

A misty, teal-toned landscape with mountains and a lake. The scene is hazy, with mountains in the background and a calm body of water in the foreground reflecting the surrounding greenery. The overall color palette is dominated by various shades of teal and light blue, creating a serene and ethereal atmosphere.

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Reflection According to Driscoll



Image 1.

Self Neglect

Self- Neglect is defined as a lack of self-care, neglect of personal hygiene, nutrition, hydration, and medication, thereby endangering personal safety and well- being. It can also manifest in lack of care for one's environment, however, the most telling of aspects is the refusal of services that would mitigate the risk of harm.

Self-neglect may be a long-standing pattern or a recent change in behaviour, however, it is linked to loss, trauma and or low self-esteem, aspects that are clearly evident in the case.

Emotionally Unstable Personality Disorder

- Feelings of isolation and abandonment
- Suicidal thoughts
- Difficulty in coping
- Intense emotions
- The mis use of drugs both legal and prescribed
- Understanding people
- The ability to form and maintain healthy relationships.

Symptoms of vision impairment.

Difficulty getting out and about

Reading

Writing

Sense of self esteem and confidence

RNIB (2019)

Symptoms of Renal Failure.

Shortness of breath

Constant fatigue

Swollen limbs

Sleep disturbance

NHS (2019)

Symptoms of Diabetes

Tiredness

Blurred vision

Weight gain

Mood swings and irritability

Diabetes.co.uk (2020)

Mental Capacity Act Principles

- A person must be assumed to have capacity unless it is established that they lack it.
- A person is not to be treated as unable to make a decision unless all practical steps to help them do so have been taken without success.
- A person is not to be treated as unable to make a decision merely because they make an unwise one.

An Independent Mental Capacity Advocate Can:

- Information gathering, an overview of circumstances, meeting individuals in private, collecting views, examining health and social care records, considering values, faiths, and cultures, and obtaining all relevant information.
- Checking if the supported individual has been involved in decision making processes, making sure all options have been explored and considering second opinions where necessary.
- IMCA's, are required to produce reports for whom ever instructed them and raise any concerns to the team.
- Resolve concerns with the decision maker or formally challenge the decision-making process by following local authority procedure or seeking support from the court of protection.

Benefits of Effective Record Keeping

- To create a biography of the person in need of support.
- To document all decisions, involvements, engagements, and interventions with the individual and their responses.
- To inform reviews and future assessments.
- Enables professionals to reflect and improve practice.
- Guarantees responsibilities are met and staff are held accountable.
- Providing evidence for inquiries, reviews, and legal proceedings.
- Promotion of relationship building, both between the professionals and between practitioners and supported individuals.

Improvement Thoughts and Reflections

- * Implementation of a record keeping and information sharing policy
- * Strategies for dispute resolution
- * multi-disciplinary training
- * Procedures for future episodes of fluctuating capacity
- * More regular capacity assessments

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Picture Reference

Image 1 Available at: <https://courses.lumenlearning.com/olemiss-writing100/chapter/frameworks-for-reflective-writing/> (Accessed on 10 December 2019).