

***Elderly Delayed
hospital Discharge :
Consequences and
Future Challenges***

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16:30

My Presentation :Elderly Delayed Discharge

- My independent Project questions is: What will happened to the elderly people after discharge from the hospital and where they go and how they faced the challenges of daily basic living afterwards?.
- Aim-the main aim of the study is to understand the future challenges and consequences arise due to the delayed discharge of elderly patient in the UK.
- Objective-to control and manage the future challenges with proper strategies.
- Keywords-Elderly people over 65 ,challenges delayed discharge ,costs, daily living needs

Introduction

- The elderly Delayed hospital Discharge are main problems in NHS and because of "bed blocking" and does not know where to go even they are already medically and physically fit to discharge .
- There are challenges and future consequences depends on each individual advanced daily needs of the patients.
- Rational of the study is to analysis the related topic health and care targeting in the admitting in hospital and they getting delayed in hospital discharge.

(NHS,2021)



hospital

- The medical professionals are involved ;
- Specialist Healthcare Support Worker
- Specialist Nurse
- Occupational therapist
- Dietitian
- Speech & Language Therapist
- Integrated Discharge Team
- Social Worker
- Community nursing
- Discharge assessment will programme with permission from family or next of kin.



Team



Myrna

Healthcare
Support Worker



Dee

Nurse Ward
Manager



Jan

Social Worker



Freddy

Physiotherapie
s



Dr .James

Lead
Consultant



Ambulance Operator

Background : Chapter 2

- Historical Background –the general overview of the topic and the summary of the interpretation of previous research and what the accomplishment.
- In my case study elderly delayed discharged are several health risk and challenges entailed strokes ,dementia, falls and other associated usages of acute hospitals beds.
- Theoretical background-concepts framework in my paper study that elderly people weakness ,mobility is the major issues that are faces which taken care of their health and safety to protect the from health cosequences and future health challenges and daily basic needs.
- International context –to prepared the ADT with the interactive patient participation platform.
- National /Local context-older vulnerable patients requires efficient care and attention so that they can establish their daily activities.

Articles that uses:

Title: Policies for Reducing delayed discharge from Hospital. Department of Health (2001)

Title: The Community Care (Delayed Discharge) Act. London (2003) Department of Health 2003

Title: Department of Health. Ready to Go? Planning the Discharge and the Transfer of Patient from Hospital and Intermediate Care: London Department of Health (2010)

Title: National Audit Office. Ensuring Effective Discharge for Older Patients from NHS Acute Hospitals: London The Stationary Office (2001)

Authors: Goncalves-Bradley, D., C, Lannin, N, A., Clemson, L., Cameron, I. D. and Shepperd, S. (2022) Discharges planning from hospital. Cochrane database of systematic reviews, (2) (Accessed : December 15, 2022)

Search Strategies and Methods

Inclusion Criteria

- Academic articles in health.
- Articles published from year 2000-2023.
- Publication about delay hospital discharge and the challenges and consequences.
- Publication about the Personal center Care settings.

Exclusion Criteria

- The publications about maternity women or in labour ward discharges
- Publications about pediatric in emergency discharges.
- Articles excluded which are not relevant to the research topic.

Data Research

- The data researches methods that majority collected from Medline ,PubMed , Embased ,Google Scholar which are useful as search strategy and database to cover which is relevant to the research work.
- Secondary research method is used and with quantitative and qualitative which well determined the data analysis extracting data and information .

Data base: Qualitative and quantitative mixed methods

Strenght of the Research

- The observations is based on the literature available in the dissertation analysis.
- The strenght of the research are that elderly people acquire more easy health care services so that they are benefited in different ways and services in the wards of emergencies as they cannot bear to wait for long health care settings.

Limitation of the Reseach

- The top limitation includes the patient readiness to discharge at a time there are huge figure of patients who need to be discharge process or associated results .Timely notification of discharge is the other limitation of the delayed discharge among the elderly people.
- Also, lack of discharge standardilisation affective limitation to delayed discharge in older people where they are more affected within health care setting leading to more prone infections and other health conditions.

Discussion

- This chapter on my research work described findings based on the analysis of the data collected which and the outcome to answers the aim of the dissertation.
- The discussion about this topic is about the hospital delay discharge that cost NHS approximately 100 million per year .
- It is discussed also determines analysis prevalence of the delayed discharge in patient and the related treatment cost of the after care.

Self-Reflections ;

- **This research paper is based on my own personal practical experienced as Health Care Support Worker in Elderly Ward .And also starting to shadowing the Discharge Team of the Hospital in which the responsible for the decision for discharging the patient . Actual experiences which can be more evaluated in the future what are the pathways in health care systems, of the National Health Services (NHS) to reduce the delayed discharge.**
- **With the collaboration of the of the Social workers which gives funding and where it will be financially and economically situation of the patients ,the Community Care, will also supports the patient.**
- **In my own reflection is that if the patients does not have any personal resources or own funding for the personal care in elderly ages ,it will be the heavy burden of Public Health and Department of Health and Social Care systems.**

Conclusion and Recommendation

In my research work ,I can conclude that that delayed discharge to patient of elderly group from hospital need a serious note .Delaying discharge after providing proper treatment to the elderly may results various consequences. Irrespective of environment culture of hospital, facilities, may lead to develop many pathological problems within the patient due to hospital borne disease.

Furthermore, many impacts of delayed discharge like infections ,reduction of mobility mortality effect on daily activities ,stress and depression.

For improvement in any specific field ,it is important to identify the barrier s faced by professionals while giving discharges to the patients.

Lastly, planning to discharging patient should all be well organized, medical team will give planninf sheet what to eat ,to avoid ,physical exercise reccomendation ,dose of medication ,,dates of further appointment ,what equipment to used and especially the place should be safe and appropriate information should be included for not readmission again the patient.

Most important things recommendation; Put aside or saves little money for your future when you don't have any physical energy to earn or any income resources for elderly ages for your self – funding care for not waiting in the hospital for your last days .

More information about financial assessment can be found online at www.nhs.uk (Search Financial assessment .)

References

- Used references mostly in the clinical area about elderly in delayed hospital discharged.
- Mostly articles are from department of health ,public well-being ,elderly personal care settings and over 65 elderly persons.
- 76 References used in total to complete this research paper.