



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Bae Abertawe
Swansea Bay University
Health Board

World Mental Health Day 2023



Mental health is a universal human right



MENTAL HEALTH PROMOTION EVENT

FREE EVENT

10am — 3pm Tuesday, 10th October 2023

National Waterfront Museum Swansea

EVERYONE WELCOME

INFORMATION STALLS
GUEST SPEAKERS

