



Application of academic skills tools exercise

2. Paraphrase the following sentences (max 3 marks for each, max 12 marks in total):

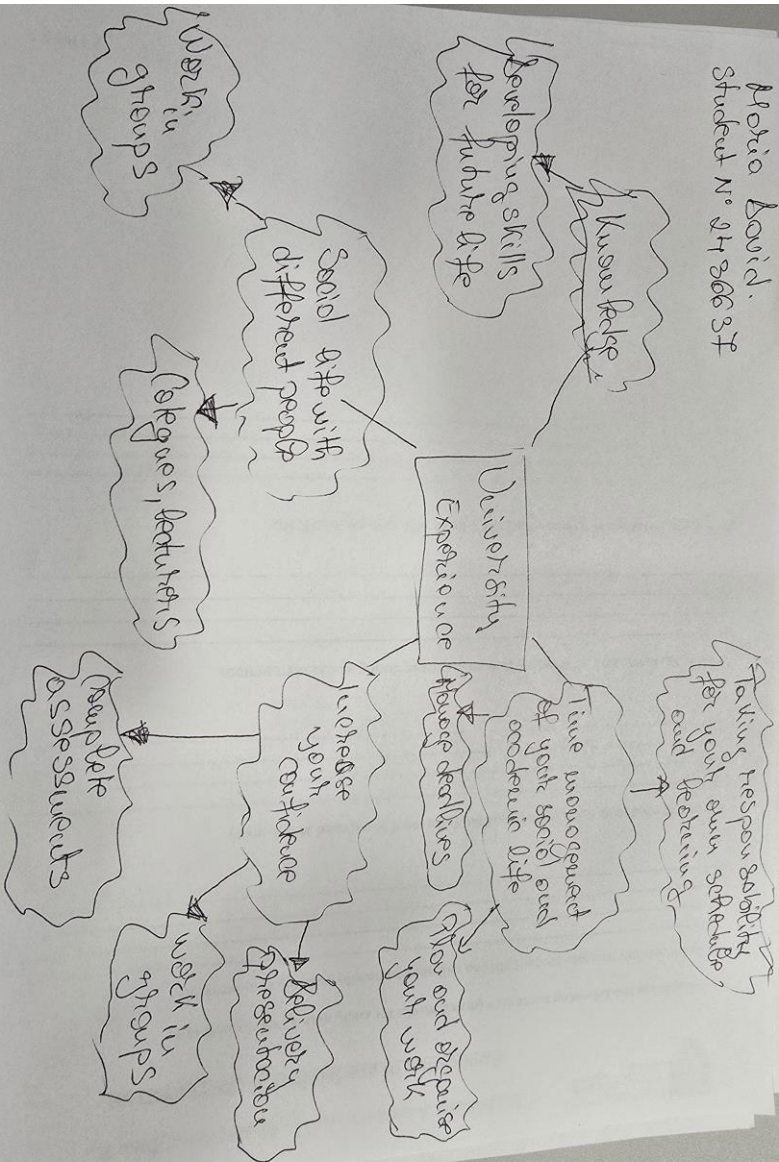
a) To successfully navigate student life you will need to handle a variety commitments.

b) You will need to develop self-motivation if you want to succeed at university.

c) Many students find it challenging to manage stress during assessment periods.

d) Frequent reading can help you become a more effective communicator.

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3. Write a well-structured paragraph (8 sentences) on the following topic:

Effective time management techniques for university students

Your paragraph must be written in full sentences (no bullet points) and in an academic style.

(max 16 marks in total)

The life of university student is about taking responsibility for a variety of study and work experience. If they do not know how to manage the time between social and academic life, of their work and studying will be follow by academics not occupy it. And then the stress level will increase. But if they use one of the lectured methods like:

1. 10-5
2. 5-5
Einbinder (Mottix) method.

Using one of this methods they will have a plan and all the work like presentation, assessment will be finish by deadline. Organisation and time management is the successfully student life.