
KERRY-ANNE MATTHEWS
TY CRAW FARM
LLANLYWERN
BRECON
POWYS
LD3 7UW



000000371970058640 to 100

Enhanced Certificate

Page 1 of 2

Disclosure &
Barring Service

DBS Fee Charged

Certificate Number

001613331610

Date of Issue:

27 APRIL 2018

Applicant Personal Details

Employment Details

Surname: MATTHEWS

Position applied for:
CHILD AND ADULT WORKFORCE STUDENT PLACEMENT

Forename(s): KERRY-ANNE

Name of Employer:
UWTSD

Other Names: NONE DECLARED

Date of Birth: 21 JULY 2000

Countersignatory Details

Place of Birth: ABERGAVENNY

Registered Person/Body:
UWTSD

Gender: FEMALE

Countersignatory:
JASON CHARLES

Police Records of Convictions, Cautions, Reprimands and Warnings

NONE RECORDED

Information from the list held under Section 142 of the Education Act 2002

NONE RECORDED

DBS Children's Barred List information

NONE RECORDED

Action Plan

I will be using an action plan and setting myself a few goals to obtain in the next year. These goals will be designed to help me in my next year of university.

My first goal that I have set myself is to pass my driving test. This will help me with next year's studies as I will be able to get to placements and work for Trinity Nursing Services. I have booked my driving test for July, and it should be achievable to pass as I have had a lot of practice.

My second goal is to reapply for the Nursing degree. I didn't apply for it this year as I felt I wasn't mature enough to reapply, therefore I decided to stay on for the second year of nursing studies and health to develop more as an individual.

My next goal is to gain more confidence in my academic ability. I believe this is an important goal, as at the beginning of this year I was diagnosed as dyslexic, and learning this affected me, as I began to think I wasn't good enough to be a nurse, or not clever enough in some way compared to my classmates, no matter what people were telling me, I let it get to my head. However, in the next academic year I will be receiving academic support so will help me improve my skills in an academic manner. I do hope this will build my confidence in myself again.

My final goal for the next academic year is to obtain a work placement, in the care sector, I will be looking more into work placements through the summer so I can go straight into a placement at the beginning of the next academic year.